

# PRESCHOOL DAILY SCHEDULE

- 6:45 – 9:30 Greet Families/Family Grouping (6:45 – 7:30)  
Morning Snack  
Washroom/Diaper Change/Hand Hygiene Routine  
Planned & Spontaneous Learning Experiences – Individual & Small Group Play  
Tidy Up Routine
- 9:30 – 11:00 Washroom/Diaper Change Routine  
Get Ready for Outdoors/Transition Activity  
Outdoor Time (1hr)  
Undress from Outdoors/Transition Activity  
Hand Hygiene Routine/Transition Activity
- 11:00 - 11:30 Large Group Time (singing, fingerplays, stories, music, etc)
- 11:30 – 12:30 Lunch  
Washroom/Diaper Change Routine  
Hand & Face Hygiene Routine
- 12:30 – 2:30 Quiet Time (rest/relaxation/quiet activity)
- 2:15 – 4:00 Washroom/Diaper Change Routine  
Afternoon Snack  
Planned & Spontaneous Learning Experiences – Individual & Small Group Play  
Tidy Up Routine
- 4:00 – 5:30 Get Ready for Outdoors  
Outdoor Time (1 hr)  
Undress from Outdoors  
Washroom/Diaper Change/Hand Hygiene Routine
- 5:30 – 6:30 Planned & Spontaneous Learning Experiences  
Late Snack  
Family Grouping/Greet Families

**Please note:** This schedule is flexible based on the needs and interests of the children. Outdoor Time is subject to weather conditions. During periods of inclement weather, children will engage in indoor gross motor/active play experiences.