



**The Arbor Learning Community  
COVID-19 Plan  
For Use from August 2021 - May 2022**

**COVID-19**

Coronavirus disease 2019 (COVID-19) is an infectious respiratory illness.

SARS-CoV-2, the virus that causes COVID-19, is spread mainly from person-to-person contact between people who are in close contact with one another primarily through aerosols (airborne transmission), and less frequently by droplets, when an infected person coughs, sneezes, exhales, or talks; although less common, it may also be spread when a person touches a contaminated object and then touches their eyes, nose, or mouth. It may be spread by people who are not showing symptoms. Since particles containing the virus can travel more than six feet, especially indoors, physical distancing, face coverings, increased ventilation indoors, and respiratory protection can all decrease the spread of COVID-19, but are most effective when used in combination.

**Key Prevention Practices**

The Arbor will follow these key prevention practices: use of face coverings, regular cleaning and disinfection, frequent hand washing, and improved ventilation.

**Face Coverings**

Arbor students, unvaccinated staff, and visitors older than 2 years of age are required to wear a face mask indoors, except when eating or drinking. When sharing indoor spaces with students, vaccinated Arbor staff are required to wear a face mask, except when drinking; at other times, face masks are highly encouraged, but not required. Volunteers are required to wear a mask during their shift, regardless of whether it is indoors or outdoors and regardless of vaccination status. (A medical (surgical) face mask is recommended, or a cloth mask with two cloth layers and a filter in the middle; gaiters and face shields alone without a mask underneath are not permitted, except that persons exempted from wearing a face covering due to a medical condition must wear a non-restrictive alternative, such as a face shield with a drape on the bottom edge, as long as their condition permits it.

Face masks are optional outdoors for employees, contractors, and students, such as at lunch and break and during classes held in the courtyard, including Ceramics, Multi-Media Art, Chess, and Study Hall.

### **Cleaning and Disinfecting**

Classrooms and high use surfaces will be cleaned daily with EPA COVID-19 approved disinfectants; lunch tables will be cleaned before and after break and lunch.

### **Frequent Handwashing and/or Sanitizing**

Arbor students, staff, and volunteers should wash hands with soap and warm water often, for a minimum of 20 seconds; should avoid contact with eyes, nose, and mouth; and should cover coughs and sneezes. Students will be encouraged to wash hands after using the bathroom and before and after break and lunch, and additional sinks will be available. Hand sanitizer (at least 60% ethanol or 70% isopropanol) will be available in each classroom and in stations around the campus. When hands are visibly dirty, soap and water is recommended over hand sanitizer.

### **Ventilation**

Ventilation will be optimized per CDPH guidance, including the opening of windows in indoor classrooms as much as possible and the use of in-room (portable) air cleaners in all indoor classrooms.

## **COVID-19 Symptom Screening, Protocols for Isolation, Quarantine, and Returning to Class**

**Students, staff, volunteers, and visitors may not come to The Arbor if any of the following apply:**

- The student, staff member, volunteer, or visitor is feeling ill
- The student, staff member, volunteer, or visitor has symptoms consistent with COVID-19 (See below.)

### **Self-Screening for Symptoms of COVID-19**

Before leaving home in the morning, all Arbor parents and guardians must screen their students for the symptoms of COVID-19 listed below; staff and volunteers are required to self-screen; visitors to campus (including family members and guardians) must self-screen or be screened by a parent or guardian.

- Fever greater than 100.4 degrees Fahrenheit
- Cough

- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting or diarrhea

Individuals should seek emergency medical attention if symptoms become severe, including trouble breathing, persistent pain or pressure in the chest, confusion, inability to wake or stay awake, or bluish lips or face. Call 911 or call ahead to your local emergency facility.

### **COVID-19 Testing**

Getting tested for SARS-CoV-2 as soon as possible is recommended for students, staff, and volunteers exhibiting COVID-19 symptoms. This [link](#) provides additional information regarding testing.

If any student, staff member, or volunteer receives a positive SARS-CoV-2 (COVID-19) diagnosis, please notify The Arbor immediately.

For students, please email [attendance@theaborlearningcommunity.com](mailto:attendance@theaborlearningcommunity.com) or call (714) 340-3433. For staff, please text Deanna or email her at [deanna.sabri@theaborlearningcommunity.com](mailto:deanna.sabri@theaborlearningcommunity.com). For volunteers, please text Esther or email her at [esther.cha@theaborlearningcommunity.com](mailto:esther.cha@theaborlearningcommunity.com).

### **Before Returning to Class**

Students, staff, and volunteers who have had symptoms consistent with or a diagnosis of COVID-19 infection may return for in-person instruction after having met California Department of Public Health (CDPH) criteria to discontinue home isolation below:

- At least 24 hours have passed since resolution of fever without the use of fever-reducing medications; AND
- Other symptoms have improved; AND
- They have a negative test for SARS-CoV-2, OR a health care provider has provided documentation that the symptoms are typical of their underlying chronic condition (e.g., allergies or asthma) OR a healthcare provider has confirmed an alternative named diagnoses, OR at least 10 days have passed since symptom onset.
- Individuals who test positive for SARS-CoV-2 who never develop symptoms may return to work or school 10 days after the date of their first positive test for SARS-CoV-2.

Should home isolation be necessary, students who are feeling well are encouraged to keep up with their class via content posted on Canvas.

### **Becoming Symptomatic While at The Arbor**

If symptoms develop while at The Arbor or if a student is not feeling well, Arbor staff will call the student's parents to pick them up. Students will be isolated while waiting to be picked up. If a staff member or volunteer is not feeling well, they will be sent home.

### **Isolation & Quarantine for Asymptomatic Individuals Who Were Close Contacts of a COVID-19 Diagnosed Individual Outside of The Arbor**

Excluding students, staff, and volunteers who are fully vaccinated (See below.) or who have had COVID-19 in the last 3 months, asymptomatic students, staff members, and volunteers must quarantine if either of the following apply:

- The unvaccinated student, staff member, or volunteer lives with a person who has been diagnosed with COVID-19
- The unvaccinated student, staff member, or volunteer has had close contact with a person who has been diagnosed with COVID-19
- (See below for Modified 10-Day Quarantine for Asymptomatic Students Who Were Close Contacts of a COVID-19 Diagnosed Individual While at The Arbor)

Fully vaccinated asymptomatic Arbor students, staff, and volunteers are required to get tested within 3-5 days of exposure to someone with suspected or confirmed COVID-19. Fully vaccinated Arbor staff must wear a mask indoors at all times for 14 days after exposure or until they receive a negative test result.

### **Contact Tracing and Communication**

#### **Contact Tracing**

Close contacts of confirmed cases of COVID-19 will be notified and may be required to isolate at home and miss class, according to the guidelines for Before Returning to Class above and the Modified 10-Day Quarantine policy below.

A **close contact** is defined as someone who spent a total of 15 minutes or more over a 24-hour period indoors within 6 feet of a person who has been diagnosed with COVID-19, while they were contagious.

**Modified 10-Day Quarantine for Asymptomatic Students Who Were Identified to be Close Contacts of a COVID-19 Diagnosed Individual While at The Arbor**

If an unvaccinated student was determined to be a close contact at The Arbor while both individuals were wearing masks, for 10 days from exposure the student may continue to attend Arbor classes in person if they:

- a. Are asymptomatic; AND
- b. Continue to appropriately mask; AND
- c. Undergo at least twice weekly testing during the 10-day quarantine; AND
- d. Continue to quarantine from all special events (such as Fall Showcase)

**Communication Plan**

If a student, staff member, or volunteer has been in the same classroom within 10 days as an individual with a confirmed COVID-19 diagnosis, The Arbor will notify these exposed individuals via email. In addition, The Arbor will notify the OC Health Care Agency and charters for whom we are a vendor, as required.

**Outbreak**

In the case of an outbreak, defined as 3 or more cases within a 14 day period, in-person operations may be temporarily suspended if necessary; families, staff, and volunteers will be notified; reopening plans will be developed.

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*Updated September 23, 2021, and subject to future local, state, and federal guidance*

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**Primary Resource for Developing this Document**

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/K-12-Guidance-2021-22-School-Year.aspx> (8/2/2021)