

METROPOLITAN SAFETY COUNCIL, INC.

Your safety & health training center since 1950.

Alcohol, Drugs, and Driving Awareness Course (ADDAC) 7-Hour Course Outline

Educational programs comprise only one countermeasure in the post-detection portion of an impaired-driver control system. However, when considered as a single component in a system of countermeasures (that includes enforcement, adjudication, public information, and counseling) educational programs make a positive contribution to alcohol & drug traffic safety by reducing the recidivism of multiple offense or impaired drivers.

This course is accepted in Louisiana for adult driver educational programs and its components have been selected to reflect positive re-enforcement of today's alcohol & drug awareness efforts. All presenters are National Safety Council certified Defensive Driving Instructors. A Certificate of Completion is issued to each student who successfully completes the course.

DEFENSIVE DRIVING COURSE (4-hour module)

- **Session 1**
 - What's in Our Control
 - What Can Happen
 - Defensive Driving & Collision Prevention
 - Occupant Safety & Vehicle Safety
- **Session 2**
 - Sharing the Road
 - Hazard Recognition, the "What If Strategy"
 - Speeding, A Deadly Choice
 - Following Too Closely, A Deadly Choice
- **Session 3**
 - Distracted Driving, A Deadly Choice
 - Vehicle & Lane Management
 - Substance Impairment
- **Session 4**
 - Drowsy Driving
 - Recognize the Hazard
 - Make the Right Choice
 - My Driving Habits & Alternative Choices
 - My Plan
- **Summary, Multiple Choice Test**

ALCOHOL & DRUGS MODULE (3-hour module)

- **What is the Impact of Impairment?**
 - The Effects of Alcohol
 - Common Myths about Alcohol
 - BAC Danger Zone
 - How Alcohol Affects Vision
 - Consequences & Costs of DWI
- **Alcohol, Drugs & Their Effects**
 - Alcohol Absorption Rate Factors Affecting BAC
 - BAC Legal Limit (Over & Under Age 21)
 - Drug Impairment & Its Effects
 - Synergism, Drugs & Alcohol Combined
 - Consequences of Driving While Impaired
 - Negligent & Vehicular Homicide (LA)
- **Other Things to Consider**
 - DDC Collision Prevention Formula
 - Alternatives to Impaired Driving
 - Judging Your BAC
 - Social Responsibility
 - Consequences of Not Using Alternatives
 - Impact of Choice to Drive Drunk
- **Summary, Review**
- **Final Test**

FEE FOR SCHEDULED COURSES HELD AT COUNCIL OFFICE (Effective 1/1/12)

- \$100 per person payable by cash, money order or major charge/debit card.
- Advanced registration required.
- Prices are subject to change without notice.

Revised 1/20

