Cytomegalovirus (CMV) is a viral infection common in children.

If you think your child has CMV:
Tell your childcare provider or call the school.

Need to stay home?
No

Prevention
- Wash hands after using the toilet, changing diapers and before preparing or eating food. Your child may need assistance with washing their hands.
- Clean and disinfect any objects that come in contact with urine or saliva. Use products that kill germs.
- **DO NOT** have mouth contact with items contaminated with saliva

Symptoms
Most people have no symptoms. Very rarely, a person may develop symptoms. These symptoms include fever, sore throat, tiredness and swollen glands.

Spread
By touching saliva or urine.

Contagious Period
Virus may be active in urine and saliva for a long period of time. Once a person is infected, the virus is shed intermittently in the urine and saliva for the rest of that person's life.

Call your Healthcare Provider
- If anyone in your home has symptoms of CMV.

For more information, please visit or call:
Oldham County Health Department
1786 Commerce Parkway, LaGrange KY 40031
502-222-3516 ext. 136
www.oldhamcountyhealthdepartment.org