

## Sexual Anatomy & Reproduction Assessment

1. Which of the following are true about puberty blockers? (Select all that apply)
  - a. Suppress the development of secondary sex characteristics and sexual maturation
  - b. They are necessary for a gender transition
  - c. Delay the onset of natal puberty
  - d. Effects are temporary and reversible
  
2. People born with a range of internal or external sex characteristics that do not fit society's traditional binary understanding of male or female bodies may \_\_\_\_\_. (Select all that apply)
  - a. Identify as male or female
  - b. Identify as intersex
  - c. Have a complete set of both reproductive organs
  - d. Not identify as part of the LGBTQ community
  
3. During puberty, folks of all genders may experience \_\_\_\_\_. (Select all that apply)
  - a. Breast development
  - b. Voice changes
  - c. Production of eggs/sperm
  - d. Changes to genitalia
  
4. Physiological reasons why anal sex can feel pleasurable include (Select all that apply)
  - a. Anal tissue becomes erect when stimulated
  - b. The rectum lubrication during arousal
  - c. Prostate can be stimulated through anal penetration
  - d. The area around the anus contains many nerve endings
  
5. Testes produce \_\_\_\_\_. (Select all correct answers)
  - a. Sperm
  - b. Testosterone
  - c. Seminal fluid
  - d. Progesterone
  
6. The purpose of the scrotum is to \_\_\_\_\_. (Select all that apply)
  - a. Produce sperm and testosterone
  - b. Protect the testicles
  - c. Regulate temperature of sperm
  - d. Produce seminal fluid
  
7. Sperm can survive up to \_\_\_\_\_ in a vagina, uterus, or fallopian tubes. (Select the best answer)
  - a. 5 – 7 hours

- b. 5 – 7 days
  - c. 5 – 7 weeks
  - d. 5 – 7 minutes
8. Sperm makes up only 5% of semen. The rest consists of fluids produced by the \_\_\_\_\_. (Select all that apply)
- a. Prostate
  - b. Bladder
  - c. Seminal Vesicles
  - d. Epididymis
9. People may experience erections \_\_\_\_\_. (Select all that apply)
- a. At puberty
  - b. During infancy
  - c. In utero
  - d. While asleep
10. Circumcision is the removal of the \_\_\_\_\_ from the penis. (Select the best answer)
- a. Foreskin
  - b. Vas Deferens
  - c. Scrotum
  - d. Glans
11. The average adult penis is approximately \_\_\_\_\_ long when erect. (Select the best answer)
- a. 2 – 4 inches
  - b. 5 – 7 inches
  - c. 8 – 9 inches
  - d. 9 – 11 inches
12. \_\_\_\_\_ come(s) from the ovaries. (Select all that apply)
- a. Ova
  - b. Fimbria
  - c. Menstrual fluid
  - d. Estrogen
13. People with ovaries are born with all of their eggs/ova. At what point do the ova begin to mature? (Select the best answer)
- a. At birth
  - b. At onset of puberty
  - c. At onset of menopause
  - d. In utero
14. The \_\_\_\_\_ is shed during menstruation. (Select the best answer)
- a. Ovum

- b. Endometrium
  - c. Cervical discharge
  - d. Hymen
15. What part of the body is between the vagina and the uterus? (Select the best answer)
- a. Pubic bone
  - b. Hymen
  - c. Cervix
  - d. Fimbria
16. Which body parts are included in the vulva? (Select all that apply)
- a. Vaginal opening
  - b. Clitoris
  - c. Labia
  - d. Uterus
17. What is the purpose of the clitoris? (Select the best answer)
- a. Urination
  - b. Hormone production
  - c. Pleasure
  - d. Fertility
18. Which of the following are true about vaginal secretions? (Select all that apply)
- a. Are perfectly normal
  - b. Help lubricate the vagina
  - c. Commonly have a strong odor
  - d. Are how the vagina cleans itself
19. \_\_\_\_\_ + \_\_\_\_\_ + \_\_\_\_\_ = Pregnancy (Select the best answer)
- a. Ovulation + Menstruation + Ejaculation
  - b. Ejaculation + Fertilization + Menstruation
  - c. Ovulation + Ejaculation + Implantation
  - d. Ovulation + Fertilization + Implantation
20. After ovulation an egg is viable for \_\_\_\_\_. (Select the best answer)
- a. 12 – 24 hours
  - b. 3 – 5 days
  - c. 1 week
  - d. 2 weeks



## Sexual Anatomy and Reproduction

### Content Knowledge Assessment Answer Key

Question #	Correct Answer
Question 1	a, c & d
Question 2	a, b & d
Question 3	a, b & d
Question 4	c & d
Question 5	a & b
Question 6	b & c
Question 7	b
Question 8	a & c
Question 9	all
Question 10	a
Question 11	b
Question 12	a & d
Question 13	b
Question 14	b
Question 15	c
Question 16	a, b & c
Question 17	c
Question 18	a, b & d
Question 19	d
Question 20	a

**Sexual Anatomy and Reproduction: Assessment Question Resources**

Q	Topic	Citation	Summary
1	Puberty blockers	“What are puberty blockers?” <i>Planned Parenthood Federation of America</i> , <a href="https://www.plannedparenthood.org/learn/teens/puberty/what-are-puberty-blockers">https://www.plannedparenthood.org/learn/teens/puberty/what-are-puberty-blockers</a> .	Information on the two kinds of puberty blockers.
2	Intersex traits	“What’s intersex?” <i>Planned Parenthood Federation of America</i> , <a href="https://www.plannedparenthood.org/learn/sexual-orientation-gender/gender-gender-identity/whats-intersex">https://www.plannedparenthood.org/learn/sexual-orientation-gender/gender-gender-identity/whats-intersex</a> .	Provides definition of intersex, the difference between intersex and gender identity, importance of open conversations about gender.
3	Puberty characteristics	“Puberty.” <i>Planned Parenthood Federation of America</i> , <a href="https://www.plannedparenthood.org/learn/teens/puberty">https://www.plannedparenthood.org/learn/teens/puberty</a> .	Section that provides an overview of puberty. Addresses what happens to the body, what happens to emotions and feelings.
		Corinna, Heather. “Not Everything You Wanted To Know About Puberty (But Pretty Darn Close).” <i>Scarleteen: Sex Ed for the Real World</i> , <a href="http://www.scarleteen.com/article/bodies/not_everything_you_wanted_to_know_about_puberty_but_pretty_darn_close">http://www.scarleteen.com/article/bodies/not_everything_you_wanted_to_know_about_puberty_but_pretty_darn_close</a> .	Inclusive overview of puberty. Includes stages of puberty for testes, uterus, and every body.
4	Anal sex	Corinna, Heather. “With Pleasure: A View of Whole Sexual Anatomy for Every Body.” <i>Scarleteen: Sex Ed For The Real World</i> , <a href="http://www.scarleteen.com/article/bodies/with_pleasure_a_view_of_whole_sexual_anatomy_for_every_body">http://www.scarleteen.com/article/bodies/with_pleasure_a_view_of_whole_sexual_anatomy_for_every_body</a> .	“The Anus, rectum and perianal region” section answers question.

5	Testes	<p>Corinna, Heather. "Innies &amp; Outies: The Penis, Testes, and more." <i>Scarleteen: Sex Ed For The Real World</i>, <a href="http://www.scarleteen.com/article/bodies/anatomy_mans_best_friend_male_sexual_anatomy">http://www.scarleteen.com/article/bodies/anatomy_mans_best_friend_male_sexual_anatomy</a>.</p>	"The Family Jewels" section answers question.
		<p>Joannides, Paul. "Chapter 5: On The Penis." <i>Guide to Getting It On</i>, Goofy Foot Press, 1997. <a href="#">Purchase this book through Amazon</a> or your local bookseller.</p>	
6	Scrotum	<p>Corinna, Heather. "Innies &amp; Outies: The Penis, Testes, and more." <i>Scarleteen: Sex Ed For The Real World</i>, <a href="http://www.scarleteen.com/article/bodies/anatomy_mans_best_friend_male_sexual_anatomy">http://www.scarleteen.com/article/bodies/anatomy_mans_best_friend_male_sexual_anatomy</a>.</p>	"The Family Jewels" section answers question.
7	Sperm survival	<p>Corinna, Heather. "Innies &amp; Outies: The Penis, Testes, and more." <i>Scarleteen: Sex Ed For The Real World</i>, <a href="http://www.scarleteen.com/article/bodies/anatomy_mans_best_friend_male_sexual_anatomy">http://www.scarleteen.com/article/bodies/anatomy_mans_best_friend_male_sexual_anatomy</a>.</p>	"The Family Jewels" section answers question.
8	Semen production	<p>Corinna, Heather. "Innies &amp; Outies: The Penis, Testes, and more." <i>Scarleteen: Sex Ed For The Real World</i>, <a href="http://www.scarleteen.com/article/bodies/anatomy_mans_best_friend_male_sexual_anatomy">http://www.scarleteen.com/article/bodies/anatomy_mans_best_friend_male_sexual_anatomy</a>.</p>	"The Family Jewels" section answers question.
9	Erections	<p>Corinna, Heather. "Innies &amp; Outies: The Penis, Testes, and more." <i>Scarleteen: Sex Ed For The Real World</i>, <a href="http://www.scarleteen.com/article/bodies/anatomy_mans_best_friend_male_sexual_anatomy">http://www.scarleteen.com/article/bodies/anatomy_mans_best_friend_male_sexual_anatomy</a>.</p>	"The Family Jewels" section answers question.

10	Circumcision	Corinna, Heather. "Innies & Outies: The Penis, Testes, and more." <i>Scarleteen: Sex Ed For The Real World</i> , <a href="http://www.scarleteen.com/article/bodies/anatomy_mans_best_friend_male_sexual_anatomy">http://www.scarleteen.com/article/bodies/anatomy_mans_best_friend_male_sexual_anatomy</a> .	"Consider the Penis" section answers question.
11	Size of average adult penis	Corinna, Heather. "Innies & Outies: The Penis, Testes, and more." <i>Scarleteen: Sex Ed For The Real World</i> , <a href="http://www.scarleteen.com/article/bodies/anatomy_mans_best_friend_male_sexual_anatomy">http://www.scarleteen.com/article/bodies/anatomy_mans_best_friend_male_sexual_anatomy</a> .	"How Big Is It Supposed To Be?" section answers question.
12	Ova/Ovaries	Corinna, Heather and Isabella Rotman. "Human Reproduction: A Seafarer's Guide." <i>Scarleteen: Sex Ed For The Real World</i> , <a href="http://www.scarleteen.com/article/bodies/where_did_i_come_from_a_refresher_course_in_human_reproduction">http://www.scarleteen.com/article/bodies/where_did_i_come_from_a_refresher_course_in_human_reproduction</a> .	Article provides an overview of pregnancy and reproduction.
13	Ova/Ovaries maturation	Nagourney, Eric. "What Happened to All Those Eggs?" <i>New York Times</i> , 2013, <a href="https://www.nytimes.com/2013/02/01/booming/womens-eggs-diminish-with-age.html">https://www.nytimes.com/2013/02/01/booming/womens-eggs-diminish-with-age.html</a> .	Article explains what happens to ova throughout the life, how people with ovaries are born with all their eggs. Article is heavily influence by gender binary.
14	Menstruation	"Glossary." <i>Planned Parenthood Federation of America</i> , <a href="https://www.plannedparenthood.org/learn/glossary">https://www.plannedparenthood.org/learn/glossary</a> .	Scroll to: Endometrium. Provides definition of term that answers question.
15	Typical sex organs of	"What are the parts of the female sexual anatomy?" <i>Planned Parenthood Federation of America</i> , <a href="https://www.plannedparenthood.org/learn/health-">https://www.plannedparenthood.org/learn/health-</a>	Definition of sexual organs for people with vaginas. Define labia, clitoris,

	people with Vaginas	<a href="https://www.plannedparenthood.org/learn/health-and-wellness/sexual-and-reproductive-anatomy/what-are-parts-female-sexual-anatomy">and-wellness/sexual-and-reproductive-anatomy/what-are-parts-female-sexual-anatomy</a> .	urethra, vagina opening, anus, mons pubis.
16	Vulva anatomy	“What are the parts of the female sexual anatomy?” <i>Planned Parenthood Federation of America</i> , <a href="https://www.plannedparenthood.org/learn/health-and-wellness/sexual-and-reproductive-anatomy/what-are-parts-female-sexual-anatomy">https://www.plannedparenthood.org/learn/health-and-wellness/sexual-and-reproductive-anatomy/what-are-parts-female-sexual-anatomy</a> .	See above.
17	Clitoris	Corinna, Heather. “Innies & Outies: The Vagina, Clitoris, Uterus, and More.” <i>Scarleteen: Sex Ed For The Real World</i> , <a href="http://www.scarleteen.com/article/bodies/innies_outies_the_vagina_clitoris_uterus_and_more?language=es">http://www.scarleteen.com/article/bodies/innies_outies_the_vagina_clitoris_uterus_and_more?language=es</a> .	Article provides an overview of the anatomy of the vulva. Section “The Infamous Clitoris” answers question.
18	Vaginal secretions	Corinna, Heather. “Honorably Discharged: A Guide to Vaginal Secretions.” <i>Scarleteen: Sex Ed For The Real World</i> , <a href="http://www.scarleteen.com/article/bodies/honorably_discharged_a_guide_to_vaginal_secretions">http://www.scarleteen.com/article/bodies/honorably_discharged_a_guide_to_vaginal_secretions</a> .	Provides an overview of normal discharge, signs of infection, and ways to avoid infections.
19	What creates a pregnancy	“How Do You Get Pregnant? Planned Parenthood Video.” <i>YouTube</i> , uploaded by Planned Parenthood, 8 December 2015, <a href="https://www.youtube.com/watch?v=n04NPtZI4QQ">https://www.youtube.com/watch?v=n04NPtZI4QQ</a> .	Short two-minute video that describes how pregnancy works. Clear visuals and animation.
20	Ovulation, viability of eggs after ovulation	“How Do You Get Pregnant? Planned Parenthood Video.” <i>YouTube</i> , uploaded by Planned Parenthood, 8 December 2015, <a href="https://www.youtube.com/watch?v=n04NPtZI4QQ">https://www.youtube.com/watch?v=n04NPtZI4QQ</a> .	See above.



**Sexual Anatomy and Reproduction General Resources**

Citation	Summary
Spark*ED Course: Anatomy and Reproduction <a href="http://www.sparked.net">www.sparked.net</a>	Online self-paced course on teaching about anatomy and reproduction.
“Fundamentals of Anatomy and Reproduction.” Planned Parenthood of the Greater Northwest and Hawaiian Islands, 2019. <a href="https://secureservercdn.net/72.167.241.134/r87.331.myftpupload.com/wp-content/uploads/2020/04/Fundamentals-of-Teaching-Sexuality.pdf">https://secureservercdn.net/72.167.241.134/r87.331.myftpupload.com/wp-content/uploads/2020/04/Fundamentals-of-Teaching-Sexuality.pdf</a>	A concise, informative one pager!
Joannides, Paul. Guide to Getting It On. Goofy Foot Press, 1997. <a href="https://www.amazon.com/s?k=Guide+to+Getting+It+On&amp;ref=nb_sb_noss_2">https://www.amazon.com/s?k=Guide+to+Getting+It+On&amp;ref=nb_sb_noss_2</a>	This book offers detailed, sex and pleasure positive descriptions of the body and systems. There are many editions with the most recent released in 2017.
Corinna, Heather. “Your Body, An Owner’s Manual.” S.E.X.: The All-You-Need-to-Know Sexuality Guide to Get You Through Your Teens and Twenties, 2016. <i>Purchase this book through Amazon</i> or your local bookseller.	Published in 2016. This book is body and sex positive, but is gendered in its presentation of anatomy.
“Bodies 101.” Tabu, <a href="https://talktabu.com/bodies/">https://talktabu.com/bodies/</a> .	This web-resource offers factual, clear descriptions of vaginal and penile anatomy, a page dedicated to learning about the anatomy of sexual pleasure, and a section about the menstrual cycle and pregnancy.
Corinna, Heather. “With Pleasure: A View of Whole Sexual Anatomy for Every Body.” Scarleteen: Sex Ed For The Real World, <a href="http://www.scarleteen.com/article/bodies/with_pleasure_a_view_of_whole_sexual_anatomy_for_every_body">http://www.scarleteen.com/article/bodies/with_pleasure_a_view_of_whole_sexual_anatomy_for_every_body</a> .	Thorough, sex positive, pleasure positive and inclusive overview of sexual anatomy.