



Trenton Christian School
Serving the interdenominational Christian Community Since 1956

340 Second Dug Hill Rd., Trenton ON K8V 5P7 www.trentonchristianschool.com ph 613 392-3600 fx613-392-6316

Dear Parents:

We have a child in our school who have an extreme allergy to peanuts. This includes any food that has peanuts or peanut oil or flour in it. Their allergy is so severe that it could be life threatening; they may have a reaction if an item containing peanuts is even in their proximity.

We are a peanut sensitive school environment. Please remember this when packing lunches. We are enclosing a suggested list of snacks for lunches.

If you have a child who has a health concern please make sure that we have an updated Health Alert form and picture. Also if you have a student who requires medication during the day please make sure the office and classroom teacher are aware of it. All medication is to be stored in the office. If you have any questions please contact the school.

Principal—Mr. Allen Bron

Trenton Christian School offers an enriched Christ-centred curriculum which educates students from a diverse Christian community enabling them to develop and use their talents in God's world.

ACCEPTABLE TREATS, BAKING INGREDIENTS AND SANDWICH FILLERS

Treats:

- TWIST or TWIZZLER red licorice
- Suckers (NOT THE KERR'S BRAND)
- Christie Products (crispers, cheese bits, cheese sticks, soda crackers, premium plus crackers, ritz, cheese ritz, teddy grahams, animal crackers, oreo cookies, arrowroot cookies, chocolate chip cookies, rice things)
(THE MINI OREOS, RITZ CHEESE SANDWICHES AND PEANUT BUTTER SANDWICHES ARE NOT SAFE)
- Added Touch Cake Mixes (golden, chocolate, white), brownie mix
- Betty Crocker cake mixes and Betty Crocker ready made icings
- ABSOLUTELY NO CANDIES OR FOODS FROM THE BULK FOOD store or bulk food sections of a store.
- Chapman's or the No-Name brand from Independent Grocers: These are safe Ice Cream brands (Vanilla, chocolate, or napoleon)
- Coloured Marshmallows (IGA or Fireside brands)
- Kellogg's Nutri-Grain cereal bars or twists
- Kellogg's pop tarts
- MARIA cookies
- Sunmaid raisin boxes
- Dunkaroos
- Amway --fruit creme cookies, chocolate chip, and oatmeal raisin cookies
- Betty Crocker Fruit roll-ups
- Our Compliments fruit roll ups
- Our Compliments Rice Cakes
- Quaker Rice Cakes
- Time-Out Chocolate bars
- Hershey Oreo cookie chocolate bars
- IGA soda crackers
- Jello pudding snacks or gel cups
- Hunts Pudding snacks
- Lays Potato Chips, Original Munchies
Pringles, Cheetos Crunchy
- Jello -- gelatin

- Kraft cheese and crackers NOT the peanut butter and crackers
 - Christie soda crackers
 - Dare Bear paw Cookies (Says it right on the box that it's peanut free)
 - Fruit & Veggie's
 - Popcorn
 - Rockets candy rolls (these usually come out at Halloween)
 - Master Choice Crackers
 - Gala crackers
 - Quaker mini rice cakes
 - Oven Fresh Lunch Pack Snacks (available at Bi-way)
 - Sun-Rype Fruit To Go Bars
 - Red Oval Farms Stoned What Thins crackers
 - Kellogg's Rice Krispies - Original Only
 - Nestle Favourites - says right on the package "Safe to Share"
 - Aero, Coffee Crisp, Smarties, and Kit Kat Bars
 - McCormicks Wagon Wheels
 - Tuffy's Nuts and Bolts
 - Touche Biscotti
 - Touche meringues; cookies, cakes
 - Must not be peanut candies
 - Must come to the classroom unopened
- For other name brands check the ingredient list and make sure there is no reference to PLANT PROTEIN OR NUTS OF ANY KIND

For Sandwiches

- Jam
- Chez Whiz
- Meat
- Chocolate hail/sprinkles
- Cheese
- Honey
- Tuna/salmon/egg salad

- Stroop
- Cinnamon spread

Baking Ingredients

- Dalton's or Fry's Cocoa
- Hershey's low fat cocoa
- Nestle Quik
- Any flour
 - EXCEPT PEANUT FLOUR
- Raisins
- Dates
- Fruit pieces
- Spices
- Marshmallows
- Molasses
- Rice Krispies
- Corn Starch
- Daltons Coconut
- Artificial flavourings
- Magic baking powder
- Arm & Hammer baking soda
- Hershey's chocolate flavoured chocolate chips
- IGA chocolate flavoured chocolate chips
- Compliments Value Pizza Crust Mix
- Smarties are OK
- M&M'S ARE NOT SAFE
- **NO INGREDIENTS FROM THE BULK FOOD ARE SAFE**

When checking products, the ingredients to AVOID are

PEANUTS,

PEANUT OIL,

NUT PRODUCTS,

TRISTEARIN,

PLANT PROTEIN

or anything that says MAY CONTAIN PEANUT/NUT PRODUCTS

Requirements to ensure that our school is "Peanut Sensitive"

1. Peanut butter and direct peanut products (ie peanut butter cups or M&M candies) are banned from the whole school.
2. Only the Grade 8a and Grade 5/6 students need to ensure that all food products are totally peanut free by observing ingredient lists.
3. Other students may not bring peanuts, peanut butter, chocolate bars with nuts, etc. but need not concern themselves with ingredient lists.
4. The product "No Nuts" Peabutter is NOT ALLOWED IN THE SCHOOL either. For not other reasons except to eliminate confusion for the students and teachers