HOUSE SALAD • 5.95
  fresh with surprises & choice of dressings
CHEF’S SALAD • 10.95
  ham, roast beef, turkey, cheese, egg
CHICKEN SALAD PLATE • 10.95
  greens, cheese wedge, chicken salad

NEW ENGLAND CLAM CHOWDER
  cup • 4.75   bowl • 6.75
SOUPE OF THE DAY
  cup • 4.75   bowl • 6.75
BAKED FRENCH ONION SOUP
  cup • 5.50   bowl • 7.50
SOUP AND HALF SANDWICH
  cup • 8.50   bowl • 10.50
  THE SANDWICH
  • roast beef • smoked ham & swiss cheese
  • turkey breast • chicken salad • tuna salad
VEGGIE WRAP • 7.95
  cucumbers, spinach, greens, zucchini, summer squash
  mushrooms, balsamic vinaigrette, flour tortilla
CHICKEN SALAD WRAP • 8.50
  baby greens, tomato, flour tortilla
CHICKEN CAESAR WRAP • 8.50
  grilled chicken, caesar salad, flour tortilla
CHICKEN SALAD BLT WRAP • 9.95
  baby greens, tomato, bacon, flour tortilla
GRILLED SALMON WRAP • 9.95
  baby greens, cucumber, tomato, dill mayo
GRILLED CHICKEN SANDWICH • 9.50
  boneless breast of chicken with mayo & lettuce
STEAK SANDWICH • 9.50
  melted cheese, onions, mushrooms
HOT PASTRAMI SPECIAL • 9.50
  as lean as we can get it with
  raw onion, tomato, melted swiss cheese
TUNA MELT • 7.95
  baked english muffin with tuna, swiss cheese
QUICHE OF THE DAY • 6.50
  baked fresh daily
STEAK LOFT GRILLED PIZZA • 8.95
  toppings change daily

SANDWICHES

HAMBURGER* • 8.95
CHEESEBURGER* • 9.95
CUSTOM BURGERS* • 10.95
  • with applewood smoked bacon
  • with hot peppers, onions, hot sauce
  • with blue cheese dressing
  or
THE COWBOY BURGER*
  cheddar cheese, bbq sauce, fried onion rings
THE TEX-MEX BURGER*
  pepperjack cheese, guacamole
garlic paprika peppers, red onion
THE STEAKHOUSE BURGER*
  swiss cheese, sauteed onions and mushrooms

CHILI
  cup • 6.95   bowl • 8.95
  the bean, the meat & the heat!
topped with onions & cheese

CHICKEN NACHOS • 9.95
  chips, guacamole, salsa, jalapenos,
  cheese, grilled chicken
CHILI NACHOS • 9.50
  chips, guacamole, salsa, jalapenos, cheese, chili

POTATO SKINS
  cheese, sour cream & onions • 7.50
  bacon, broccoli & cheese • 7.95
  scallops, broccoli & cheese • 9.50
CHEESE FRIES • 5.50
  regular or spicy hot

WINGS OF FIRE • 10.95
  with blue cheese dressing & celery sticks

TERIYAKI SKEWERS* • 12.95
  • beef • chicken • beef & chicken combo
  with choice of potato
BBQ RIBS • 15.95
  tender baby back ribs with choice of potato

ATLANTIC COD • 13.95
  baked with breadcrumb topping, choice of potato
FRIED SHRIMP • 11.95
  hand-breaded to order, choice of potato
FISH & CHIPS • 12.50
  crispy on the outside, tender inside
STEAK LOFT CRABCAKES • 11.50
  choice of potato

CHICKEN TENDERS • 9.95
  with bbq or teriyaki sauce and choice of potato
SLICED STEAK* • 13.95
  on toast with garlic butter and choice of potato

SIDE DISHES • 3.50 each
  steak fries | mashed red-skinned potatoes | baked potato | baked stuffed potato
  onion rings | steamed broccoli | steamed vegetable medley

Most menu items are available for take-out.

For your health, we fry in 100% trans-fat free oils.

*Thoroughly cooking meat, poultry, seafood, shellfish, or eggs reduces the risk of foodborne illness.