Nationwide or Private Workshops

Procedures & Skills 101 and Suturing Essentials

Two days of procedures skills workshops designed by a doctoral prepared, OR Certified, Nurse Practitioner with over 18 years of surgical and procedural experience in a friendly, easy to learn environment. From students to new grads to those who just need a refresher, these courses gain you valuable skills without breaking the bank!

PRIMARY PROCEDURES POWER PACK: This AANP/AAPA approved 8-hour CE Workshop provides you with a full day of important procedures performed by advanced providers. Not just the how, but the why on a variety of procedures including: knee aspirations, knee injections, shoulder injections, carpal tunnel injections, trigger point injections, I and D, nail avulsion and trephination, cryosurgery, cautery use, punch biopsies, and shave biopsies. Price: $479 single workshop

SUTURING ESSENTIALS: This AANP/AAPA approved 7-hour CE Workshop introduces you to the world of suturing. From the beginner to the more advanced who just needs a refresher, this workshop covers everything you need to be comfortable suturing, including instruments and a high-quality suture pad to take home! Price: $469 single workshop

*bundle both workshops together to save $100!

For more details check out our webpage:
www.primaryprocedures.com

To reserve your seat, click: HERE

Sample Schedules Below:

Contact bryan@primaryprocedures.com for more details or call/text 866-2SUTURE
PROCEDURES & SKILLS 101 WORKSHOP SAMPLE SCHEDULE

08:00-9:00  Presentation: *Joint Injection and Aspiration*

9:00-9:45  Lab: Instructor Guided Hands-on to Practice

9:45-10:00  Break

10:00-10:30  Presentation: Nail Avulsions (full and partial) with Ablation

10:30-11:00  Lab: Nail Lab

11:00-11:30  Presentation: Carpel Tunnel Injections

11:30-12:00  Lab: Carpel Tunnel Lab

12:00-12:30  Lunch

12:30-1:15  Presentation: Incision and Drainage

1:15-1:45  Lab: Practice I&D Techniques

1:45-2:15  Presentation: *Trigger Point Assessment and Injections*

2:15-2:40  Lab: Practice Assessment and Skills

2:40-2:55  Break

2:55-3:45  Presentation: *Destruction Methods* (cryo, cautery, shave, punch)

3:45-4:30  Lab: Destructions!

4:30-4:45  Clean-up and Evaluations

SUTURING ESSENTIALS WORKSHOP SAMPLE SCHEDULE

08:00-08:15  Welcome : Introductions

08:15-09:00  Presentation: *The Suturing Environment: More Than Tying a Knot, (Suture Materials and Supplies, Anesthetics, Sterile Environment, Wound Healing, Charting)*

09:00-09:15  Break

09:15-10:45  Presentation: *Suturing: The Basics: Simple Interrupted, Simple Running*

10:45-12:00  Lab: Instructor Guided Practice of Simple Interrupted and Running Sutures

12:00-12:30  Lunch

12:30-1:30  Presentation: *Suturing: Let’s Get Advanced: Vertical Mattress, Horizontal Mattress, Buried Stitches*

1:30-3:45  Lab: Instructor Guided Practice of Vertical and Horizontal Mattress, Buried (more advanced suturing techniques upon request)

3:45-4:00  Clean-up and Evaluations