

Centralia Specialty Center

Steck Medical Group
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EGD PREPARATION INSTRUCTIONS

Place: Providence Centralia Hospital – **Outpatient Surgery**
914 S Schueber Road, Centralia, WA 98531

Date/Time: _____ / _____ / _____

Check-in Time: _____:_____AM/PM

7 Days Prior to Exam: You will receive a phone reminder confirming your appointment. If you cannot keep the appointment, please give at least 48 hours' cancellation notice to avoid a rescheduling fee. Arrange for a driver to take you home after the exam.

4 Days Before Exam: If you are taking blood thinners such as Coumadin or Plavix, you should discuss with your doctor whether or not you should stop these medications four days prior to your procedure. Stop taking iron pills, fish oil, Metamucil, Perdiem, Citrucel, and any other bulk laxative four days prior to your procedure.

Day of Exam: Do NOT eat anything after midnight the night prior to your procedure. Between midnight and two hours before your appointment you may have only CLEAR liquids. You must have NOTHING BY MOUTH (including water), 2 hours prior to your procedure.

What to bring with you: Bring your driver – it is necessary to have someone with you to drive you home. They will be required to check in with you. Bring insurance cards and any payment or copayment required for the procedure. Also bring your driver's license or photo ID.

What to wear: Wear comfortable, loose-fitting clothing. Wear flat shoes or tennis shoes. Do not wear any jewelry.

***For any questions, concerns, or if you need to rescheduled, please contact our office at (360) 736-1965 or (360) 736-0134.