

20 Homemade Sex Toys That Will Take Your Pleasure To The Next Level

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Yes, a cucumber can be a dildo.

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Getty ImagesMaciej Nicgorski / EyeEm

If the term "homemade sex toy" makes you immediately imagine a trip to the ER, you may be surprised to hear they're not necessarily as questionable as you'd expect.

DIY toys can be a great option—especially for women who are hesitant to use (or pay for) anything mechanical, man-made, or explicitly created for sex play, says [Sara Nasserzadeh, Ph.D.](#), a sexuality and relationship consultant in Palo Alto, California,

Homemade or everyday objects “are accessible, plus they can bring lightness and laughter to the dynamic, which is always priceless,” Nasserzadeh says.

These homemade sex toys are all expert-approved—so you know they're both fun *and* safe to use.

1 Pearl necklace



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If you want to take your blow job game to a new level, this tool—er, jewel—is for you, says [Debra Laino](#), a sexologist and couples and marriage therapist based in Delaware.

"Slowly wrap it around his penis and jerk him off," Laino suggests. Added pleasure bonus: Kiss and suck on the tip while you're at it.

"The texture of the pearls gives the penis a very different and unique sensation," Laino says. Just don't use your grandma's jewels.

2 Wooden spoon



Getty Images

A wooden spoon is perfect for spanking because you can spank soft or hard, depending on your partner's preference, Laino says. Just be sure you actually talk about your desires first.

You could also try experimenting with penetrating your partner with the other end of the spoon. If you do, just be sure to wrap the spoon with non-microwavable saran wrap, says Laura McGuire, Ed.D., a sex educator in New York State. Like any kitchen utensil that's not made with Pyrex glass or ABS plastic, it has tiny holes that make it impossible to entirely disinfect.

3 Cucumber



Getty Images

Is your mind in the gutter yet? Good—now you see that a cucumber was pretty much created to double as a dildo. Here too, just be sure to wrap it with non-microwavable saran wrap first in order to protect yourself from getting a bacterial infection, McGuire says.

A condom can work too, of course, but isn't a great idea if you actually ever plan on eating the cucumber—and don't want it flavored with condom, she adds.

4 Pillows



Getty Images

Home décor goals aren't the only reason to invest in extra pillows. Rubbing against a stack of them can stimulate the clitoris and serve as a stand-in for a partner, says Rachel Needle, Psy.D., a psychologist and sex therapist in West Palm Beach, Florida.

Pillows, as well as towels, can also be great co-masturbation tools, says McGuire, who encourages everyone to think outside of the penetrative sex box. "People forget that a lot of pleasure can be derived with just friction," she says.

5 Removable shower head



Getty Images

Want to get dirty while getting clean? Easy. Just use your shower head as a vibrator by pressing it up against, or directly spraying, your clitoris, Needle says. "Many [shower heads] can be used at varying pressures and spray settings, so each individual can experiment with what feels best," she says.

6 Scrubbie pot scrubber



Getty Images

If you like the feeling of exfoliating your face or back, you might really like a similar sensation on your inner thighs, between your butt cheeks, on your outer labia, or against your breasts, says [Kim Airs](#), a sex educator in Los Angeles.

“A scrubbie can be used gently or firmly, depending on what feels good for the user,” she says. Your man may like it too, she adds, on his scrotum or penis shaft. Scrubbie too rough? Don’t use a steel one, of course, and try adding a (scented, if you like) dollop of massage oil, Airs says. Just be sure to use a clean one that hasn’t been used for cleaning dishes or toilets.

7 Chopsticks



Getty Images

Don't have the patience to eat your pad Thai with chopsticks? Dig in with a fork and save those bad boys for a later. "Chopsticks can be squeezed together with a small rubber band at the ends to create easy-to-use nipple clamps or to squeeze the outer labia together," Airs says. (Just check the sticks for splintering potential first.)

You can rethink that rubber band, too: "If you want a quick, pinching sensation, a snap of a rubber band will certainly make one jump to attention," Airs says. Again, be sure your partner is cool with feeling a sting—and sporting a bite-mark-looking impression temporarily after.

8 Mouthwash



Getty Images

Sure, you can attempt to hold an ice cube in your mouth while delivering oral sex, or even swish ice-cold water in your mouth beforehand, but the thing about ice is that it melts. Instead, create that same effect by swishing your mouth with mouthwash or popping in a strong mint first, McGuire says. "It's going to leave that tingling sensation, and a lot of people really, really love that," she says.

9 Coconut oil



Getty Images

Is there anything coconut oil can't do? The organic type, which won't have preservatives or other chemicals, works great as an inexpensive lube, says [Jane Fleishman](#), Ph.D., a sexuality educator in Northampton, Massachusetts. "Just remember you can't use any oil-based lube with a latex condom because the oil will break down the integrity of the latex," she says.

Make sure your oil is new, too. "Oil can always grow bacteria, so make sure it's never been opened before," McGuire says.

10 Tights



Getty Images

You have to take off your nylons to have sex, so why not involve them in the fun instead of tossing them in the laundry pile? Use them (with consent) to tie your partner's wrists or ankles, or to blindfold him or her while you do the seducing, Needle says.

"Remember, all other senses are heightened when sight is deprived, so you might want to use something silky or sexy to the touch," she says.

A shirt or scarf can work too, says Terri Vanderlinde, D.O., an ob-gyn and sex educator in Dover, New Hampshire. "It all comes down to being present, being mindful, and each partner being committed to pleasure—their own and their partners," she says.

11 Sandwich bag



Getty ImagesYoela

Like the idea of getting all lubed up—but don't want the mess? Put some coconut oil or olive oil in a sandwich bag, and use it to stimulate your partner, or watch him use it to take care of himself, says Eric Garrison, a sexuality counselor in Williamsburg, Virginia.

Just be sure that if you ultimately decide to ditch the bag mid-stroke and go for sex-sex, you'll need to use a non-latex condom so that it doesn't disintegrate in the oil you've used as lube.

12 Sock



Getty Imagesesmeraldaedenberg

If you're more of a cloth than plastic person, swap a sock in for the sandwich bag, Laino suggests. "Some men will use a sock filled with lotion or lube and masturbate away," she says, and there's no reason you can't join in the fun with your own toy of choice. "Both partners using their own sex toys to mutually masturbate can add some diversity and spice to a couple's sex life," Laino finds.

13 Melon



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Melons are great for barbecues—and bedrooms. Just grab your seedless fruit of choice, and cut a hole in it that’s a bit smaller than the girth of the man’s penis, Garrison recommends.

Then, have him pump into it while working you with his mouth or hands, or hold the fruit yourself to stimulate him. “There are a lot of ways this could be done,” Garrison says, noting that if you finish him with a blow job, you’ll get a nice flavor to boot.

Just be sure you don’t go straight to vaginal sex post-fruit-bang, since getting those sugars inside you could lead to problems like yeast infections.

14 Electric toothbrush



Getty Images

Expand your definition of “vibrator” to include a household item. Whether it’s a vibrating toothbrush or the bladeless end of a vibrating razor, wrap it in a plastic bag and have your partner press it against your clitoris. Or, try using it to tickle a male partner's testicles, suggests Garrison.

15 PVC pipe



Getty Images

“Get a clean PVC pipe from a hardware store with a circumference and length that fits his penis,” Laino says. “Lube the inside and have him penetrate it.”

16 Meat



Getty Images

Laino finds many men enjoy masturbating with meat. To try it, "cut a hole in a raw, thick cut of meat," she says. "Warm it up a little in the microwave and add a little bit of lube or coconut oil." Then, present it to the guy in the bedroom, not the kitchen. He won't be disappointed.

Of course, don't let him get anywhere near your vagina until he's thoroughly cleaned up afterward.

17 Soap



Getty Images

You say you're a fan of the shower head tool? BYO partner into the bathtub next time; men, for one, can use the soap to masturbate themselves while you work the water stream, Laino says. Just a word of warning: Don't put the shower head in your vagina—the last thing you want is trapped air up there. And putting soap *in* your vagina isn't a good idea, either.

18 Candle

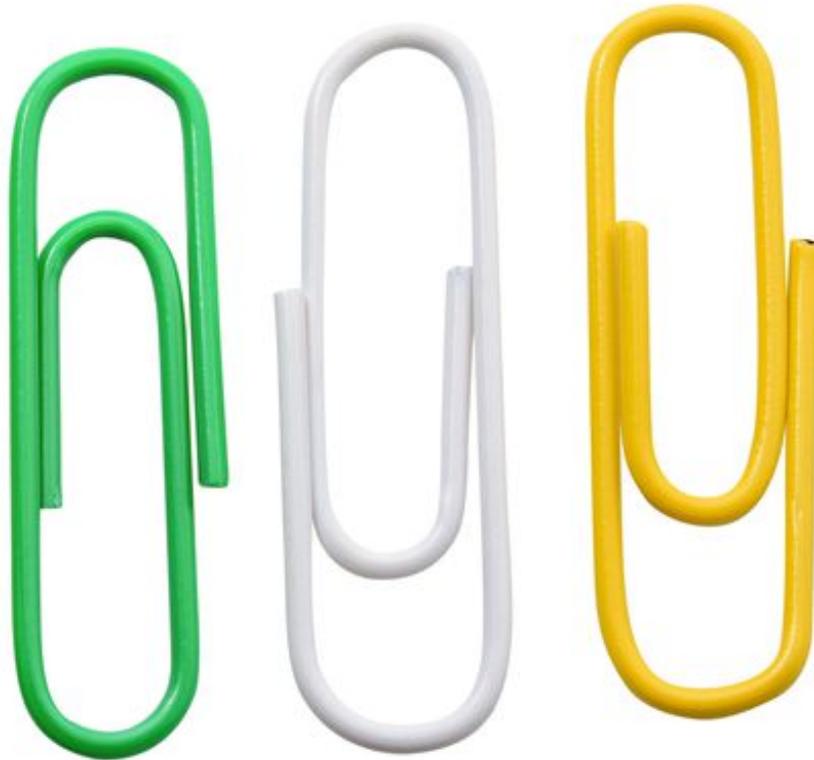


Getty Images

Wax play is hot—literally. But if you and a partner want to give it a shot, first have them lie on the bed while you hold a just-blown-out candle above your head. Allow a bit of wax to drip on your foot so you can test the temperature before scalding your lover.

All good? Keep it up high as you drizzle it on your partner's body. The wax's long way down will cool it off, plus up drama—and sex appeal, Garrison finds. "It's all in the mind," he says. "If your partner keeps telling him or herself it's burning hot wax, they may be seriously turned on by that." The actual temperature is your little secret.

19 Paper clips



Getty Images

If you're a nipple clamp novice and spring for the "real" stuff at a sex toy store, you're stuck with them—and they're not exactly multipurpose.

That's why Garrison recommends starting with something already in your desk drawer: paper clips. Just clip them on to your nipples (or a partner's) the same way you would with normal clamps, and see if the sensation is something you're into.

20 Tie



Getty Images

If you're curious about trying bondage, don't think you have to invest in ropes, whips, and chains; instead, look in your S.O.'s closet. "Ties work wonderful for simple bondage," says Garrison.

Bonus: If you're traveling with your lover, a tie can work double duty. "He could use the very same tie he wore to dinner," Garrison says. "You can have your own little dessert at home."