



NZCare  
**Disability**

## Residential services for people with disabilities



# Realising Possibilities

**NZCare Disability provides ongoing support to 20 year-old Jane\*, who is affected by autism spectrum disorder.**

Jane's family had been fundraising to build a house that met Jane's future needs, and asked NZCare Disability to help with this. While we were waiting for the house to be built we supported Jane to move into an NZCare residential home in another area, and to be a part of that local community.

Jane and her family were closely involved in selecting the service that best met her needs and in developing a vocational plan, outlining the types of activities she would like to be doing.

Jane has since been involved in going to Riding for the Disabled, riding her bike with staff, going out into the community to restaurants, and shopping for the things she likes.

Her family have noticed how much Jane has grown in confidence and become more independent.

NZCare Disability will be supporting Jane to move into her new home, ready to start a new and exciting chapter of her life.

\*based on the experiences of people we support.  
Names have been changed.

## Part of the community



**NZCare Disability is committed to supporting people with disabilities to be a part of their local community and to live in a place that reflects their personality and interests.**

We currently support around 630 people who live in NZCare Disability residential homes throughout New Zealand. We also support people to remain living in their own home, or set up a flat in their own community.

A key focus of our residential service is to support people to keep in touch with their family and friends, and to do activities they enjoy.



# Meeting individual needs

**To support any specific wishes or needs, the NZCare Disability team works with you, and your family/whānau or advocate, to create a tailored service plan that will promote your quality of life, well-being and independence.**

## Living in a NZCare Disability residential home

You can choose to live in one of NZCare Disability's residential homes and be supported by a well-trained team who help you to:

- get to know your flatmates
- go about your daily activities
- be a part of the running of the home.

## Living independently

If you choose to live in your own home, NZCare Disability will support you to live as independently as possible. This may involve helping you to:

- find and set up your flat
- budget your money
- manage your daily routines and personal support needs.

# How to access our services

To access our service you will need to be referred by your local Needs Assessment and Service Coordination (NASC) service. The service is funded by the Ministry of Health and can be chosen as part of your support package.

## For more information:

- **call us on 0800 101 057, or**
- **visit our website [www.healthcarenz.co.nz](http://www.healthcarenz.co.nz)**



# Why choose us?

**Our goal is to provide expert disability services that are flexible, determined by your needs, and tailored specifically to you and your family/whānau.**

## Health and disability experts

We have more than 20 years' experience in providing high quality, personalised support to people with disabilities.

We support people with:

- intellectual disabilities
- physical disabilities
- Huntington's disease
- Autism Spectrum Disorder
- other neurological disorders such as Parkinson's disease, Motor-neurone disease and Multiple Sclerosis.

We are constantly improving what we do based on feedback from the people we support and their family/whānau.

## Specialised workforce

Our community-based workforce is unmatched – we apply our significant expertise in disability support and health services to all of the work we do. All staff are provided with a thorough induction and orientation, including access to ongoing training. All support workers are either NZQA qualified or are working towards their qualification.

## Enhanced services

NZCare Disability is part of Healthcare of New Zealand Holdings Limited (HHL), New Zealand's largest provider of community based health and disability support.

In addition to our disability support services HHL offers people access to significant expertise, products and services such as Freedom Medical Alarms, mental health, addiction and reintegration services, behaviour support, and rehabilitation services. We draw on this additional expertise for the people we support, as required.

## General enquiries

### **NZCare Disability**

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