

Parent education and support is for those parents and other primary caregivers who are seeking specific knowledge and understanding around a recent diagnosis of autism in their child. Programmes cover a range of topics related to increasing knowledge, skill and confidence.

Current programme offerings:

ASD Plus - a parent education programme for parents, family/whanau and caregivers of young children who have been recently diagnosed with Autism Spectrum Disorder (ASD). It is aimed at supporting participants to better understand their child's diagnosis and introduces a range of strategies aimed at supporting the child's development.

Referral criteria:

- Children who are recently diagnosed with Autism or who have commenced the process for formal assessment of diagnosis on autism spectrum and highly likely to be confirmed
- Age up to 7th birthday
- Referrals can be made by parents, ASD Coordinators, health professionals within child development services, early childhood services, NASC coordinators

ASD Plus is a group based programme, although in specific circumstances this can be delivered individually. Topics covered through the ASD Plus Parent Education programme include:

- Introduction to Autism
- My child's learning style
- Understanding behaviour
- Understanding my child's communication
- Stress, anxiety and routines
- Managing into the future
- How my child senses the world

Client Details			
Name of person referred		DOB	
		NHI	
Address		Ethnicity	
		Iwi/Hapu	
		Gender (m/f)	
Preferred language		Interpreter (y/n)	
General practitioner	Name Practice Phone	Diagnosis (including secondary diagnosis)	
Legal Status – Child <i>(e.g. 141, 145 order)</i>		Person(s) with legal status <i>(if applicable)</i>	
Person who made diagnosis <i>(Paediatrician / Psychiatrist)</i>	Name Service Phone	Diagnosis date	
Other services involved <i>(name and details)</i>		NASC Coordinator	

Parent / Guardian Details			
Name (s)		Address (if different from above)	
Contact details	Phone Mobile Email		

Referrer Details <i>(if different from above)</i>			
Name		Date of referral	
Role with child		Contact details	Phone Email

Referral Consent	
This referral has been discussed with the person and/or their guardian and agreement gained for Explore	yes/no

involvement.	
--------------	--

Alerts

Identify any known alerts (<i>environmental, people, animals etc...</i>)	
--	--

Parent Education referral – additional Information

Other programmes or education workshops attended	
--	--

Please provide details of adult family/whanau members interested in participating in the ASD Plus Education Programme e.g. parent, grandparent, aunt, support person, teacher etc.

Name and relationship to child		Name and relationship to child	
Name and relationship to child		Name and relationship to child	
Name and relationship to child		Name and relationship to child	

If there are any days and times you are **not able** to participate in the programme, please indicate here

Days		Times	
------	--	-------	--

Please note: Where there is a presentation of behavioural challenges that are causing concern or presenting a risk to self or others, then a referral to Explore's behaviour support service would be more appropriate via the NASC.

Please attach relevant information regarding diagnosis or other specialist / psychological reports