



Photos by
Matt York Photography

**Promoting independence
for older adults**

FCC Qualifying Charitable Organization

Arizona Taxpayers

Foothills Caring Corps is certified as a Qualifying Charitable Organization. If you are an Arizona taxpayer your donation to Foothills Caring Corps will allow you to claim the AZ Charitable Tax Credit.

Eligibility and Information

- Your contribution allows you to receive a dollar-for-dollar tax credit (\$400 for a married couple, \$200 for single taxpayers) against any income tax calculated on your Arizona Individual Income Tax Return.
- It is **not** necessary to itemize deductions on your AZ tax return.
- The Charitable Tax Credit can be claimed **in addition** to the school tax credits.
- Donate to Foothills Caring Corps by December 31.

How to Donate

- Mail: Foothills Caring Corps, PO Box 831, Carefree, AZ 85377
- Phone: 480.488.1105
- PayPal online at www.FoothillsCaringCorps.com

To learn more visit www.FoothillsCaringCorps.com or
www.azdor.gov/TaxCredits.aspx

Caring Corps, On the Road Again!

Program Update: Van Transportation

"Volunteering with Foothills Caring Corps is a great way to help in our community. The Neighbors we assist are interesting people who are fun to know, and who appreciate our support. I enjoy helping with transportation to grocery shopping, medical appointments, restaurants, recreation, and cultural events. In many cases, FCC provides the only way our Neighbors can participate in these activities."

--Quote from a volunteer van driver



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Matt York Photography

The Van Transportation program continues to provide transportation needs for elderly and persons with disabling conditions in the Carefree, Cave Creek, North Phoenix and North Scottsdale areas. This year we have seen an increase in demand for the services for medical transportations that require a wheelchair accessible van. We are grateful for the ongoing dedication of our volunteer drivers and assistants.

Our vans are also used by surrounding community agencies including churches, the Desert Foothills Library, Good Shepherd of the Hills, Scully Center, Light in the Desert Lutheran, the VA Conference and other events and galas in our area. The community agency drivers are trained as FCC volunteers and often will become ongoing volunteer drivers for the Caring Corps.

Our new partnership with the City of Scottsdale through the Cab Connection program has been a great success. The City of Scottsdale provides vouchers to every eligible Scottsdale resident that can be used on our Caring Corps van trips. With

every voucher that is used on a van trip, the Caring Corps will receive compensation from the City of Scottsdale. This is an important new funding source that will help to keep our vital transportation services going now and in future years.

The Van Transportation program is such a needed part of our community so we have re-doubled our efforts to recruit new volunteers over the last year to meet the needs of this vital and ever expanding service. We continue to get the word out through articles and through presentations at church and community events about our program and the importance of giving back to the community by volunteering with the FCC.

For more information about our programs or if you are interested in volunteering, call 480.488.1105 or email services@foothillscaringcorps.com.

"Because I no longer drive, I would not have a social life without the Caring Corps. I am so thankful for the volunteer drivers and assistants – they truly care about us and it shows!"

--Quote from a Neighbor van rider

Planned Gifts offer a number of Benefits, including Income Tax Deductions



People from all income levels through their planned gifts have contributed to further Foothills Caring Corps' mission. Planned gifts may include bequests in wills, charitable gift annuities, life insurance and retirement plans (among others).

You may also name Foothills Caring Corps as the whole or partial beneficiary of a life insurance policy you own. This allows you to make a commitment with little or no out-of-pocket expense. Should circumstances change, you can always change the beneficiary designation.

To learn more, please send an email to Debbrad@foothillscaringcorps.com or call 480.488.1105.

Planned Giving Definition:

A planned gift is any major gift, made in one's lifetime or at death as part of a donor's overall financial and/or estate planning.

(Whether a donor uses cash, appreciated securities/stock, real estate, artwork, partnership interests, personal property, life insurance, a retirement plan, etc., the benefits of funding a planned gift can make this type of charitable giving very attractive to both donor and charity.)



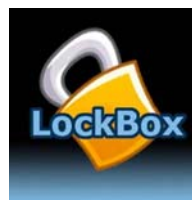
Foothills Caring Corps Navigation & Mobility Transportation in our Region

Jayne Hubbard has been working for the past five years as the Sub Regional Mobility Manager for our NE Maricopa Region. She is our key resource for transportation

information and coordination for Maricopa County. Jayne has been able to work in our area through FCC's annual receipt of a competitive Federal grant award. Throughout these grant years, Jayne has coordinated and collaborated on several Carefree, Cave Creek and Scottsdale projects. Studies and surveys such as the Safe Pedestrian Crossings, MAG Bike/Ped study, the 2012 transportation survey, AARP Safe Driving class, partnership with Scottsdale Cab Connection as well as coordination of use of FCC's 6 vans have been just some of the accomplishments.

"We are here to help assess needs, find the appropriate resources and support making the connections needed to enhance transportation in

our communities to stay on the "move"." Feel free to enlist Jayne's help with mobility and transportation issues. Jayne has worked for Foothills Caring Corps for 9 years both with the Van Coordination and now as the Mobility Manager. Her background includes a BA, MA and Masters of Divinity. Teaching, counseling, and creating healthy communities have been the passion behind the work she does in and for the community.



LOCKBOXES FOR CAREFREE RESIDENTS...

Foothills Caring Corps, Inc., the Town of Carefree, and the Rural Metro Fire Department have developed a pilot program to offer lockboxes to Carefree residents! This Lockbox Program will allow 911 Emergency Responders access to homes in the event of an emergency.

For more information, please call FCC at 480.488.1105. A \$25 donation is requested.



Make a Difference in 2016 - 2017



I have now had the pleasure of leading two Board meetings. The Board is engaged in the work of FCC and committed to those we serve and the volunteers who make it all happen. We are honored to be part of an organization that provides

services to our Neighbors. As you can see from the mailings you receive and the newsletter, FCC has many opportunities for you to support FCC, both financially as well as with your time. We are always looking for individuals to help out at events, along with driving our vans, doing friendly visits or other services. If you have time and energy, call the office to let us know which event and/or service you would like to provide some assistance.

As a reminder, our fiscal year runs from April 1-March 31. Therefore our Annual Campaign counts contributions within that time frame. I know that

most people do not begin to think about making donations until the end of the year when tax time rolls around, but know that we are always excited to see your donations flow into the office! Donations of all sizes are welcomed warmly.

Perhaps you are part of a book club, golf group or bridge group. I encourage you to ask the members to bring a gift card or other item that we can then use to pay for office supplies, grab bars or gas for the vans. If you play for money, perhaps you can all decide that the "pot" regardless of who wins the game, will be donated to FCC. These are wonderful ways to show your support for FCC.

FCC is run by a small but very mighty and committed group of people, most of who are not paid. We exist on a budget that is geared to paying our bills and being able to provide the best services possible to the most people. Thank you to the FCC team, to our donors, our volunteers and to the Neighbors who allow us to be a part of their lives.

Emily Kile
FCC Board President

FCC RECEIVES 2015 STAR AWARD



In early 2016, a review team of 17 professionals in transportation, volunteerism, and aging was convened by the National Volunteer Transportation Center (NVTC) to select winners

of the 2015 STAR Awards for volunteer transportation service delivery. The awards are intended to recognize outstanding volunteer transportation programs and enable winners to continue the involvement of their volunteer drivers in promoting and providing transportation services.

In May, Foothills Caring Corps won the 2015 STAR Award for Quality. This year the STAR Awards were presented by Toyota Motor Corporation.

Foothills Caring Corps was honored to accept the presentation and award at the Community Transportation Association of America 2016 EXPO in Portland, Oregon.

How does exercise help prevent falls?

Getting regular exercise is one way to prevent falls and fractures that result from falls. Exercise keeps muscles and bones strong and improves balance. It also helps keep joints, tendons, and ligaments flexible. In turn, your balance and the way you walk may improve, lowering your risk of falling.

Your doctor or a physical therapist can help you plan an exercise program that is right for you. A supervised group program, such as Silver Sneakers can improve your balance and gait. Doing strength and balance exercises at home can also reduce your risk of falls.

Foothills Caring Corps provides transportation to these classes through our van program.

If you would like more information about Silver Sneakers, please call the YMCA at 480.596.9622.



Sponsorships are still available for our 2016 Golf Tournament

Contact Foothills Caring Corps at 480.488.1105

Foothills Caring Corps 6th Annual Golf Tournament Monday, November 14, 2016

CORPORATE & INDIVIDUAL SPONSORSHIP LEVELS

Title: \$25,000

4 foursomes (16 players) for the tournament
Special recognition at awards presentation and on the course
Special Recognition on the invitation, program and our newsletter
Banner, VIP parking, other special benefits

Gold: \$15,000

3 foursomes (12 players) for the tournament
Special recognition at awards presentation and on the course
Special Recognition on the invitation, program and our newsletter

Silver: \$10,000

2 foursomes (8 players) for the tournament
Special recognition at awards presentation and on the course
Recognition on the invitation, program and our newsletter

Bronze: \$5,000

1 foursome (4 players) for the tournament
Special recognition at awards presentation and on the course
Recognition on the invitation, program and our newsletter

Hole: \$1,500

2 players for the tournament
Signage recognition on one (1) hole
Recognition on the program and our newsletter

Other Donations Accepted



Photos by
Rick Scuteri



MIRABEL

8:30 am
Continental Breakfast
and Registration

10:00 am
Shotgun Start

2:30 pm
Hors d'oeuvres Reception
Golf Prizes and Awards
Silent Auction / Raffle Items



Each sponsorship includes special event recognition, VIP benefits
and recognition in publicity for the Golf Tournament.

For more information on becoming a sponsor, please call 480.488.1105

www.FoothillsCaringCorps.com

 **FOOTHILLS**
CaringCORPS

**The following Support Groups
meet at**

Desert Mission United
Methodist Church
7373 N. Dixileta Drive, Scottsdale
480.595.1814

**North Scottsdale
Alzheimer's Support Group**
Second & Fourth Wednesdays

June 22
July 13
10:30 am - 12 pm

Parkinson's Support Group
First Thursdays
July 7
August 4
10:30 am - 12 pm

FCC Dates to Remember

Volunteer Orientation

Second Thursdays
July 14
August 11
September 8
9-11 am
Suite B101

**Van Transportation
Training - Level I**
(Date changed from June 16)

June 22
July 21
August 18
9-11 am
Suite B101



P.O. Box 831
Carefree, AZ 85377

7275 E. Easy St. Ste B103
PO Box 831
Carefree, AZ 85377

Phone: 480.488.1105
Fax: 480.488.8117

FCC Office Hours
Monday - Friday
8:30 am - 4:30 pm

"Always do your best. What
you plant now, you will harvest
later."

Og Mandino



7275 E. Easy Street
Suite B103
P.O. Box 831
Carefree, AZ 85377
480.488.1105

Services@FoothillsCaringCorps.com
www.FoothillsCaringCorps.com

We're on the web!
FoothillsCaringCorps.com

Promoting independence
for older adults