



Young Israel of Chomedey Congregation Chevra Mishnayis

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B"H

YIC Weekly Newsletter Mar 8 - 14 / 12 - 18 Adar

DAY	DATE	SCHACHRIS	MINCHA / MA'ARIV
SUNDAY	Mar 08	08:30 AM	6:30 PM
MONDAY	Mar 09	07:00 AM (Erev Purim)	6:30 PM
TUESDAY	Mar 10	07:00 AM (Purim)	6:30 PM
WEDNESDAY	Mar 11	No Schachris	6:30 PM
THURSDAY	Mar 12	07:00 AM	6:30 PM
FRIDAY	Mar 13	No Schachris	6:45 PM Shabbat Starts: 6:40 PM
SATURDAY	Mar 14	Parshat: KI TISA Rabbi's Class: 08:30 AM Schachris: 09:00 AM followed by Kiddish followed by MINCHA	Mincha 6:45 PM followed by Shalosh Seudot 7:05 PM Ma'ariv 7:40 PM Shabbat Ends 7:44 PM

FAST of ESTHER: Monday as we prepare to celebrate Purim, we must also remember the fast of Esther, a dawn-to-nightfall fast held on the day before Purim. It commemorates the fasting of our ancestors in response to the dramatic chain of events that occurred during their exile in the Persian empire. These events are recorded in the Book of Esther, and the salvation that came about at that time is celebrated on the holiday of Purim. The fast starts at 6:01 AM Monday morning, and ends at 7:23 PM, a few moments after we start the Megillah reading at 7:20 PM. Have an easy fast.

HAPPY PURIM



KIDDISH SAT MAR 07: This week's Kiddush was sponsored by the shul

LIQUOR DONATIONS: 5 bottles of wine for Shabbat Kiddush were donated by Riva Weigensberg. Riva turns 97 in April and is the beloved matriarch of the Weigensberg family. The bottles were donated on behalf of her continued good health for many more years to come. **YASHIR KOACH** Riva!

RABBI'S CLASSES:

The Rabbi's class will not take place this week.

BIRTHDAYS: **a) HAPPY BIRTHDAY** to Rose Byer who celebrates her birthday on March 9th. Wishing you all the best on your special day with your beshert Gershon and family. **b) HAPPY 46th BIRTHDAY** to Brahm Duchoeny, brother of Sam and son of Beatrice and the late Willie Duchoeny z'l. Wishing you the happiest of birthdays and for many more healthy ones. **c) HAPPY 81st BIRTHDAY** to Max Stollar who celebrates on Friday, March 13. Max, wishing you a very happy birthday and a thank you for helping out at shul whenever possible. Enjoy your special day with your family and beshert Miriam, and keep dancing together for many years to come. **d) And a HAPPY BIRTHDAY** to Moshe Levinger's better half - Frida - who celebrates her big day on Purim, Mar 10th. Enjoy your special day with your beshert Moshe and family. **MAZAL TOV** to all and good health and simchas until 120.

MAZAL TOV: **a) MAZAL TOV** to Susan & Eugen Erdelyi who celebrated the Bar Mitzvah of their grandson Matthew last Shabbat, February 29th. An absolutely amazing time was had by all.

ANNIVERSARIES: **a) MAZAL TOV** to Rose & Gershon Byer who celebrate their 67th wedding anniversary on March 8th. Wishing them many more years of love, good health and happiness for many years to come.

SIDDUR DONATIONS: We are receiving many Siddur donations - all Artscroll Siddurim - in honor of loved ones - this thanks to the initiative of Dave Green, and so a big **YASHIR KOACH** goes out to Dave. This week's donations were made by the following: **a)** A Siddur was donated by Issie and Zila Baum in memory of Issie's beloved late mother Shifra Baum z'l. **b)** A Siddur was donated by Mindy in memory of her beloved father Allan z'l who passed away in October. **c)** A Siddur was donated by David Green in memory of his cherished great-grandfather Bernard Paradisgarten z'l and beloved grandmothers Annie Green z'l and Yetta Mincoff z'l. **d)** A Siddur was donated by Lillian & Fred Rudy in memory of Lillian's beloved mother Rachel Greenberg z'l and Fred's beloved father Willie Rudy z'l. **e)** And a Siddur was donated by Sephie & Jerry Segal in memory of their beloved parents.

YASHIR KOACH to ALL!!!

SKIP FORWARD: Tonight, or to be precise at Sunday 2 AM, we move our clocks forward 1 hour. Please take this into consideration when coming to shul for services.

REFUAH SHLEMA: A **REFUAH SHLEMA** to Jacob 'Yakki' Brown, who is in the hospital, fighting his illness. Members are encouraged to visit him - details available from the Rabbi or Marvin Baker. And a **REFUAH SHLEMA** to all who are not well for one reason or another - may they all have a speedy recovery!

***** Videos - Images - Trivia *****

WATCH: How IDF Elite Commandos Stay in Top Fighting Shape

https://unitedwithisrael.org/watch-how-idf-elite-commandos-stay-in-peak-fighting-shape/?utm_source=MadMimi&utm_medium=email&utm_content=Netanyahu%3A+%E2%80%98Israel+in+Best+Situation+of+All+Other+Countries%E2%80%99+on+Coronavirus%3B+Israel+Sees+Increase+in+Tourism+Despite+Virus%3B+Where+is+World%E2%80%99s+Outrage+at+Vile+Anti-Semitism%3F&utm_campaign=20200305_m157231440_Netanyahu%3A+%E2%80%98Israel+in+Best+Situation+of+All+Other+Countries%E2%80%99+on+Coronavirus%3B+Israel+-Sees+Increase+in+Tourism+Despite+Virus%3B+Where+is+World%E2%80%99s+Outrage+at+Vile+Anti-Semitism%3F&utm_term=Screenshot_2020-03-05-How-Do-IDF-Special-Forces-Train-1-209x139_png

Israel Sees Increase in February Tourism, Despite Coronavirus Fears

https://unitedwithisrael.org/israel-sees-increase-in-february-tourism-despite-coronavirus-fears/?utm_source=MadMimi&utm_medium=email&utm_content=Netanyahu%3A+%E2%80%98Israel+in+Best+Situation+of+All+Other+Countries%E2%80%99+on+Coronavirus%3B+Israel+-Sees+Increase+in+Tourism+Despite+Virus%3B+Where+is+World%E2%80%99s+Outrage+at+Vile+Anti-Semitism%3F&utm_campaign=20200305_m157231440_Netanyahu%3A+%E2%80%98Israel+in+Best+Situation+of+All+Other+Countries%E2%80%99+on+Coronavirus%3B+Israel+Sees+Increase+in+Tourism+Despite+Virus%3B+Where+is+World%E2%80%99s+Outrage+at+Vile+Anti-Semitism%3F&utm_term=1583327935_tps191106yv8_t5dc2d1f0_m2048_xdosjqjw1-250x170_jpg

Yahrzeits for the week of Mar 9 - 15 / 13 - 19 Adar

COMMON DATE	JEWISH DATE	MEMBER		DECEASED	RELATION
Mar 9	Adar 13	Naphtali Shainbach	for	Shoshana Shainbach z"l	mother
Mar 9	Adar 13	Ora Kendall	for	Simon Kendall z"l	father
Mar 9	Adar 13	Ethel Kendall	for	Simon Kendall z"l	husband
Mar 10	Adar 14	Paula Goldsman	for	Leah z"l	mother in law
Mar 10	Adar 14	Hy Sternfeld	for	Sol Sternfeld z"l	brother
Mar 11	Adar 15	Charlene Burak	for	Ethel Turner z"l	mother
Mar 11	Adar 15	Gabriel Schwimmer	for	Frema Azulay z"l	grand mother
Mar 11	Adar 15	Bella Chorán	for	Marty Chorán z"l	husband
Mar 11	Adar 15	Gaby Zechmeister	for	Irene Zechmeister z"l	mother
Mar 12	Adar 16	Aubrey Bresinger	for	Yossel Bresinger z"l	father
Mar 12	Adar 16	Lewis Blau	for	Marlene Blau z"l	wife
Mar 12	Adar 16	Lillian Rudy	for	Rachel Greenberg z"l	mother
Mar 13	Adar 17	Edith Gasoi	for	Saul Gasoi z"l	husband
Mar 14	Adar 18	Riva Weigensberg	for	Laika Weigensberg z"l	mother in law
Mar 15	Adar 19	Gerson Byer	for	Chone Byer z"l	father
Mar 15	Adar 19	Suzanne Borer	for	William Porges z"l	father
Mar 15	Adar 19	Norman Liebergott	for	Louis Liebergott z"l	father

Any Young Israel member **MISSING** a Yahrzeit notice in the shul bulletin, please email the info directly to therudys@videotron.ca Please provide full name in English (and Hebrew if possible) and the date of the Yahrzeit as well as relationship to YIC member. As soon as info is received, it will be forwarded to the shul office, or you can also email or phone in the info direct to the office if you prefer. **Note:** In the event a female member does not want her maiden name included in the weekly bulletin Yahrzeit notices - for possible security reasons - please advise the office, and we will make the appropriate change.

PARSHAT HASHAVUA - WEEKLY TORAH PORTION
The Parshah in a Nutshell

KI TISA
Exodus 30:11–34:35



The people of Israel are told to each contribute exactly half a shekel of silver to the Sanctuary. Instructions are also given regarding the making of the Sanctuary's water basin, anointing oil and incense. "Wise-hearted" artisans Betzalel and Aholiav are placed in charge of the Sanctuary's construction, and the people are once again commanded to keep the Shabbat.

When Moses does not return when expected from Mount Sinai, the people make a golden calf and worship it. G-d proposes to destroy the errant nation, but Moses intercedes on their behalf. Moses descends from the mountain carrying the tablets of the testimony engraved with the Ten Commandments; seeing the people dancing about their idol, he breaks the tablets, destroys the golden calf, and has the primary culprits put to death. He then returns to G-d to say: "If You do not forgive them, blot me out from the book that You have written."

G-d forgives, but says that the effect of their sin will be felt for many generations. At first G-d proposes to send His angel along with them, but Moses insists that G-d Himself accompany His people to the promised land.

Moses prepares a new set of tablets and once more ascends the mountain, where G-d reinscribes the covenant on these second tablets. On the mountain, Moses is also granted a vision of the divine thirteen attributes of mercy. So radiant is Moses' face upon his return, that he must cover it with a veil, which he removes only to speak with G-d and to teach His laws to the people.



**MEMORY LANE # 56 (EDITED)
FROM THE 1972 YOUNG ISRAEL OF CHOMEDEY
"SANCTUARY SPECIAL EDITION"**

Thanks to the initiative and persistence of Morton Kader, our treasurer, the designing and drive of Morris Winer, our building chairman, the elegant and functional plans of Marcus Scoler, our architect, the monetary contributions of the Federal Government through its Local Initiatives Program, and the monetary contributions of a large number of our devoted members, our completed Sanctuary was made possible in record time!

The building program took approximately three months, in spite of rain, holy days, strikes, and vacations. Morris Winer frequently had to carry a major load, amidst toil, sweat, and tears – leadership is frequently lonely and frustrating.

Most previous executives planned and worked for the Sanctuary. Our previous architect, Morris Melamed, made a group of designs for us. It was he who kept our flame burning. It is indeed obvious that but for the inspiration, initiative, dedication, and persistence of Morton Kader and Morris Winer this Sanctuary would not be a reality today.

Erev Shabbos on August 4th services were held in our Sanctuary for the first time. That evening members came in and wandered about - Ha'inu K'cholmim, like in a dream. Their eyes glazed, their fingers touched, their soles rejoiced, and their tears rolled down. Even the nay-sayers were overwhelmed.

We were all ready and prepared for the upcoming Bar Mitzvah of the son of our esteemed Cantor, Reverend Emil Berkovits !!

Maurice J.Boxer

(YashIr Koach to Fred Rudy for providing us all with these memorable historical moments, which some of us may still remember!)

**Young Israel
of Chomedey**

&

**Shaar
Shalom**

**PURIM
EXTRAVAGANZA
2020**

Monday March 9

Megillah Reading: 7:20 PM

Dinner 8:00 PM

LIMITED SEATING - BOOK EARLY!

- ***Come dressed in your best
there will be a Costume Contest***
- ***Full course sit-down
dinner with wine***
- ***Hamantashen***
- ***Live Entertainment***

Party \$25 Children under 8 FREE

Call the office VIC 450-681-2571 Shaar Shalom 450-688-8100

Tickets will NOT be sold at the door

A Doctor's Perspective on the Corona Virus.

Important things to do as precautions re: Corona Virus.
You might want to pass this email onto some of your friends & family

Dear Colleagues,

As some of you may recall, when I was a professor of pathology at the University of California San Diego, I was one of the first molecular virologists in the world to work on coronaviruses (the 1970s). I was the first to demonstrate the number of genes the virus contained. Since then, I have kept up with the coronavirus field and its multiple clinical transfers into the human population (e.g., SARS, MERS), from different animal sources.

The current projections for its expansion in the US are only probable, due to continued insufficient worldwide data, but it is most likely to be widespread in the US by mid to late March and April. Here is what I have done and the precautions that I take and will take. These are the same precautions I currently use during our influenza seasons, except for the mask and gloves.

- 1) **NO HANDSHAKING!** Use a fist bump, slight bow, elbow bump, etc.
- 2) Use **ONLY** your knuckle to touch light switches, elevator buttons, etc.. Lift the gasoline dispenser with a paper towel or use a disposable glove.
- 3) Open doors with your closed fist or hip - do not grasp the handle with your hand, unless there is no other way to open the door. Especially important on bathroom and post office/commercial doors.
- 4) Use disinfectant wipes at the stores when they are available, including wiping the handle and child seat in grocery carts.
- 5) Wash your hands with soap for 10-20 seconds and/or use a greater than 60% alcohol-based hand sanitizer whenever you return home from ANY activity that involves locations where other people have been
- 6) Keep a bottle of sanitizer available at each of your home's entrances. AND in your car for use after getting gas or touching other contaminated objects when you can't immediately wash your hands.
- 7) If possible, cough or sneeze into a disposable tissue and discard. Use your elbow only if you have to. The clothing on your elbow will contain infectious virus that can be passed on for up to a week or more!

What I have stocked in preparation for the pandemic spread to the US:

- 1) Latex or nitrile latex disposable gloves for use when going shopping, using the gasoline pump, and all other outside activity when you come in contact with contaminated areas.

Note: This virus is spread in large droplets by coughing and sneezing. This means that the air will not infect you! BUT all the surfaces where these droplets land are infectious for about a week on average - everything that is associated with infected people will be contaminated and potentially infectious. The virus is on surfaces and you will not be infected unless your unprotected face is directly coughed or sneezed upon.

This virus only has cell receptors for lung cells (it only infects your lungs) The only way for the virus to infect you is through your nose or mouth via your hands or an infected cough or sneeze onto or into your nose or mouth.

- 2) Stock up now with disposable surgical masks and use them to prevent you from touching your nose and/or mouth (We touch our nose/mouth 90X/day without knowing it!). This is the only way this virus can infect you - it is lung-specific. The mask will not prevent the virus in a direct sneeze from getting into your nose or mouth - it is only to keep you from touching your nose or mouth.

3) Stock up now with hand sanitizers and latex/nitrile gloves (get the appropriate sizes for your family). The hand sanitizers must be alcohol-based and greater than 60% alcohol to be effective.

4) Stock up now with zinc lozenges. These lozenges have been proven to be effective in blocking coronavirus (and most other viruses) from multiplying in your throat and nasopharynx. Use as directed several times each day when you begin to feel ANY "cold-like" symptoms beginning. It is best to lie down and let the lozenge dissolve in the back of your throat and nasopharynx. Cold-Eeze lozenges is one brand available, but there are other brands available.

I, as many others do, hope that this pandemic will be reasonably contained, **BUT** I personally do not think it will be. Humans have never seen this (edited: animal)-associated virus before and have no internal defense against it.

Tremendous worldwide efforts are being made to understand the molecular and clinical virology of this virus. Unbelievable molecular knowledge about the genomics, structure, and virulence of this virus has already been achieved. BUT, there will be NO drugs or vaccines available this year to protect us or limit the infection within us. Only symptomatic support is available.

I hope these personal thoughts will be helpful during this potentially catastrophic pandemic. You are welcome to share.

Good luck to all of us!

James Robb, MD FCAP

YASHIR KOACH to Fred Rudy who forwarded this to me which he received from his cousin who is in the oncology department at "the Jewish."

Editor's Note: *This is a guide only; other doctors or specialists may have different opinions or options on how to contain or monitor this virus. Please use common sense, and when not sure speak to your GP, who should be able to answer all your questions.*