

CONCENTO

February 1, 2020

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Overture

Happy February!

I keep Clorox Wipes near my piano for the occasional student who comes with a sore throat/cold, etc. In my studio, it's one student who often comes sick. Interestingly, his illnesses are somewhat predictable: he got sick right after his RCM exam. He is sick now (right after a statewide math competition). He doesn't appear to be anxious, in fact, he volunteers for any performing opportunities I come up with. Maybe there is no correlation in this case, but I am still interested in anxiety and how it affects our performances. In this case, performance anxiety.

Coming from the great state of Alabama, which happens to have a great football team (sadly no longer SE division champs), I read a lot about the coaching strategies Nick Saban uses for his players. Visualization is high on the list. Many students don't take much time to think about piano when they aren't sitting on the bench, but their performance at home, in your studio, and their anxiety surrounding all of the above could be improved with this technique. The idea is to visualize a successful performance ahead of time. I have asked students to take time when things are very quiet (right before bed, perhaps) to imagine themselves performing their piece...wonderfully...correctly...with all style, technique and calm nerves intact. Oddly, this visualization helps cement the idea that they are in control. Naturally, solid preparation precedes this exercise. Add this to frequent performance opportunities, with some of them being low stress, such as nursing homes, studio recitals with only students attending, and playing for neighbors/family, and the mystery of performing with one's mental facilities on point seems less mystifying.

And Coach Saban endorses it. Roll Tide!

For Music Artistry Program (MAP)

Scheduling/Timing

1. The timing of each piece must be accurately listed on each student's written comment sheet.
2. If the total repertoire time exceeds the allowed time for the registered level, **visiting artists are permitted to stop the performance in order to allow time for evaluation and oral comments.**
3. Students must receive both oral and written comments of their performance. Total time may not be used solely for performance.
4. Each student should be prepared to proceed quickly to the piano when their time comes.

Policies and Procedures

- The teacher (or another adult other than the visiting artist) must be present at all times.
- Teachers must fill out and bring the following documents for the MAP:
 - Teacher Information and Student Schedule Form (as many pages as necessary) <https://wsmta.org/wp-content/uploads/2017/09/MAP-Teacher-Info-and-Student-Schedule-1-page.pdf> or if you have too many to fit on one page: <https://wsmta.org/wp-content/uploads/2017/09/MAP-Teacher-Info-and-Student-Schedule-3-pages-1.pdf>
 - Student Evaluation Form, for each student (communicate any special needs or extenuating circumstances to Visiting Artist) <https://wsmta.org/wp-content/uploads/2017/09/MAP-Student-Evaluation-WEB.pdf>
 - Certificates for each student (may be available from MAP Chapter Chair, or directly from Visiting Artist)

Literature/Music Requirements:

1. Only published original compositions are allowed, with the following exceptions: Arrangements or transcriptions by major composers (such as Liszt, Busoni, etc.) may be used

2. Student compositions are not allowed (please consider entering the Young Composers Project)

3. NO REPRODUCTIONS may be used, except Music which is out of print or still in manuscript (not published); present to the visiting artist:

- Written permission from the publisher or copyright holder.
- Music which is legally downloaded from the internet or printed from CDs; present to the visiting artist:
- Permission sheet from the internet site or CD, OR o Legally Copied Music Verification Form, from WSMTA's website:
 - <https://wsmta.org/wp-content/uploads/2013/09/LEGAL-COPY-VERIFICATION-form.pdf>

4. Students must provide an original of the music, with measures numbered at the beginning of each line.

5. Repeats may be played, but in longer pieces are discouraged to maximize time with the visiting artist.

Literature/Music Requirements:

Each student must play a **minimum of two solo pieces** (memorization ONLY required for students entering WSMTA State Recital Competition or those students applying for high school credit) (*teacher must notify chapter MAP chair)

If a request for excused absence from school or work is necessary, please print out and give to your _____ students:

<https://wsmta.org/wp-content/uploads/2017/09/MAP-Request-for-Excused-Absence-WEB.pdf>

Once you have finished your MAP event, please fill out the visiting artist evaluation form online: <https://wsmta.org/adjudicator-evaluations/>

Note these two items:

Tickets for Dvorak's 8th Symphony, along with Tchaikovsky's Romeo and Juliet Overture are available at a discounted rate for the Friday, February 7th concert at Benaroya Hall, IF you request them by January 11th. Box office cost is \$35 per ticket; we can get them for \$26.25 for adults, \$17.50 for students and seniors. Contact Paul Twedt at svendell@gmail.com by January 11th if you want to reserve tickets.

Dr. Kristina Henckel is coming from NC for the annual “Artist Teacher Weekend, February 7,8, and 9th. Her fees are \$40 per half hour, \$60 for 45 minutes and \$80 per hour. She is a native of the Czech Republic and holds doctorates in both performance and pedagogy. Contact Paul Twedt at svendell@gmail.com if you would like to have any students come and work with her!

MAP Recital and Fine Arts Recital

Saturday, March 14, 2020

Kent First Baptist Church

1:30 pm MAP Recital

3:00 pm Fine Arts Recital

For the MAP Recital, you may enter 1 student for every 5 students entered in the Music Artistry Program. This recital is open to students of all ages and levels. We welcome a varied program! Your student's program information is due to Samantha Yeung by **Thursday, March 12**.

CHC Winners, Ranked Honorable Mentions, and Unranked Honorable Mentions will perform at the Fine Arts Recital. Please confirm with Samantha Yeung by **Thursday, March 12** if your student can perform. Winners and Ranked Honorable Mentions are expected to make a serious effort to attend the Fine Arts Recital. They will also be awarded their trophies at the recital.

Contact Samantha Yeung: email c.samantha.yeung@gmail.com or text 206-913-7401



Mary Kaye Owen is Running for MTNA Northwest Division Director-elect!



Our very own Mary Kaye Owen is running for MTNA Northwest Division Director-elect! Her election bio is on the MTNA website:

Mary Kaye Owen, NCTM, teaches piano in Renton, Washington. Currently the MTNA Northwest Division Performance Competitions chair and senior coordinator for the state MTNA Performance Competitions, Owen is also an active local association member. A past president of Washington State Music Teachers Association, she was named an MTNA Foundation Fellow in 2018. "Enjoying the MTNA lifestyle (networking, furthering music pedagogy skills, making friends, discovering America via MTNA conferences) for more than 30 years, I am eager to help MTNA continue its support and encouragement of Music Educators/Education, and I am honored to be nominated as Northwest Division director-elect," she says.

Vote for Mary Kaye!
https://www.mtna.org/MTNA/Explore_MTNA/Elections/MTNA/Explore_MTNA/Elections.aspx?

Minutes 1/21/2020

A motion was made to give a Donation for Messiah Lutheran church, \$150.00, for copies, use of church for 4 masterclass meetings. Payment will come Out of general fund, which has surplus from funds paid by attendees of masterclass. Proposed by Julie Swienty, seconded and passed by quorum, no nays.

Co-president election, Deanna Dent, for first half of 2020. In June there will be another election to take Lena's place. Motion passed.

MAP has outstanding payments due for 5 teachers for chapter fees, due last Tuesday, but extended through today. Green River College is hosting free of charge.

No minutes to approve from December due to our Christmas party.

No treasurer present for treasurer's report.

Discussion of Dvorak's 8th Symphony coming up on Friday, Feb 7th. Tickets \$35. Kristina Henkel will be providing master lessons which are still available for \$40 per half hour. \$60 for 45 minutes, \$80 per hour.

Seattle Opera Guild sponsoring recital Thursday, Feb 13th, 1:30 pm featuring Brett Sprague. Tickets \$40 for nonmembers of Opera Guild. Funds go to cash awards for Opera contestants.

Nyaho and Julie performing "Africa" by Saint-Saenz in the theater of Green River College at 3:15 today.

No general meeting in February.

Volunteers for helpers for CHC and MAP would be appreciated.

Julie would like someone to step up to take over MAP. This is Julie's 4th year, and she needs a break.

If you are going to participate in both Honors Recitals, they are on the same day. If you have students who will participate in both, notify either Samantha Yeung or Heather Forbes to get their names into the programs. Soon, please.

The financials which are usually included will be sent as an attachment by email.

