

## 2019 EMU Warmest Masters LCM Meet - 7/21/2019

## Results

**Women 18-24 50 LC Meter Freestyle**  
1 Silverson, Libby 19 MICH-MI 33.23

**Women 18-24 100 LC Meter Freestyle**  
1 Karas, Krystal 22 MICH-MI 1:05.79  
31.64 1:05.79  
2 Silverson, Libby 19 MICH-MI 1:14.93  
35.18 1:14.93

**Women 18-24 200 LC Meter Freestyle**  
1 Karas, Krystal 22 MICH-MI 2:29.53  
35.37 1:13.57 1:50.74 2:29.53

**Women 18-24 400 LC Meter Freestyle**  
1 Silverson, Libby 19 MICH-MI 5:54.01  
39.30 1:23.73 2:08.99 2:53.99  
3:39.33 4:24.41 5:10.06 5:54.01

**Women 18-24 50 LC Meter Breaststroke**  
1 Silverson, Libby 19 MICH-MI 48.40

**Women 18-24 50 LC Meter Butterfly**  
1 Silverson, Libby 19 MICH-MI 36.25

**Women 18-24 200 LC Meter IM**  
1 Silverson, Libby 19 MICH-MI 3:07.47  
39.16 1:26.10 2:24.90 3:07.47

**Women 35-39 1500 LC Meter Freestyle**  
1 King, Sarah 36 CONN-5 43:52.00  
1:07.47 2:26.26 3:29.27 5:13.65  
6:12.17 6:40.03 8:05.56  
9:06.76 9:30.84 10:59.87  
12:15.18 13:54.98 15:20.39 16:50.01  
18:16.72 19:46.81 21:13.69 22:43.46  
24:12.20 25:41.98 27:08.94 28:41.34  
29:47.05 30:12.83 31:43.15  
32:44.65 43:52.00

**Women 35-39 50 LC Meter Backstroke**  
1 King, Sarah 36 CONN-5 1:17.49

**Women 35-39 100 LC Meter Backstroke**  
1 King, Sarah 36 CONN-5 2:48.63  
1:20.65 2:48.63

**Women 35-39 200 LC Meter Backstroke**  
1 King, Sarah 36 CONN-5 6:07.03  
1:26.93 2:58.23 4:34.88 6:07.03

**Women 35-39 100 LC Meter Breaststroke**  
1 King, Sarah 36 CONN-5 3:29.94  
1:38.62 3:29.94

**Women 35-39 50 LC Meter Butterfly**  
1 King, Sarah 36 CONN-5 1:44.17

**Women 45-49 50 LC Meter Freestyle**  
1 Woodworth, Sarah 45 WIND 31.69

**Women 45-49 100 LC Meter Freestyle**  
1 Woodworth, Sarah 45 WIND 1:10.46  
33.66 1:10.46

**Women 50-54 50 LC Meter Freestyle**  
1 Karas-Foltz, Bonnie 54 MICH-MI 31.63

**Women 50-54 100 LC Meter Freestyle**  
1 Karas-Foltz, Bonnie 54 MICH-MI 1:08.50  
33.71 1:08.50  
2 Bartkowiak, Sallie 54 MICH-MI 1:16.30  
36.33 1:16.30

**Women 50-54 1500 LC Meter Freestyle**  
1 Bartkowiak, Sallie 54 MICH-MI 23:30.79  
42.96 1:29.76 2:17.85 3:05.91  
3:54.45 4:42.75 5:30.86 6:18.54  
7:06.43 7:53.92 8:41.68 9:29.05  
10:16.40 11:03.01 11:49.79 12:36.36  
13:23.36 14:10.28 14:57.21 15:43.52  
16:30.14 17:16.81 18:03.63 18:50.48  
19:37.57 20:24.81 21:12.31 21:59.23  
22:45.82 23:30.79

**Women 50-54 50 LC Meter Backstroke**  
1 Karas-Foltz, Bonnie 54 MICH-MI 41.02

**Women 50-54 50 LC Meter Breaststroke**  
1 Karas-Foltz, Bonnie 54 MICH-MI 41.50

**Women 50-54 50 LC Meter Butterfly**  
1 Karas-Foltz, Bonnie 54 MICH-MI 38.86

**Women 55-59 1500 LC Meter Freestyle**  
1 Noble, Suzanne 57 MICH-MI 21:07.36  
38.34 1:20.14 1:56.92 2:45.50  
3:20.81 4:11.21 4:53.87 5:36.54  
6:19.60 7:02.22 7:37.26 8:28.03  
9:10.69 9:53.10 10:36.06 11:18.54  
12:01.26 12:43.31 13:25.62 14:07.84  
14:50.25 15:32.94 16:15.62 16:57.51  
17:39.56 18:21.31 19:03.42 19:45.26  
20:26.98 21:07.36

**Women 60-64 100 LC Meter Freestyle**  
1 Weir, Sue 63 MICH-MI 1:21.29  
39.44 1:21.29

**Women 60-64 50 LC Meter Backstroke**  
1 Weir, Sue 63 MICH-MI 42.58

**Women 60-64 100 LC Meter Backstroke**  
1 Weir, Sue 63 MICH-MI 1:35.67  
47.59 1:35.67

**Women 65-69 50 LC Meter Freestyle**  
1 Church, Barbara E 67 MICH-MI 35.41

**Women 65-69 200 LC Meter Backstroke**  
1 Eastridge, Joannie 65 ARIZ-48 3:59.29  
58.33 1:59.17 3:01.04 3:59.29

**Women 65-69 200 LC Meter Butterfly**  
1 Eastridge, Joannie 65 ARIZ-48 4:07.65  
56.90 1:59.24 3:04.46 4:07.65

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**Women 65-69 200 LC Meter IM**

1	Eastridge, Joannie	65	ARIZ-48	3:54.03
	54.32	1:56.48	3:04.96	3:54.03

**Women 65-69 400 LC Meter IM**

1	Eastridge, Joannie	65	ARIZ-48	8:06.57
	56.56	1:59.40	3:02.78	4:04.95
	5:11.94	6:19.88	7:14.47	8:06.57

**Men 18-24 100 LC Meter Freestyle**

1	Wilkins, Zakary M	22	UC19-19	1:10.28
	32.69	1:10.28		

**Men 18-24 50 LC Meter Breaststroke**

1	Wilkins, Zakary M	22	UC19-19	38.00
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**Men 18-24 100 LC Meter Breaststroke**

1	Wilkins, Zakary M	22	UC19-19	1:30.96
	41.31	1:30.96		

**Men 18-24 50 LC Meter Butterfly**

1	Wilkins, Zakary M	22	UC19-19	42.67
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**Men 25-29 50 LC Meter Freestyle**

1	Williams, Douglas	28	MICH-MI	33.95
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**Men 25-29 400 LC Meter Freestyle**

1	Malnight, Robert	28	MICH-MI	7:33.22
	49.37	1:45.10	2:42.55	3:41.52
	4:39.56	5:38.81	6:37.02	7:33.22

**Men 25-29 1500 LC Meter Freestyle**

1	Malnight, Robert	28	MICH-MI	29:55.60
	50.73	1:47.72	2:47.06	3:48.27
	4:49.94	5:50.20	6:51.51	7:52.19
	8:53.41	9:53.64		
	10:53.95	11:54.49	12:54.81	13:54.88
	14:54.93	15:54.62	16:55.13	17:55.43
	18:55.68	19:55.17	20:56.26	21:56.17
	22:57.01	23:57.65	24:57.67	25:58.28
	26:58.19	27:53.60		

**Men 25-29 200 LC Meter Backstroke**

1	Koss, Stephen	26	MICH-MI	2:42.80
	35.92	1:17.17	1:59.72	2:42.80

**Men 25-29 100 LC Meter Breaststroke**

1	Malnight, Robert	28	MICH-MI	2:13.93
	1:02.43	2:13.93		

**Men 25-29 50 LC Meter Butterfly**

1	Koss, Stephen	26	MICH-MI	32.08
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**Men 25-29 100 LC Meter Butterfly**

1	Williams, Douglas	28	MICH-MI	1:23.32
	36.87	1:23.32		

**Men 30-34 50 LC Meter Freestyle**

1	Cahoon, Matt	31	CSMT-OH	31.86
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**Men 30-34 100 LC Meter Freestyle**

1	Clueh, Michael	32	MICH-MI	53.49
	26.05	53.49		

2	Cahoon, Matt	31	CSMT-OH	1:11.70
	33.10	1:11.70		

**Men 30-34 1500 LC Meter Freestyle**

1	Cahoon, Matt	31	CSMT-OH	20:56.84
	36.54	1:17.15	1:58.91	2:40.49
	3:21.78	4:04.77	4:44.73	5:27.25
	6:08.97	6:51.21	7:33.57	8:17.60
	8:59.05	9:41.08	10:23.54	11:06.33
	11:48.79	12:31.69	13:15.05	13:59.38
	14:40.50	15:22.55	16:05.62	16:48.42
	17:29.45	18:12.62	18:54.43	19:36.45
	20:16.90	20:56.84		

**Men 30-34 100 LC Meter Backstroke**

1	Clueh, Michael	32	MICH-MI	59.86
	29.41	30.45		

**Men 30-34 50 LC Meter Breaststroke**

1	Cahoon, Matt	31	CSMT-OH	44.74
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**Men 30-34 50 LC Meter Butterfly**

1	Cahoon, Matt	31	CSMT-OH	33.15
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**Men 30-34 100 LC Meter Butterfly**

1	Clueh, Michael	32	MICH-MI	57.29
	26.81	57.29		

**Men 35-39 100 LC Meter Freestyle**

1	Vaz Faria Costa, Diego	35	MICH-MI	1:08.74
	31.87	1:08.74		

**Men 35-39 200 LC Meter Breaststroke**

1	Graovac, Ljube	35	WIND	2:58.92
	40.48	1:25.37	2:11.15	2:58.92

**Men 35-39 50 LC Meter Butterfly**

1	Vaz Faria Costa, Diego	35	MICH-MI	34.21
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**Men 35-39 100 LC Meter Butterfly**

---	Vaz Faria Costa, Diego	35	MICH-MI	DQ
	32.45	DQ		

**Men 40-44 50 LC Meter Freestyle**

1	Lee, Mike	41	WIND	30.91
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**Men 40-44 100 LC Meter Freestyle**

1	Lee, Mike	41	WIND	1:08.35
	32.19	1:08.35		

**Men 40-44 50 LC Meter Backstroke**

1	Papa, Ryan	43	MICH-MI	30.56
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**Men 40-44 100 LC Meter Backstroke**

1	Papa, Ryan	43	MICH-MI	1:05.22
	31.99	1:05.22		

**Men 40-44 200 LC Meter Backstroke**

1	Papa, Ryan	43	MICH-MI	2:23.35
	34.57	1:10.80	1:47.42	2:23.35

**Men 40-44 50 LC Meter Breaststroke**

1	Lee, Mike	41	WIND	40.67
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**Men 40-44 100 LC Meter Breaststroke**

1	Lee, Mike	41	WIND	1:31.13
	42.04	1:31.13		

## 2019 EMU Warmest Masters LCM Meet - 7/21/2019

## Results

**Men 45-49 400 LC Meter Freestyle**

1	Steed, Chad	48	MICH-MI	5:16.34
	34.33	1:14.33	1:56.29	2:39.09
	3:20.47	4:02.16	4:41.25	5:16.34

**Men 45-49 100 LC Meter Backstroke**

1	Methric, Jack	46	MICH-MI	1:08.57
	32.94	1:08.57		

**Men 45-49 200 LC Meter Backstroke**

1	Methric, Jack	46	MICH-MI	2:30.66
	33.58	1:10.12	1:50.22	2:30.66

**Men 45-49 50 LC Meter Butterfly**

1	Steed, Chad	48	MICH-MI	28.93
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**Men 55-59 50 LC Meter Freestyle**

1	Pogue, Jim	59	MICH-MI	29.05
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**Men 55-59 200 LC Meter Freestyle**

1	Lynch, Tom	55	MICH-MI	3:26.81
	46.80	1:39.16	2:33.05	3:26.81

**Men 55-59 400 LC Meter Freestyle**

1	Pogue, Jim	59	MICH-MI	5:19.74
	36.96	1:16.13	1:56.92	2:38.77
	3:20.49	4:01.74	4:42.00	5:19.74

**Men 55-59 1500 LC Meter Freestyle**

1	Coffman, Chuck	56	MICH-MI	21:55.53
	39.38	1:22.94	2:06.62	2:51.12
	3:35.01	4:19.70	5:04.73	5:49.24
	6:33.66	7:17.72	8:01.65	8:46.13
	9:30.23	10:14.44	10:59.04	11:43.24
	12:27.34	13:11.76	13:55.85	14:40.24
	15:24.56	16:08.91	16:53.14	17:37.95
	18:21.99	19:06.26	19:50.07	20:33.38
	21:14.68	21:55.53		

**Men 55-59 200 LC Meter Backstroke**

1	Izzi, James	58	MICH-MI	3:42.79
	53.28	1:48.10	2:46.37	3:42.79
2	Lynch, Tom	55	MICH-MI	4:12.25
	1:01.74	2:06.91	3:09.75	4:12.25

**Men 55-59 50 LC Meter Breaststroke**

1	Foltz, Carl	57	MICH-MI	38.04
2	Izzi, James	58	MICH-MI	49.85

**Men 55-59 100 LC Meter Breaststroke**

1	Foltz, Carl	57	MICH-MI	1:26.44
	41.29	1:26.44		

**Men 55-59 200 LC Meter Breaststroke**

1	Lynch, Tom	55	MICH-MI	4:01.74
	57.01	1:59.39	3:01.03	4:01.74

**Men 55-59 50 LC Meter Butterfly**

1	Pogue, Jim	59	MICH-MI	30.70
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**Men 55-59 200 LC Meter Butterfly**

1	Izzi, James	58	MICH-MI	3:57.87
	51.24	2:55.09	3:57.87	

2	Lynch, Tom	55	MICH-MI	4:28.28
	1:01.77	2:09.50	3:20.94	4:28.28

**Men 55-59 200 LC Meter IM**

1	Lynch, Tom	55	MICH-MI	3:51.88
	1:01.47	2:04.42	3:06.48	3:51.88

**Men 55-59 400 LC Meter IM**

1	Izzi, James	58	MICH-MI	7:33.33
	51.64	1:50.12	2:50.18	3:48.19
	4:51.74	5:53.90	6:44.74	7:33.33
2	Lynch, Tom	55	MICH-MI	8:05.26
	1:04.99	2:12.91	3:21.86	4:26.05
	5:27.20	6:27.66	7:17.67	8:05.26

**Men 60-64 50 LC Meter Freestyle**

1	Dakin, Randy F	64	MICH-MI	32.07
2	Fort, Robert	61	MICH-MI	32.86

**Men 60-64 100 LC Meter Freestyle**

1	Fort, Robert	61	MICH-MI	1:17.41
	37.68	1:17.41		

**Men 60-64 50 LC Meter Backstroke**

1	Putnam, Clay	62	MICH-MI	38.46
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**Men 60-64 100 LC Meter Backstroke**

1	Putnam, Clay	62	MICH-MI	1:29.52
	43.64	1:29.52		

**Men 60-64 200 LC Meter Backstroke**

1	Putnam, Clay	62	MICH-MI	3:08.99
	43.86	2:22.05	3:08.99	

**Men 60-64 50 LC Meter Breaststroke**

1	Dakin, Randy F	64	MICH-MI	42.24
2	Hertz, Steve	62	MICH-MI	55.35
3	Fort, Robert	61	MICH-MI	59.46

**Men 60-64 100 LC Meter Breaststroke**

1	Hertz, Steve	62	MICH-MI	2:13.55
	1:02.69	2:13.55		

**Men 60-64 200 LC Meter Breaststroke**

1	Hertz, Steve	62	MICH-MI	5:14.89
	1:07.73	2:28.48	3:53.74	5:14.89

**Men 60-64 50 LC Meter Butterfly**

1	Fort, Robert	61	MICH-MI	35.79
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**Men 60-64 100 LC Meter Butterfly**

1	Fort, Robert	61	MICH-MI	2:00.76
	53.38	2:00.76		

**Men 60-64 200 LC Meter IM**

1	Fort, Robert	61	MICH-MI	4:15.63
	1:00.46	2:05.53	3:21.65	4:15.63

**Men 65-69 50 LC Meter Freestyle**

1	Grunewald, David	68	MICH-MI	37.40
2	Eastridge, Brad	69	MICH-MI	47.72

**Men 65-69 100 LC Meter Freestyle**

1	Eastridge, Brad	69	MICH-MI	1:51.13
	52.49	1:51.13		

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## Results

**Men 65-69 200 LC Meter Freestyle**

1	Eastridge, Brad	69	MICH-MI	4:13.86
	57.34	2:02.53	3:09.98	4:13.86

**Men 65-69 50 LC Meter Backstroke**

1	Grunewald, David	68	MICH-MI	45.85
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**Men 65-69 100 LC Meter Backstroke**

1	Grunewald, David	68	MICH-MI	2:22.54
	1:06.66	2:22.54		

**Men 65-69 200 LC Meter Backstroke**

1	Grunewald, David	68	MICH-MI	3:51.57
	1:54.13	3:51.57		

**Men 65-69 50 LC Meter Breaststroke**

1	Parker, Randy	65	MICH-MI	35.35
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**Men 65-69 100 LC Meter Breaststroke**

1	Parker, Randy	65	MICH-MI	1:23.21
	40.23	1:23.21		

**Men 65-69 200 LC Meter IM**

1	Grunewald, David	68	MICH-MI	3:51.45
	47.41	1:50.45	3:04.53	3:51.45

**Men 70-74 50 LC Meter Freestyle**

1	Meehan, Tom	72	WMAC-20	32.55
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**Men 70-74 100 LC Meter Freestyle**

1	Meehan, Tom	72	WMAC-20	1:19.70
	37.92	1:19.70		

**Men 70-74 50 LC Meter Backstroke**

1	Ten Hour, Richard C	72	MICH-MI	40.71
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**Men 70-74 100 LC Meter Backstroke**

1	Ten Hour, Richard C	72	MICH-MI	1:43.14
	48.09	1:43.14		

**Men 70-74 50 LC Meter Butterfly**

1	Meehan, Tom	72	WMAC-20	41.18
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**Men 75-79 100 LC Meter Freestyle**

1	Kroeger, Donald	76	MICH-MI	1:52.32
	51.88	1:52.32		

**Men 75-79 200 LC Meter Freestyle**

1	Kroeger, Donald	76	MICH-MI	4:02.53
	52.46	1:54.55	2:59.60	4:02.53

**Men 75-79 400 LC Meter Freestyle**

1	Kroeger, Donald	76	MICH-MI	8:25.34
	5:10.36	6:16.62	7:21.57	8:25.34
	1:57.54	3:03.75	4:06.99	

**Men 75-79 50 LC Meter Backstroke**

1	Kroeger, Donald	76	MICH-MI	59.23
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**Men 75-79 100 LC Meter Backstroke**

1	Kroeger, Donald	76	MICH-MI	2:22.54
	106.66	115.88		

**Men 75-79 200 LC Meter Backstroke**

1	Kroeger, Donald	76	MICH-MI	4:54.86
	1:06.98	2:22.39	3:41.05	4:54.86

**Men 85-89 50 LC Meter Freestyle**

1	Lockwood, Joel	85	MICH-MI	41.72
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**Men 85-89 100 LC Meter Freestyle**

1	Lockwood, Joel	85	MICH-MI	1:36.53
	46.59	1:36.53		

**Men 85-89 200 LC Meter Freestyle**

1	Lockwood, Joel	85	MICH-MI	3:31.07
	47.73	1:43.09	2:39.38	3:31.07

**Men 85-89 400 LC Meter Freestyle**

1	Lockwood, Joel	85	MICH-MI	7:39.97
	52.71	1:51.91	2:52.28	3:52.47
	4:51.61	5:50.31	6:48.29	7:39.97

**Men 85-89 50 LC Meter Backstroke**

1	Lockwood, Joel	85	MICH-MI	50.81
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**Men 85-89 50 LC Meter Breaststroke**

1	Lockwood, Joel	85	MICH-MI	56.53
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**Men 240-279 800 LC Meter Freestyle Relay**

1	MICH-MI	A	16:28.58
	1) Kroeger, Donald M76	2) Eastridge, Brad M69	
	3) Hertz, Steve M62	4) Izzi, James M58	
	50.97	1:50.75	2:50.75
	3:51.61	4:47.18	5:51.72
	6:59.29	9:10.00	10:32.20
	11:58.29	13:21.50	14:03.10
	14:49.33	15:38.02	16:28.58