Roseola is a viral rash. It is the most common cause of rashes in children 6 months to 2 years of age.

**Symptoms:**
Your child may have a high fever that starts suddenly and generally lasts for a few days. As the fever breaks, a rash appears on the child’s belly, chest, back and neck. It may later spread to the rest of the body. Even with a rash, your child may still feel okay. Illness may last up to 7 days. If your child is infected, it may take 9 to 10 days for symptoms to start.

**Spread**
- By touching the secretions from the nose or mouth.

**Contagious Period**
Most likely during the fever and before the rash appears.

**Call your Healthcare Provider**
If your child has a fever and a rash.

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**Quick Help**

**If you think your child has Roseola**
Tell your childcare provider or call the school.

**Need to stay home?**
Yes, until the fever is gone and other rash illnesses, especially measles, have been ruled out.

**Prevention**
- Wash hands after touching infected skin on humans and pets. Your child may need help with handwashing
- Clean and disinfect any objects or surfaces that come in contact with secretions from the nose or mouth. Use a product that kills germs.

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For more information, please visit or call:
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www.oldhamcountyhealthdepartment.org