

APPETIZERS

Quesadilla	\$10.99
Rock's Munchie Platter.....	\$24.99
Rock's Nachos.....	\$12.99
Potato Skins.....	\$9.99
Mac & Cheese Wedges.....	\$9.99
Golden Fried Dill Pickle.....	\$10.49
Spinach Artichoke Dip.....	\$11.49
Breaded Shrimp.....	\$11.49
Bam Bam Shrimp.....	\$13.99
Chicken Fingers.....	\$10.99
Jalapeno Poppers.....	\$10.49
Cauliflower Bites.....	\$11.99
Battered Mushrooms.....	\$10.49
Onion Rings.....	\$6.79

SALADS

Caesar Salad.....	\$10.99
Taco Salad.....	\$12.99
Chef's Salad.....	\$14.99
Almond Salad.....	\$12.99
Garden Salad.....	\$10.99
Chicken Club Salad.....	\$12.99

SANDWICH & WRAPS

Chicken Caesar Wrap.....	\$8.99
Club Wrap.....	\$8.99
Reuben.....	\$8.99
Club House.....	\$8.99
The Vegetarian.....	\$7.99
B.L.T.....	\$6.99
Grilled Cheese.....	\$6.99
Rock's Deli Sandwich.....	\$8.99
Beef, Ham or Corned Beef...	\$6.49

BURGERS

Hamburger.....	\$6.99
Cheeseburger.....	\$7.99
Double Cheeseburger.....	\$9.49
Veggie Burger.....	\$7.99
Chicken Burger.....	\$7.49
Chicken Burger Club.....	\$9.49
Cordon Bleu Burger.....	\$9.49
Highway Man Burger.....	\$9.99
Firehouse Andy.....	\$8.99
Nacho Burger.....	\$8.99
Lumber Jack.....	\$7.99

POUTINE

Rock's Classic.....	\$7.99
Buffalo Chicken.....	\$11.99
Perogy Poutine.....	\$11.99
Taco Poutine.....	\$11.99

PLATTERS

Rock's Philly Sandwich.....	\$14.49
Hot Hamburger Royal.....	\$14.99
Settlers Honey Mustard Chicken Melt.....	\$13.99
Grilled Buffalo Chicken Sandwich.....	\$13.99
Parmesan Chicken Melt.....	\$13.99
Chicken Fingers.....	\$12.99
Fish & Chips.....	\$13.99
Crab Melt.....	\$12.99
Popcorn Shrimp.....	\$12.99
Seafood Taco.....	\$13.99

Rock's

BAR & GRILL



PASTAS & STIR FRY

Fettuccine Alfredo.....	\$16.99
Penne Carbonara.....	\$17.99
Chicken Parmesan.....	\$18.99
Shrimp Scampi.....	\$19.99
Rock's Stir Fry.....	\$16.99

EXTRA ADD ONS

Bacon.....	\$1.29
Chicken Breast.....	\$2.99
Taco Beef.....	\$3.99
Chicken Fingers.....	\$2.99
Mini Salad.....	\$3.59
Gravy.....	\$2.00
Soup of the Day.....	\$5.49

PIZZA

	12"	15"	12"	15"
Cheese.....	\$12.99	\$17.99	5 Meats.....	\$24.99 .. \$31.99
2 Topping.....	\$17.49 .. \$22.99		Chicken Fajita.....	\$21.99 .. \$26.99
Veggie.....	\$18.99 .. \$24.99		Buffalo Chicken....	\$21.99 .. \$26.99
Cheeseburger.....	\$18.99 .. \$25.99		Extra Topping.....	\$2.49 .. \$3.49
Rock's.....	\$21.99 .. \$26.99			

COME AND ENJOY - THE FOOD IS GREAT!

PIZZA

MAKE YOUR OWN PIZZA! \$9.00

(MEDIUM SIZE - 2 toppings FREE!)

CHICKEN

- Chipotle Chicken:** Tomato Base, Chipotle Chicken, Red Pepper, Mozzarella, Chipotle Ranch
- Chicken Slingshot:** Butter Sauce, Onion, Green Pepper, Pineapple, Mozzarella, Chicken, Peri-Peri Sauce, Mayonnaise
- Cajun Chicken:** Tomato Base, Onion, Tomato, Mozzarella, Green Pepper, Fresh Spinach, Chilly Flakes, Cajun Seasoned Chicken, Sour Cream
- Shanghai Chicken:** Tomato Base, Green Pepper, Onion, Mozzarella, Chicken, Spring Onion, Manchurian Sauce
- Butter Chicken:** Butter Base, Chicken, Mozzarella, Red Onion, White Sauce

SEAFOOD

- Mango Chilly Prawns**
Mozzarella, Onion, Fresh Spinach, Seasoned Prawns, Mango Sauce, Sweet Chilly
- Creamy Garlic Shrimps:** Creamy Sauce, Mozzarella, Spinach, Green Peppers, Seasoned Shrimps, Garlic, Oregano, White Sauce
- Salty Dog:** Tomato Base, Onion, Seasoned Shrimps, Mozzarella, Black Olives, Anchovies, Tuna, White Sauce
- Salmon Feta:** Pesto Base, Spinach, Tomato, Salmon, Feta, Hollandaise
- The Tuscan:** Marinara Sauce, Mozzarella, Seasoned Prawns, Roasted Garlic, Fresh Spinach, Sundried Tomatoes and Feta Cheese

MEAT

- Surf and Turf:** Tomato Base, Mozzarella, Tomato, Fresh Spinach, Meat Cubes, Seasoned Prawns, Hollandaise Sauce
- Italian Meat:** Tomato Base, Mushrooms, Mozzarella, Green Peppers, Black Olives, Salami, Meat Cubes, Oregano
- Meat Lovers:** Tomato Base, Mozzarella, Bacon Strips, Ham, Taco Beef, Pepperoni, Salami, BBQ Sauce
- Fire Works:** Spicy Tomato Base, Onion, Jalapenos, Mozzarella, Tomato, Green Peppers, Pepperoni, Bacon Strips, Chilly Flakes, Hot Sauce
- BBQ Farmer Sausage:** BBQ Sauce Farmer sausage, Onion, Mozzarella

VEGETARIAN

- Spicy Corn Delight:** Tomato Base, Onion, Green Peppers, Mozzarella, Olives, Fresh Spinach, Sweet Corn, Jalapenos, Chilly Flakes
- Sweet Corn Pesto:** Pesto Base, Mozzarella, Tomato, Green Peppers, Fresh Spinach, Sweet Corn, Mayonnaise
- Butter Paneer (Cottage Cheese):** Tomato Base, Onion, Mozzarella, Seasoned Paneer, Butter Sauce
- Peri-Peri Paneer (Cottage Cheese):** Tomato Base, Onion, Mozzarella, Green Peppers, Seasoned Paneer, Peri-Peri Sauce
- Vegetarian Slingshot:** Tomato Base, Onion, Mozzarella, Green Peppers, Spinach, Pineapple, Butter Sauce, Peri-Peri Sauce

	MEDIUM	LARGE
Chipotle Chicken	\$16.95	\$19.95
Chicken Slingshot	\$16.95	\$19.95
Cajun Chicken	\$16.95	\$19.95
Shanghai Chicken	\$16.95	\$19.95
Butter Chicken	\$16.95	\$19.95
Mango Chilly Prawns	\$17.95	\$20.95
Creamy Garlic Shrimps	\$17.95	\$20.95
Salty Dog	\$17.95	\$20.95
Salmon Feta	\$17.95	\$20.95
The Tuscan	\$17.95	\$20.95
Surf and Turf	\$18.95	\$21.95
Italian Meat	\$18.95	\$21.95
Meat Lovers	\$18.95	\$21.95
Fire Works	\$18.95	\$21.95
BBQ Farmer Sausage	\$16.95	\$19.95
Spicy Corn Delight	\$15.95	\$18.95
Sweet Corn Pesto	\$15.95	\$18.95
Butter Paneer (Cottage Cheese)	\$15.95	\$18.95
Peri-Peri Paneer (Cottage Cheese)	\$15.95	\$18.95
Vegetarian Slingshot	\$15.95	\$18.95

TOPPING CHOICES:

Bacon, Black Olives, Chicken Breast, Chorizo Sausage, Crab, Extra Cheese, Farmer Sausage, Feta Cheese, Green Onions, Green Peppers, Ground Beef, Ham, Italian Sausage, Jalapenos, Mexi Beef, Mushrooms, Onions, Pepperoni, Pineapple, Red Peppers, Salami, Salsa, Shrimp, Tomato

KIDS

MEDIUM \$11.95

Rainbow Pizza:

Mozzarella, M&M's, Chocolate Sauce

Cool Banana:

Mozzarella, Banana, Cinnamon, Caramel Sauce

Cranberry Chicken and Camembert:

Tomato Base, Fresh Pizza, Mozzarella, Chicken, Camembert, Cranberry Sauce

EXTRAS

6 Wings.....	\$3.90
10 Wings.....	\$6.90
15 Wings.....	\$10.35
25 Wings.....	\$17.25
Chicken Fingers	\$10.99
Onion Rings	\$6.99
Mac & Cheese Veggies	\$9.99