Your child may have been exposed to:

**Herpes Simplex Virus**

Quick Help

**If you think your child has herpes simplex virus**

Tell your childcare provider or call the school.

**Need to stay home?**

Yes, until one week after onset of illness after all contacts have received vaccine or immune globulin as recommended.

**Prevention**

- Wash hands after using the toilet, changing diapers and before preparing or eating food. Your child may need assistance with washing their hands.
- Clean and disinfect any objects that come in contact with secretions from the nose or mouth. Use products that kill germs.
- Remind children not to touch the sores.
- **DO NOT** kiss a person with sores on or near the mouth.
- Use a cotton-tipped swab to apply medication.

Herpes simplex is a viral infection that may cause sores in the mouth or on the lips and face. The sores are commonly called cold sores.

**Symptoms**

- Fever
- Irritability
- Tender, swollen lymph nodes
- Painful, small, fluid-filled blisters in the mouth and on the gums and lips
- Blisters weep clear fluid and bleed and are slow to crust over
- Often there are no signs or symptoms

**Spread**

- By having direct contact with saliva, commonly by kissing
- By touching the fluid from the blisters or sores

**Contagious Period**

First infection: up to 2 weeks, sometimes longer.
Recurring infection: usually 3 to 5 days.

**Call your Healthcare Provider**

If anyone in your home:

- Has symptoms of oral herpes infection

For more information, please visit or call:

Oldham County Health Department
1786 Commerce Parkway, LaGrange KY 40031
502-222-3516 ext. 136
www.oldhamcountyhealthdepartment.org