












# LEGEND

-  Recreation Centres
-  Church
-  Clothing
-  Dental Services
-  Drop Ins
-  Library/Literacy Services
-  Food/Food Bank/Meal Services
-  Hospital
-  Legal Information and Services
-  LGBTQ+ Services
-  Health Services
  - Addiction & Harm Reduction Services
  - Mental Health
  - Family/Child/Youth Services

## NEED TO KNOW NUMBERS

### IS IT AN EMERGENCY?

*Call 911*

### IF ITS NOT AN EMERGENCY?

*416-808-2222*

### 55 DIVISION

*416-808-5500*

*[www.torontopolice.on.ca/d55](http://www.torontopolice.on.ca/d55)*

*Facebook: 55 Division - Toronto Police Service*

*Twitter: @TPS55Div*

# RESOURCE DIRECTORY FOR TORONTO DOWNTOWN /EAST

Supporting the  
community we're in



*Riverside*  
BIA

**Jimmie Simpson Recreation Centre**

870 Queen Street East

**Mustard Seed**

791 Queen Street East

**Ralph Thornton Community Centre**

765 Queen Street East

**South Riverdale Community Health Centre**

955 Queen Street East

**Anishnawbe Health Toronto**

225 Queen Street East

**Counter Fit Harm Reduction Program**

955 Queen Street East

**Sherbourne Health Centre Health Bus**

333 Sherbourne Street

**Church in Regent Park**

188 Carlton Street

**Good Shepherd Centre**

412 Queen St East

**The Salvation Army Corps 614**

77 River Street

**Regent Park Community Health Centre**

465 Dundas Street East

**Public Health Unit**

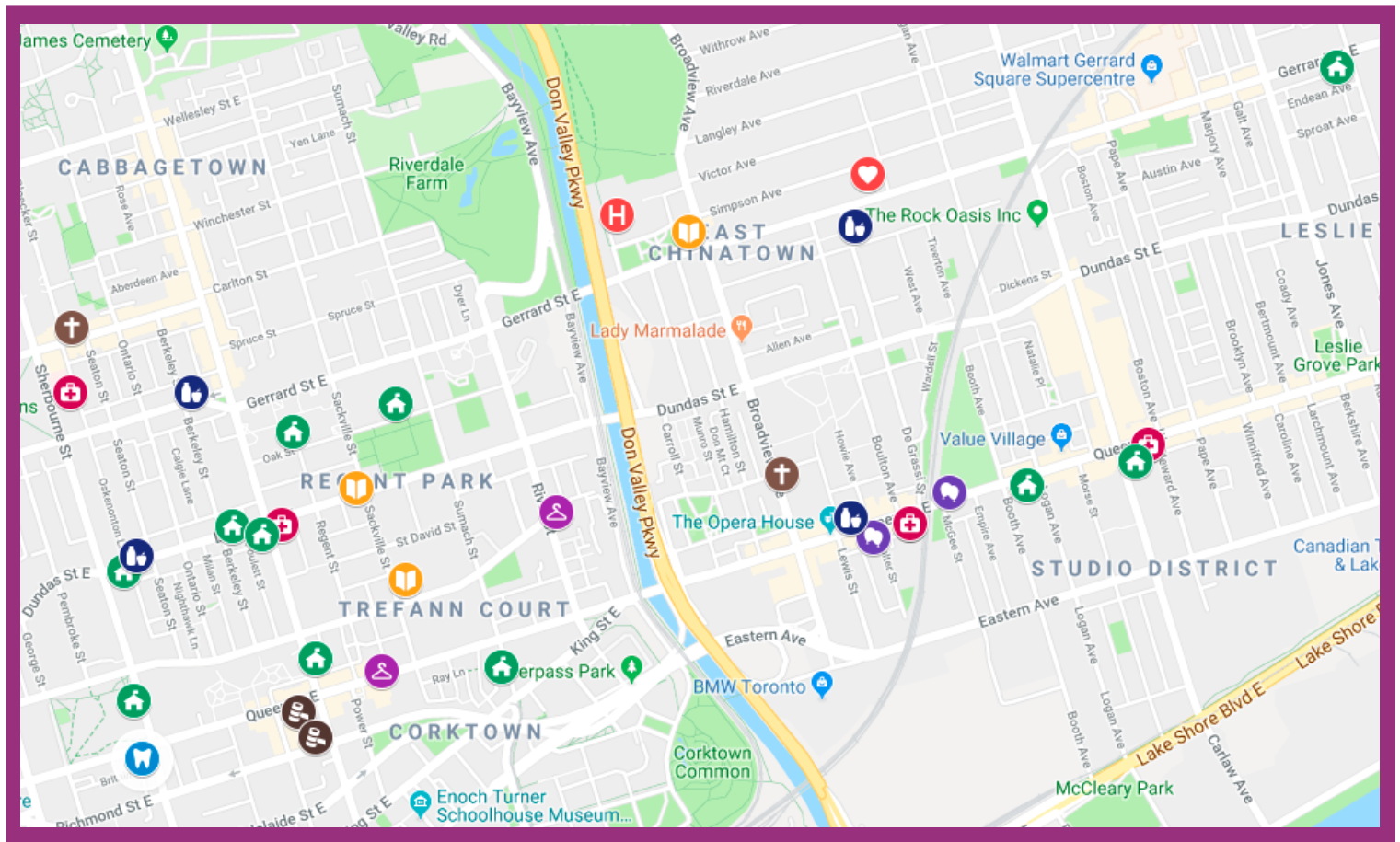
791 Queen Street East

**416 Drop In**

416 Dundas Street East

**All Saints Drop In**

315 Dundas Street East



**Toronto Council Fire Native Centre**  
439 Dundas Street East

**Dixon Hall**  
58 Sumach Street

**Toronto Christian Resource Centre**  
40 Oak Street

**St John The Compassionate mission**  
155 Broadview Avenue

**East York & East Toronto Family Resources**  
947 Queen Street East

**Parent Resources**  
1117 Gerrard Street

**Toronto Public Library**  
1432 Gerrard Street

**St. Ann Parish**  
120 First Avenue

**Christian Community Centre**  
270 Gerrard Street East

**Nellie's**  
754 Queen Street East

**Pasan**  
526 Richmond Street East

**Bridgepoint Hospital**  
1 Bridgepoint Drive

**Neighbourhood Legal Services**  
333 Queen Street East

**Jessie's - The June Callwood Centre for Young Women**  
205 Parliament Street

**John Innes Community Recreation Centre**  
150 Sherbourne Street

**Street Health - List of Meal Programs**  
338 Dundas Street East

**Triangle Program**  
115 Simpson Avenue

**Centre for Community Learning and Development**  
540 Dundas Street East

**Dixon Hall Neighbourhood Services**  
417 Gerrard Street East

**Neighbourhood Link**  
3036 Danforth Avenue

**Red Door Family Shelter**  
875 Queen Street East