

Ultrasound Patient Information Sheet

Your doctor has ordered an ultrasound test of your heart and/or the arteries in your neck.

You may be asked to fill out a form before your test, please bring a list of your medications. You will lay on a bed and be asked to hold still while an ECG is taken. The type and number of pictures will depend on your medical history and what your doctor has put on the requisition. There are several types of exams that have specific preparation, **be sure to read appropriate prep.**

In order to see inside your body, the technologist will have to push the probe against your body, quite hard sometimes. It will likely be uncomfortable and you may have some bruising, especially if you take any kind of blood thinner or ASA. This is normal and a necessary part of the exam.

Preparation for the exam

Please wear a loose fitting shirt. Women will be asked to remove their bra for imaging.

Bring a list of your medications

If you do not speak English, please bring someone to translate for you

Please arrange for child care, children are not allowed in the exam room

Friends and family will be asked to wait in the lobby or car, unless they are needed to translate or provide care.

For a “bubble test”, you will have to have an IV placed in your arm. No medication will be given, only saline.

For a “stress echo”, you will be placed on a treadmill and be asked to exercise, followed immediately by an ultrasound of your heart. Certain medications must be stopped prior to this test, if you do not follow these instructions your exam will not be done.

See back of sheet for further instructions

Medications to be STOPPED for the Stress Echo:

If you are unsure if you take any of these medications, please contact your doctor or pharmacist for clarification.

Beta Blockers: Stop 48 hours before test (unless otherwise instructed by physician):

Acebutolol (Monitan, Rhotral, Sectral)	Atenolol (Tenormin)
Bisoprolol (Monacor)	Bystolic/Nebivolol
Carvedilol (Coreg)	Diltiazam (Cardizem CD/SR)
Felodipine (Plendil, Renedil)	Labetolol (Normodyne))
Metoprolol (Lopressor, Toprol XL, Lopressor SR)	Nadolol (Corgard)
Oxprenolol (Trasicor)	Pindolol (Visken)
Propranolol (Inderal)	Sotalol (Sotacor)
Sildenafil/Viagra	Tadalafil/Cialis
Timolol (Blocadren)	Verapamil (isoptin Chronovera)
Vardenafil/LEvitra	

Calcium Channel Blockers: Stop 24 hours before the test (unless otherwise directed by physician):

Amlodipine	Imdur
Ismo	Isodil SR
Isosorbide Dinitrate	Isosorbide Mononitrate
Ivabradine/Coralan/Procorlan	Isoptin/Isoptin SR
Nicardipine/Cardene/Cardene SR	Nifedipine/Adalat PA/Adalat XL

Appointment: _____