



IWUF-MEC-2020-02

May 13th , 2020

To: IWUF Members

Re: Debut of the IWUF Online Wushu Classroom

Dear President,
Dear Secretary General,

During the global fight against the COVID-19 pandemic, and in response to the call of wushu enthusiasts, the International Wushu Federation is going to launch an Online Wushu Classroom Project on May 15, 2020, free of charge to all global wushu practitioners and the general public.

We believe our online teaching courses will inspire all wushu athletes, coaches, and wushu enthusiasts from around the world, and will help guide everyone to strengthen their physical fitness. Wushu has long been known to greatly improve people's health and well-being, and now especially in this difficult time we hope these courses will bring a boost of physical and mental health to wushu enthusiasts around the world.

About the IWUF Online Wushu Classroom

The IWUF Online Wushu Classroom will offer exciting and informative virtual classes live on Zoom and subsequently archived on the IWUF Youtube channel WushuTV. Here is a summary of what to expect:

1. Activity Type: Live Streaming & Video Recording; Workshop & Lecture
2. Duration: one hour for each session
3. Instructors: World-class wushu coaches, judges, athletes, teachers and experts from different countries and regions.
4. Topics: Competitive wushu, traditional wushu, wushu culture, etc.
5. Platforms: Zoom; Wushu TV

Zoom ID:709 156 9636; Zoom Link: <https://zoom.us/j/7091569636>

Wushu TV: [Youtube.com/user/iwufwushu](https://www.youtube.com/user/iwufwushu)

The First Week's Schedule: Taiji Live Courses

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9 Huaweili, Chaoyang District, 100021 Beijing, China
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Date	Beijing Time	Instructor	Country (Region)	Instructor Introduction	Activity Type	Topic	Language
2020/5/15 (Friday)	15:00	Jack Chang LOH	Malaysia	Deputy President of Athletes' Commission Olympic Council of Malaysia; Multi-time Taijiquan Champion in the World Wushu Championships & World Taijiquan Championships	Training	Taiji Basic Stances	English
2020/5/16 (Saturday)	15:00	Dong ZHU	China	Professor, Doctoral Supervisor at Shanghai University of Sport (SUS); Deputy Dean of the School of International Education at SUS	Training	Taiji Exercise at Home (Primary Version)	English
2020/5/17 (Sunday)	15:00	Jack Chang LOH	Malaysia	Deputy President of Athletes' Commission Olympic Council of Malaysia; Multi-time Taijiquan Champion in the World Wushu Championships & World Taijiquan Championships	Training	Taiji Basic Stance Movements	English
2020/5/18 (Monday)	15:00	Junfa WANG	China	Professor at Qufu Normal University; Deputy Director of the Wushu Competition Department of the 2008 Beijing Olympic Games	Training	Eight Form Taiji-1	English
2020/5/19 (Tuesday)	15:00				Training	Eight Form Taiji-2	English
2020/5/20 (Wednesday)	15:00	Jianhui LAI	China	Teacher at Shanghai University of Sport; Yang Style Taijiquan Champion at National Taijiquan Championships	Training	Taiji and Health	English
2020/5/21 (Thursday)	15:00	Dong ZHU	China	Professor, Doctoral Supervisor at Shanghai University of Sport (SUS); Deputy Dean of the School of International Education at SUS	Training	Taiji Exercise at Home (Intermediate Version)	English

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We are all in this together, and the IWUF remains fully committed to the support of our global wushu family. Please help us spread the word about the new Online Wushu Classroom, and we look forward to your participation and welcome any feedback. We hope this new online venue for wushu will also help more people discover wushu worldwide. Together, we will emerge from this crisis stronger than before.

Kind regards,

Zhang Qiuping
Secretary General, IWUF



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