

# Eli's Gourmet Cooking



FOOD FROM THE HEART

Whether you are looking to meet up or dress up we make your get togethers memorable!

**HOME GATHERINGS • WEDDINGS & REHEARSAL DINNERS • MEETINGS • FUNDRAISERS**  
**BAR & BAT MITZVAHS • BRIS AND BABY NAMINGS • SHIVA PLATTERS**



Safe distanced, individually wrapped box meals available!

**PLANT- CENTRIC & TOTALLY KOSHER**

**VEGAN & GLUTEN FREE SPECIALTIES • CAL- MEDITERRANEAN INFLUENCES**

Majority of menu options are dairy, nut, soy and gluten free

What Clients Are Saying:

*We had our daughter's socially distant bat mitzvah brunch catered by Eli. The food was wonderful, he was completely flexible in menu choices, and he's easy to work with. He boxed each guest's food separately with their name on it, as each person had pre-ordered their choices. In this way we were assured of conforming to Covid protocols and able to keep some sense of normality. Eli was able to carry off this somewhat complicated arrangement without a hitch. Highly recommended! - Peter W., Albany*

*"Eli executes flawlessly. This is the third time we have used him since he started his catering business 10 years ago and he always pleases. Several of our guests took his card because they want to use him for their events. That is high praise indeed. - Allen K., Berkeley*

*Eli offered us a variety of menu options and helped us choose a delicious buffet that everyone could eat, including adults with dietary restrictions and kids who want something more basic. Everything was clearly marked to show what was vegan, gluten free, etc. And his desserts are FABULOUS." - Andrea D, Berkeley*

**CONTACT US FOR A QUOTE**  
**[eli@elisgourmetcooking.com](mailto:eli@elisgourmetcooking.com)**  
**510-912-8235**

## MENU OPTIONS

### Dinner, Lunch, Brunch & Standing Receptions

Depending on budget, we work with you to create a custom Menu with per person basis or per platter depending on the number in your group. Ingredients are all natural and made in-house by our chef and his team.

FINGER FOOD • PLATTERS • SCHMEARS & DIPS  
MEDITERRANEAN FAVORITES  
VEGETABLE SALADS  
SAVORY QUICHES & GALETTES • PASTA BOWLS  
SOUPS & STEWS • PESCATARIAN ENTREES  
SWEETS & TREATS

#### EVENT PLANNING SERVICES

Flowers, Linens, Furniture Rentals,  
Audio Visual, Delivery & Cleanup

We make entertaining easy!



*“Our guests raved about the food and many brought home doggie bags because they just couldn't get enough. Everything was really delicious. I couldn't have higher praise for Eli and his cooking.”*

– Jenna C, Oakland



## MEET THE CHEF!

For many years while a biology research scientist, I cooked privately for the pleasure of nourishing my family and friends.

Eventually, I realized that I enjoyed cooking even more than my laboratory work! So, after a long and successful career, I decided to devote my attention to my other passion – and in 2010 Eli's Gourmet Cooking was born.

With the wide range of produce produced year-round in Northern California, and an increasing public awareness of the unique tastes and healthy properties of Israeli and Middle Eastern cuisine; whether you are planning a special event for 20 or 200, my goal is to bring a smile to your taste buds at an affordable price.

I hope to feed you and your guests soon.

[eli@elisgourmetcooking](mailto:eli@elisgourmetcooking)  
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