

FAST Valentine's Weekend Meet - 2/10/2008

Results

Women 25-29 50 SC Meter Freestyle	2 Sposita, Maria	39 MICH--MI	1:28.41
1 Shuler, Brandy	27 MICH--MI	34.02	
	41.21	1:28.41	
Women 25-29 100 SC Meter Freestyle	Women 35-39 200 SC Meter Freestyle	1 Sposita, Maria	39 MICH--MI
1 Shuler, Brandy	27 MICH--MI	1:15.28	3:22.84
35.80	1:15.28	44.11	1:33.67
		2:28.64	3:22.84
Women 25-29 200 SC Meter Freestyle	Women 35-39 400 SC Meter Freestyle	1 Sposita, Maria	39 MICH--MI
1 Shuler, Brandy	27 MICH--MI	2:41.66	7:15.69
36.69	1:17.48	1:59.74	2:41.66
		2:31.49	3:29.45
Women 25-29 200 SC Meter IM		4:27.59	5:24.87
1 Shuler, Brandy	27 MICH--MI	3:01.24	6:21.44
39.27	1:28.08	2:19.20	7:15.69
		3:01.24	
Women 30-34 50 SC Meter Freestyle	Women 35-39 50 SC Meter Backstroke	1 Parker, Teresa	38 MICH--MI
1 Kendall, Tara	33 MICH--MI	36.02	52.23
2 Martensen, Julie	32 MICH--MI	40.76	2 Kaplan, Barbara
3 Machovec, Cheryl	33 MICH--MI	48.22	39 MICH--MI
			56.03
Women 30-34 100 SC Meter Freestyle	Women 35-39 50 SC Meter Breaststroke	1 Bartnicki, Shelly	37 MICH--MI
1 Kendall, Tara	33 MICH--MI	1:25.34	44.21
39.74	1:25.34	2 Michalski, Katy	37 MICH--MI
2 Machovec, Cheryl	33 MICH--MI	1:59.14	49.93
56.39	1:59.14	3 Parker, Teresa	38 MICH--MI
		4 Kaplan, Barbara	39 MICH--MI
Women 30-34 200 SC Meter Freestyle			1:01.16
1 Martensen, Julie	32 MICH--MI	3:34.46	Women 35-39 100 SC Meter IM
46.23	1:42.49	2:40.74	3:34.46
			1 Bartnicki, Shelly
Women 30-34 400 SC Meter Freestyle			37 MICH--MI
1 Machovec, Cheryl	33 MICH--MI	9:53.53	39.68
1:01.72	2:13.60	3:29.76	1:25.20
6:06.97	7:26.85	8:45.55	1:25.20
Women 30-34 1500 SC Meter Freestyle	Women 40-44 50 SC Meter Freestyle	1 Tischler, Yoshiko	42 MICH--MI
1 Martensen, Julie	32 MICH--MI	30:47.05	38.32
52.06	1:51.65	2:49.97	2 Adkins, Cherie
4:51.60	5:52.33	6:53.41	40 MICH--MI
9:01.14	10:03.51	11:06.44	42 MICH--MI
13:14.38	14:17.16	15:19.56	44.79
17:23.72	18:27.82	19:32.50	
21:39.22	22:41.63	23:44.51	Women 40-44 100 SC Meter Freestyle
25:50.55	26:50.34	27:53.43	28:55.25
29:53.86	30:47.05		1 Frame, Kerry
			42 MICH--MI
Women 30-34 50 SC Meter Backstroke			1:11.36
1 Kendall, Tara	33 MICH--MI	49.14	34.60
			1:11.36
Women 30-34 200 SC Meter Breaststroke			Women 40-44 200 SC Meter Freestyle
--- Polk, Dawn	31 MICH--MI	DQ	1 Frame, Kerry
			42 MICH--MI
Women 30-34 100 SC Meter IM			35.19
1 Kendall, Tara	33 MICH--MI	1:37.97	1:13.53
46.49	1:37.97		1:53.25
			2:32.67
Women 35-39 50 SC Meter Freestyle			Women 40-44 400 SC Meter Freestyle
1 Bartnicki, Shelly	37 MICH--MI	33.72	1 Tischler, Yoshiko
2 Parker, Teresa	38 MICH--MI	35.42	42 MICH--MI
3 Kaplan, Barbara	39 MICH--MI	45.32	45.28
			1:34.58
			2:25.88
			3:18.01
			4:09.99
			5:03.12
			5:55.46
			6:46.66
			Women 40-44 100 SC Meter Freestyle
			1 Kennedy, Irene
			41 MICH--MI
			49.74
			1:38.09
			49.15
			1:41.18
			2:34.25
			3:29.20
			Women 40-44 200 SC Meter Freestyle
			1 Frame, Kerry
			42 MICH--MI
			35.19
			1:13.53
			1:53.25
			2:32.67
			Women 40-44 50 SC Meter Freestyle
			1 Tischler, Yoshiko
			42 MICH--MI
			42.35
			1:29.48
			2:19.60
			3:11.32
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			1 Kennedy, Irene
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			1:38.09
			49.15
			1:41.18
			2:34.25
			3:29.20
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			3:11.32
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			1:38.09
			49.15
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			2:34.25
			3:29.20
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			1:38.09
			49.15
			1:41.18
			2:34.25
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			35.19
			1:13.53
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			2:32.67
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			1 Tischler, Yoshiko
			42 MICH--MI
			42.35
			1:29.48
			2:19.60
			3:11.32
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			41 MICH--MI
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			1:38.09
			49.15
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			2:34.25
			3:29.20
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			35.19
			1:13.53
			1:53.25
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			1:38.09
			49.15
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			2:34.25
			3:29.20
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			35.19
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			1:38.09
			49.15
			1:41.18
			2:34.25
			3:29.20
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			35.19
			1:13.53
			1:53.25
			2:32.67
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			42.35
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			49.15
			1:41.18
			2:34.25
			3:29.20
			Women 40-44 200 SC Meter Freestyle
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			35.19
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			1:53.25
			2:32.67
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			3:29.20
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			1:13.53
			1:53.25
			2:32.67
			Women 40-44 50 SC Meter Freestyle
			1 Tischler, Yoshiko
			42 MICH--MI
			42.35
			1:29.48
			2:19.60
			3:11.32
			Women 40-44 100 SC Meter Freestyle
			1 Kennedy, Irene
			41 MICH--MI
			49.74
			1:38.09
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Women 40-44 1500 SC Meter Freestyle

1	Spaun, Karen	44	FLOR-FL	20:45.92
	37.40	1:17.47	1:58.60	2:39.89
	3:21.21	4:02.24	4:43.31	5:24.40
	6:05.28	6:46.16	7:27.33	8:08.75
	8:50.75	9:32.12	10:14.39	10:55.47
	11:36.70	12:17.89	12:59.40	13:41.15
	14:21.97	15:03.30	15:45.68	16:27.82
	17:09.89	17:51.44	18:33.41	19:15.92
	19:57.92	20:45.92		

Women 40-44 50 SC Meter Backstroke

1	Frame, Kerry	42	MICH--MI	38.64
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Women 40-44 100 SC Meter IM

1	Frame, Kerry	42	MICH--MI	1:22.25
	37.30	1:22.25		

Women 45-49 50 SC Meter Freestyle

1	Phillips, Anne M	47	MICH--MI	32.19
2	Akemann, Alexandra	45	MICH--MI	34.23
3	Mohan, Julie	48	MICH--MI	40.54
4	Strachan, Maureen	46	MICH--MI	44.97

Women 45-49 100 SC Meter Freestyle

1	Akemann, Alexandra	45	MICH--MI	1:18.48
	37.09	1:18.48		
2	Strachan, Maureen	46	MICH--MI	1:42.00
	47.09	1:42.00		

Women 45-49 200 SC Meter Freestyle

1	Phillips, Anne M	47	MICH--MI	2:38.43
	36.92	1:17.82	1:58.97	2:38.43
2	Akemann, Alexandra	45	MICH--MI	2:56.48
	40.03	1:24.34	2:11.16	2:56.48
3	Mohan, Julie	48	MICH--MI	3:22.21
	42.94	1:32.06	2:26.48	3:22.21
4	Myers, Susan	46	MICH--MI	3:26.21
	48.26	1:40.82	2:34.30	3:26.21

Women 45-49 400 SC Meter Freestyle

1	Myers, Susan	46	MICH--MI	7:06.03
	48.31	1:41.41	2:35.41	3:29.85
	4:24.31	5:18.63	6:13.45	7:06.03

Women 45-49 1500 SC Meter Freestyle

1	Phillips, Anne M	47	MICH--MI	22:39.06
	40.10	1:23.94	2:09.30	2:54.49
	3:39.80	4:25.19	5:11.00	5:56.55
	6:42.45	7:28.06	8:13.85	8:59.35
	9:45.55	10:31.41	11:17.37	12:02.37
	12:48.85	13:35.10	14:20.59	15:06.20
	15:52.50	16:38.49	17:24.51	18:09.81
	18:55.83	19:42.14	20:27.61	21:12.88
	21:57.49	22:39.06		

2	Gutowski, Susan	48	MICH--MI	27:55.51
	49.55	1:43.04	2:39.21	3:34.79
	4:30.09	5:25.54	6:21.68	7:17.45
	8:13.67	9:09.38	10:05.89	11:01.42
	11:56.76	12:54.15	13:51.15	14:47.50
	15:45.61	16:41.58	17:38.74	18:35.12
	19:30.39	20:28.18	21:26.62	22:23.05
	23:18.78	24:15.62	25:12.58	26:08.89
	27:03.50	27:55.51		

Women 45-49 50 SC Meter Breaststroke

1	Grebe, Suzanne	47	MICH--MI	45.61
2	Strachan, Maureen	46	MICH--MI	49.02
3	Mohan, Julie	48	MICH--MI	53.15

Women 45-49 100 SC Meter Breaststroke

1	Grebe, Suzanne	47	MICH--MI	1:36.86
	46.65	1:36.86		
2	Strachan, Maureen	46	MICH--MI	1:48.87
	49.73	1:48.87		
3	Gutowski, Susan	48	MICH--MI	1:50.06
	52.97	1:50.06		

Women 45-49 200 SC Meter Breaststroke

1	Grebe, Suzanne	47	MICH--MI	3:24.68
	46.98	1:38.84	2:31.50	3:24.68

Women 45-49 50 SC Meter Butterfly

1	Phillips, Anne M	47	MICH--MI	38.65
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Women 45-49 100 SC Meter IM

1	Akemann, Alexandra	45	MICH--MI	1:31.17
	43.15	1:31.17		
2	Mohan, Julie	48	MICH--MI	1:47.98
	53.91	1:47.98		
3	Myers, Susan	46	MICH--MI	1:51.21
	53.52	1:51.21		
4	Gutowski, Susan	48	MICH--MI	1:53.19
	58.29	1:53.19		

Women 45-49 200 SC Meter IM

1	Grebe, Suzanne	47	MICH--MI	3:32.42
	50.16	1:49.09	2:42.02	3:32.42
2	Myers, Susan	46	MICH--MI	3:59.00
	54.62	1:59.83	3:05.90	3:59.00

Women 50-54 50 SC Meter Freestyle

1	Diedo, Maddie	50	MICH--MI	35.94
2	Early-Burk, Kathleen M	53	MICH--MI	43.56

Women 50-54 100 SC Meter Freestyle

1	Diedo, Maddie	50	MICH--MI	1:24.13
	37.67	1:24.13		
2	Early-Burk, Kathleen M	53	MICH--MI	1:36.61
	45.20	1:36.61		

Women 50-54 400 SC Meter Freestyle

1	Diedo, Maddie	50	MICH--MI	6:38.27
	2:22.76	3:13.97	4:05.26	4:57.92
	5:49.11	6:38.27		

Women 55-59 50 SC Meter Freestyle

1	Guthrie, Sally	58	MICH--MI	35.28
2	Brzys, Cecilia	59	MICH--MI	51.46

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Women 55-59 100 SC Meter Freestyle

1 Brzys, Cecilia	59 MICH--MI	1:55.47
53.94	1:55.47	

Women 55-59 1500 SC Meter Freestyle

1 Brzys, Cecilia	59 MICH--MI	33:29.84
54.37	1:56.38	3:00.51
5:14.27	6:21.69	7:29.84
9:39.09	10:47.07	11:54.72
14:10.01	15:18.59	16:24.93
18:42.15	19:50.79	20:59.43
23:14.06	24:22.00	25:30.09
27:45.89	28:56.04	30:05.33
32:22.92	33:29.84	31:14.85

Women 55-59 50 SC Meter Backstroke

1 Guthrie, Sally	58 MICH--MI	44.00
2 Raupp, Gloria	57 MICH--MI	1:00.69

Women 55-59 100 SC Meter Backstroke

1 Guthrie, Sally	58 MICH--MI	1:39.72
47.52	1:39.72	
2 Brzys, Cecilia	59 MICH--MI	2:13.14
1:05.65	2:13.14	

Women 55-59 50 SC Meter Breaststroke

1 Raupp, Gloria	57 MICH--MI	57.68
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Women 55-59 100 SC Meter Breaststroke

1 Raupp, Gloria	57 MICH--MI	2:02.33
58.00	2:02.33	

Women 60-64 50 SC Meter Freestyle

1 Dehn, Mary	63 MICH--MI	42.21
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Women 60-64 100 SC Meter Freestyle

1 Dehn, Mary	63 MICH--MI	1:41.41
46.87	1:41.41	

Women 60-64 50 SC Meter Breaststroke

1 Dehn, Mary	63 MICH--MI	1:02.56
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Women 65-69 50 SC Meter Freestyle

1 Kowalski, Joyce	66 MICH--MI	44.70
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Women 65-69 100 SC Meter Freestyle

1 Kowalski, Joyce	66 MICH--MI	1:47.21
51.26	1:47.21	

Women 65-69 100 SC Meter Breaststroke

1 Kowalski, Joyce	66 MICH--MI	2:09.00
1:00.62	2:09.00	

Women 65-69 50 SC Meter Butterfly

1 Kowalski, Joyce	66 MICH--MI	54.91
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Women 70-74 1500 SC Meter Freestyle

1 Gogola, Laura	72 MICH--MI	31:31.46
58.78	2:02.53	3:05.60
5:10.15	6:13.20	7:15.32
9:21.82	10:23.82	11:26.86
13:32.81	14:35.00	15:38.56
17:45.12	18:48.81	19:52.23
21:59.46	23:02.67	24:07.17
26:15.90	27:19.39	28:23.17
30:30.85	31:31.46	29:27.52

Women 70-74 50 SC Meter Backstroke

1 Gogola, Laura	72 MICH--MI	56.18
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Women 70-74 100 SC Meter Backstroke

1 Gogola, Laura	72 MICH--MI	2:06.87
1:01.25	2:06.87	

Women 70-74 200 SC Meter IM

1 Gogola, Laura	72 MICH--MI	4:43.75
1:12.95	2:26.32	3:47.67
		4:43.75

Women 80-84 100 SC Meter Freestyle

1 Nochman, Lois K	84 MICH--MI	1:59.93
56.38	1:59.93	

Women 80-84 200 SC Meter Freestyle

1 Nochman, Lois K	84 MICH--MI	4:15.93
56.71	2:01.95	3:10.46
		4:15.93

Women 80-84 1500 SC Meter Freestyle

1 Nochman, Lois K	84 MICH--MI	34:53.17
1:00.77	2:07.15	3:15.09
5:32.33	6:40.89	7:50.34
10:09.70	11:20.27	12:30.40
14:49.79	16:00.35	17:11.13
19:33.27	20:44.11	21:54.12
24:16.68	25:27.71	26:38.08
28:58.49	30:08.98	31:20.61
33:42.32	34:53.17	32:31.28

Women 80-84 100 SC Meter IM

1 Nochman, Lois K	84 MICH--MI	2:12.35
1:01.24	2:12.35	

Women 85-89 50 SC Meter Freestyle

1 Early, Clara	85 MICH--MI	1:32.86
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Women 85-89 50 SC Meter Backstroke

1 Early, Clara	85 MICH--MI	1:42.67
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Women 90-94 50 SC Meter Freestyle

1 Glusac, Edith	90 MICH--MI	1:40.46
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Women 90-94 50 SC Meter Backstroke

1 Glusac, Edith	90 MICH--MI	1:25.66
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Men 25-29 50 SC Meter Freestyle

1 Doak, Kevin	27 MICH--MI	23.60
2 Fiedler, Thilo	25 MICH--MI	28.75

Men 25-29 100 SC Meter Freestyle

1 Doak, Kevin	27 MICH--MI	52.76
24.62	52.76	

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(Men 25-29 100 SC Meter Freestyle)

2	Fiedler, Thilo	25	MICH--MI	1:04.78
	31.34	1:04.78		

Men 25-29 200 SC Meter Freestyle

1	Mallory, Jason	28	MICH--MI	2:01.51
	28.54	59.03	1:30.11	2:01.51

Men 25-29 1500 SC Meter Freestyle

1	Fiedler, Thilo	25	MICH--MI	22:19.55
	36.57	1:17.08	1:59.91	2:43.57
	3:27.91	4:12.70	4:58.11	5:42.52
	6:27.62	7:12.44	7:57.80	8:43.17
	9:28.78	10:14.56	11:00.90	11:45.85
	12:30.86	13:15.19	13:59.76	14:44.85
	15:30.02	16:15.84	17:02.05	17:48.01
	18:34.10	19:20.21	20:06.94	20:53.00
	21:38.81	22:19.55		

Men 25-29 50 SC Meter Backstroke

1	Doak, Kevin	27	MICH--MI	26.58
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Men 25-29 100 SC Meter Backstroke

1	Doak, Kevin	27	MICH--MI	56.90
	27.38	56.90		

Men 25-29 200 SC Meter Backstroke

1	Mallory, Jason	28	MICH--MI	2:12.26
	31.46	1:04.53	1:38.56	2:12.26

Men 30-34 50 SC Meter Freestyle

1	Gatto, Douglas	33	MICH--MI	44.58
2	Chase, Brice	30	MICH--MI	1:17.99

Men 30-34 100 SC Meter Freestyle

1	Gatto, Douglas	33	MICH--MI	1:44.83
	49.01	1:44.83		
2	Chase, Brice	30	MICH--MI	2:17.96
	1:03.04	2:17.96		

Men 30-34 200 SC Meter Freestyle

1	Palma, Rodolfo	31	MICH--MI	2:15.57
	31.49	1:05.09	1:40.25	2:15.57
2	McKenna, Stephen	31	MICH--MI	2:17.62
	30.76	1:04.66	1:40.60	2:17.62
3	Gatto, Douglas	33	MICH--MI	3:55.37
	49.28	1:48.09	2:52.50	3:55.37

Men 30-34 400 SC Meter Freestyle

1	McKenna, Stephen	31	MICH--MI	5:26.38
	2:27.31	3:06.13	3:44.92	4:23.50
	5:00.02	5:26.38		

Men 30-34 50 SC Meter Backstroke

1	Chase, Brice	30	MICH--MI	1:14.70
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Men 30-34 50 SC Meter Breaststroke

1	Colwell, Jason	32	MICH--MI	33.44
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Men 30-34 100 SC Meter Breaststroke

1	Colwell, Jason	32	MICH--MI	1:13.75
	34.35	1:13.75		
2	Palma, Rodolfo	31	MICH--MI	1:17.69
	36.72	1:17.69		

Men 30-34 50 SC Meter Butterfly

1	Gatto, Douglas	33	MICH--MI	1:12.30
2	Chase, Brice	30	MICH--MI	1:20.03

Men 30-34 100 SC Meter Butterfly

1	Palma, Rodolfo	31	MICH--MI	1:07.38
	32.12	1:07.38		

Men 30-34 100 SC Meter IM

1	McKenna, Stephen	31	MICH--MI	1:16.08
	36.07	1:16.08		

Men 30-34 200 SC Meter IM

1	Palma, Rodolfo	31	MICH--MI	2:28.61
	31.13	1:11.10	1:52.72	2:28.61
2	McKenna, Stephen	31	MICH--MI	2:39.48
	35.74	1:17.06	2:05.63	2:39.48

Men 35-39 50 SC Meter Freestyle

1	Cahill, Jim	36	MICH--MI	30.82
2	Frame, Aaron	39	MICH--MI	31.35

Men 35-39 100 SC Meter Freestyle

1	Frame, Aaron	39	MICH--MI	1:08.43
	32.37	1:08.43		
2	Cahill, Jim	36	MICH--MI	1:10.15
	34.25	1:10.15		

Men 35-39 50 SC Meter Breaststroke

1	Frame, Aaron	39	MICH--MI	39.29
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Men 35-39 100 SC Meter Breaststroke

1	Griswold, Don	35	MICH--MI	1:20.67
	38.31	1:20.67		
2	Frame, Aaron	39	MICH--MI	1:23.72
	38.79	1:23.72		
3	Cahill, Jim	36	MICH--MI	1:29.44
	42.03	1:29.44		

Men 35-39 200 SC Meter Breaststroke

1	Griswold, Don	35	MICH--MI	2:54.18
	38.39	1:22.00	2:07.62	2:54.18

Men 35-39 100 SC Meter Butterfly

1	Griswold, Don	35	MICH--MI	1:17.23
	35.32	1:17.23		

Men 35-39 200 SC Meter IM

1	Griswold, Don	35	MICH--MI	2:46.85
	34.21	1:18.43	2:05.44	2:46.85
2	Cahill, Jim	36	MICH--MI	3:02.61
	39.71	1:29.45	2:20.56	3:02.61

Men 40-44 50 SC Meter Freestyle

1	Bailey, Jeff	41	MICH--MI	26.03
2	Krimmel, Gary	40	MICH--MI	31.28

Men 40-44 100 SC Meter Freestyle

1	Bailey, Jeff	41	MICH--MI	56.84
	27.06	56.84		
2	Johnson, Jaret C	41	MICH--MI	1:17.34
	37.65	1:17.34		

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Men 40-44 200 SC Meter Freestyle

1	Bailey, Jeff	41	MICH--MI	2:08.04
	29.44	1:01.68	1:34.93	2:08.04
2	Johnson, Jaret C	41	MICH--MI	2:50.00
	40.16	1:24.17	2:07.71	2:50.00

Men 40-44 400 SC Meter Freestyle

1	Johnson, Jaret C	41	MICH--MI	6:13.40
	2:18.46	3:07.39	3:54.92	4:42.99
	5:29.49	6:13.40		

Men 40-44 1500 SC Meter Freestyle

1	Johnson, Jaret C	41	MICH--MI	24:07.99
	44.62	1:32.17	2:19.98	3:07.91
	3:56.89	4:45.25	5:33.76	6:22.58
	7:10.99	8:00.12	8:49.04	9:38.14
	10:26.43	11:15.01	12:03.21	12:51.34
	13:39.78	14:28.98	15:17.86	16:06.97
	16:56.15	17:43.86	18:32.40	19:20.21
	20:09.53	20:58.43	21:46.81	22:34.87
	23:22.00	24:07.99		

Men 40-44 100 SC Meter Backstroke

1	Israel, Daniel	41	MICH--MI	1:05.85
	31.55	1:05.85		

Men 40-44 200 SC Meter Backstroke

1	Israel, Daniel	41	MICH--MI	2:24.49
	35.26	1:11.96	1:48.60	2:24.49

Men 40-44 50 SC Meter Breaststroke

1	Ellis, Anthony	44	MICH--MI	39.50
2	Krimmel, Gary	40	MICH--MI	41.32

Men 40-44 100 SC Meter Breaststroke

1	Ellis, Anthony	44	MICH--MI	1:27.76
	41.11	1:27.76		

Men 40-44 200 SC Meter Breaststroke

1	Krimmel, Gary	40	MICH--MI	3:28.97
	46.43	1:39.34	2:33.87	3:28.97

Men 40-44 50 SC Meter Butterfly

1	Krimmel, Gary	40	MICH--MI	37.00
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Men 45-49 50 SC Meter Freestyle

1	Shirley, Eric	46	MICH--MI	28.25
2	Coffman, Charles	45	MICH--MI	28.98
3	Ruch, Steve	46	MICH--MI	30.07
4	Tyl, Craig	49	MICH--MI	31.97
5	Aldrich, Jim	45	MICH--MI	32.93
6	Strachan, Steve	47	MICH--MI	33.05
7	Morgan, Gary	48	MICH--MI	56.25

Men 45-49 100 SC Meter Freestyle

1	Shirley, Eric	46	MICH--MI	1:01.51
	29.57	1:01.51		
2	Ruch, Steve	46	MICH--MI	1:06.51
	32.12	1:06.51		
3	Strachan, Steve	47	MICH--MI	1:11.02
	34.49	1:11.02		
4	Tyl, Craig	49	MICH--MI	1:12.27
	33.68	1:12.27		

5	Aldrich, Jim	45	MICH--MI	1:14.92
	34.70	1:14.92		

6	Morgan, Gary	48	MICH--MI	2:12.81
	58.77	2:12.81		

Men 45-49 200 SC Meter Freestyle

1	Coffman, Charles	45	MICH--MI	2:17.08
	32.32	1:07.77	1:43.43	2:17.08
2	Shirley, Eric	46	MICH--MI	2:19.69
	31.87	1:06.18	1:42.15	2:19.69
3	Ruch, Steve	46	MICH--MI	2:27.82
	33.08	1:09.23	1:48.08	2:27.82
4	Strachan, Steve	47	MICH--MI	2:41.78
	36.74	1:18.15	2:00.49	2:41.78
5	Morgan, Gary	48	MICH--MI	4:44.40
	1:00.65	2:14.11	3:30.80	4:44.40

Men 45-49 400 SC Meter Freestyle

1	Shirley, Eric	46	MICH--MI	4:54.99
	2:22.95	3:00.41	3:39.09	4:17.64
	4:54.99			
2	Ruch, Steve	46	MICH--MI	5:33.56
	1:56.15	2:39.09	3:23.09	4:06.65
	5:33.56			
3	D'Amour, James C	47	MICH--MI	7:44.25
	54.45	1:54.53	2:52.36	3:51.14
	4:48.22	5:47.85	6:46.49	7:44.25
4	Morgan, Gary	48	MICH--MI	9:19.98
	1:00.42	2:12.07	3:23.66	4:35.88
	5:47.13	7:01.18	8:11.85	9:19.98

Men 45-49 1500 SC Meter Freestyle

1	D'Amour, James C	47	MICH--MI	31:17.23
	56.79	1:57.18	2:57.51	4:00.73
	5:01.66	6:05.26	7:07.96	8:10.37
	9:12.64	10:13.65	11:16.00	12:20.54
	13:23.73	14:26.84	15:29.29	16:29.48
	17:32.99	18:36.39	19:39.05	20:39.88
	21:44.70	22:47.81	23:51.13	24:55.26
	26:00.47	27:03.48	28:05.99	29:11.17
	30:14.33	31:17.23		

Men 45-49 50 SC Meter Backstroke

1	Tyl, Craig	49	MICH--MI	40.65
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Men 45-49 100 SC Meter Backstroke

1	Tyl, Craig	49	MICH--MI	1:27.12
	42.21	1:27.12		

Men 45-49 50 SC Meter Breaststroke

1	LaSota, Frank	47	MICH--MI	45.56
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Men 45-49 100 SC Meter Breaststroke

1	Luke, Christopher	45	MICH--MI	1:28.03
	40.99	1:28.03		
2	LaSota, Frank	47	MICH--MI	1:47.41
	49.17	1:47.41		

Men 45-49 200 SC Meter Breaststroke

1	Allen, John	45	MICH--MI	2:47.74
	36.67	1:18.14	2:01.78	2:47.74
2	Luke, Christopher	45	MICH--MI	3:15.88
	42.51	1:30.86	2:22.33	3:15.88

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(Men 45-49 200 SC Meter Breaststroke)

3	D'Amour, James C	47	MICH--MI	3:52.16
	31.81	1:07.12	1:35.73	3:52.16
4	LaSota, Frank	47	MICH--MI	4:03.18
	51.87	1:50.66	2:55.89	4:03.18

Men 45-49 50 SC Meter Butterfly

1	Leonard, Jeff	48	MICH--MI	29.20
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Men 45-49 100 SC Meter Butterfly

1	Leonard, Jeff	48	MICH--MI	1:07.38
	32.79	1:07.38		

Men 45-49 200 SC Meter Butterfly

1	D'Amour, James C	47	MICH--MI	3:42.85
	50.75	1:46.89	2:45.00	3:42.85

Men 45-49 100 SC Meter IM

1	Allen, John	45	MICH--MI	1:08.50
	32.79	1:08.50		
2	Aldrich, Jim	45	MICH--MI	1:26.67
	40.92	1:26.67		

Men 45-49 200 SC Meter IM

1	Allen, John	45	MICH--MI	2:30.36
	31.29	1:11.09	1:54.25	2:30.36
2	Coffman, Charles	45	MICH--MI	2:39.82
	31.82	1:17.58	2:05.51	2:39.82

Men 50-54 50 SC Meter Freestyle

1	Schmitz, Mike	50	MICH--MI	26.38
2	Crosthwaite, Buck	51	MICH--MI	28.04
3	Riggs, Jonathan	51	MICH--MI	28.26
4	Farrell, Glenn	52	MICH--MI	30.07
5	Zaitchik, Dave	52	MICH--MI	34.51
6	Wallin, Charles	54	MICH--MI	41.98

Men 50-54 100 SC Meter Freestyle

1	Schmitz, Mike	50	MICH--MI	59.04
	28.07	59.04		
2	Farrell, Glenn	52	MICH--MI	1:07.60
	32.23	1:07.60		
3	Gutowski, Kenneth	50	MICH--MI	1:10.88
	33.86	1:10.88		
4	Wallin, Charles	54	MICH--MI	1:36.72
	45.32	1:36.72		

Men 50-54 200 SC Meter Freestyle

1	Karas, Paul	53	MICH--MI	2:13.78
	32.55	1:06.49	1:40.50	2:13.78
2	Crosthwaite, Buck	51	MICH--MI	2:21.16
	31.34	1:05.12	1:41.68	2:21.16
3	Gutowski, Kenneth	50	MICH--MI	2:39.48
	35.99	1:15.14	1:56.73	2:39.48

Men 50-54 1500 SC Meter Freestyle

1	Karas, Paul	53	MICH--MI	19:35.49
	35.66	1:14.58	1:54.51	2:34.22
	3:14.00	3:53.90	4:33.33	5:12.77
	5:52.20	6:32.01	7:11.46	7:51.44
	8:31.15	9:10.90	9:50.09	10:29.55
	11:08.73	11:48.11	12:27.64	13:06.67
	13:45.80	14:25.18	15:04.35	15:43.39
	16:22.33	17:01.47	17:40.37	19:35.49
	21:08.53	19:35.49		
2	Gutowski, Kenneth	50	MICH--MI	22:04.38
	39.46	1:22.03	2:05.94	2:50.92
	3:35.36	4:19.92	5:04.88	5:49.39
	6:33.97	7:18.58	8:03.09	8:47.75
	9:32.37	10:16.91	11:01.14	11:45.70
	12:29.86	13:13.99	13:58.54	14:42.57
	15:26.78	16:11.02	16:55.16	17:39.14
	18:23.27	19:07.61	19:52.50	20:36.24
	21:20.72	22:04.38		

Men 50-54 50 SC Meter Backstroke

1	Riggs, Jonathan	51	MICH--MI	32.14
2	Wallin, Charles	54	MICH--MI	43.96

Men 50-54 100 SC Meter Backstroke

1	Bice, Gary	51	MICH--MI	1:09.06
	32.84	1:09.06		

Men 50-54 50 SC Meter Breaststroke

1	Parker, Randy	54	MICH--MI	34.02
2	Dale, Dave	52	MICH--MI	37.63
3	Zaitchik, Dave	52	MICH--MI	45.52
4	Farrell, Glenn	52	MICH--MI	46.33

Men 50-54 100 SC Meter Breaststroke

1	Parker, Randy	54	MICH--MI	1:15.11
	35.17	1:15.11		

Men 50-54 200 SC Meter Breaststroke

1	Zaitchik, Dave	52	MICH--MI	3:49.62
	29.42	1:02.49	1:39.30	3:49.62

Men 50-54 50 SC Meter Butterfly

1	Riggs, Jonathan	51	MICH--MI	30.55
2	Dale, Dave	52	MICH--MI	31.08

Men 50-54 100 SC Meter Butterfly

1	Karas, Paul	53	MICH--MI	1:08.74
	32.73	1:08.74		

Men 50-54 100 SC Meter IM

1	Schmitz, Mike	50	MICH--MI	1:07.84
	32.37	1:07.84		
2	Farrell, Glenn	52	MICH--MI	1:20.08
	36.28	1:20.08		
3	Gutowski, Kenneth	50	MICH--MI	1:26.03
	42.76	1:26.03		

Men 50-54 200 SC Meter IM

1	Riggs, Jonathan	51	MICH--MI	2:41.30
	33.23	1:14.79	2:05.17	2:41.30
2	Zaitchik, Dave	52	MICH--MI	3:53.88
	56.82	2:02.90	3:03.84	3:53.88

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(Men 50-54 200 SC Meter IM)

---	Karas, Paul	53	MICH--MI	DQ
	36.58	1:18.44	1:59.32	DQ

Men 55-59 50 SC Meter Freestyle

1	Kurtz, David	57	MICH--MI	41.85
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Men 55-59 100 SC Meter Freestyle

1	Whitbeck, Rod	59	MICH--MI	1:15.27
	36.52	1:15.27		
2	Specht, Dick	55	MICH--MI	1:31.81
	44.23	1:31.81		
3	Kurtz, David	57	MICH--MI	1:52.22
	2:01.92	1:52.22		

Men 55-59 200 SC Meter Freestyle

1	Whitbeck, Rod	59	MICH--MI	2:51.44
	39.40	1:21.56	2:07.19	2:51.44
2	Specht, Dick	55	MICH--MI	3:12.20
	45.27	1:33.94	2:24.61	3:12.20
3	Kurtz, David	57	MICH--MI	4:01.90
	48.42	1:50.21	3:00.84	4:01.90

Men 55-59 400 SC Meter Freestyle

1	Specht, Dick	55	MICH--MI	6:50.85
	47.42	1:39.60	2:32.48	3:25.36
	4:18.15	5:10.66	6:02.10	6:50.85

Men 55-59 1500 SC Meter Freestyle

1	Fortune, James A	55	MICH--MI	23:16.15
	43.31	1:30.08	2:17.24	3:04.59
	3:51.69	4:38.68	5:25.85	6:12.62
	6:59.35	7:46.17	8:33.44	9:20.50
	10:07.37	10:54.15	11:40.49	12:26.92
	13:13.19	13:59.63	14:46.63	15:33.55
	16:20.10	17:06.99	17:53.55	18:40.17
	19:26.80	20:13.65	21:00.41	21:46.89
	22:32.63	23:16.15		
2	Specht, Dick	55	MICH--MI	26:35.03
	48.18	1:40.20	2:32.99	3:26.47
	4:20.75	5:15.40	6:10.40	7:05.08
	7:58.67	8:52.05	9:44.65	10:38.31
	11:32.68	12:26.46	13:19.64	14:13.75
	15:05.78	15:59.72	16:52.87	17:48.00
	18:41.17	19:35.13	20:28.95	21:22.42
	22:15.83	23:09.19	24:02.34	24:55.01
	25:46.84	26:35.03		

Men 55-59 100 SC Meter Backstroke

1	Fortune, James A	55	MICH--MI	1:25.68
	41.88	1:25.68		

Men 55-59 100 SC Meter Breaststroke

1	Fortune, James A	55	MICH--MI	1:37.34
	46.37	1:37.34		

Men 55-59 200 SC Meter Breaststroke

1	Thompson, Skip L	57	MICH--MI	3:28.92
	46.74	1:40.64	2:34.24	3:28.92

Men 55-59 50 SC Meter Butterfly

1	Whitbeck, Rod	59	MICH--MI	36.57
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Men 55-59 200 SC Meter IM

1	Fortune, James A	55	MICH--MI	2:59.96
	37.77	1:23.63	2:18.80	2:59.96

Men 60-64 50 SC Meter Freestyle

1	Buys, Joe	64	MICH--MI	32.89
2	Davis, Ralph	61	MICH--MI	38.24
3	Fortune, Richard	61	MICH--MI	40.18

Men 60-64 100 SC Meter Freestyle

1	Davis, Ralph	61	MICH--MI	1:34.08
	43.36	1:34.08		

Men 60-64 200 SC Meter Freestyle

1	Fortune, Richard	61	MICH--MI	3:05.94
	44.82	1:31.97	2:19.68	3:05.94
2	Davis, Ralph	61	MICH--MI	3:27.72
	43.37	1:35.76	2:31.90	3:27.72

Men 60-64 1500 SC Meter Freestyle

1	Buys, Joe	64	MICH--MI	24:32.10
	40.19	1:25.49	2:12.68	3:00.75
	3:49.69	4:39.07	5:27.86	6:17.22
	7:06.83	7:56.76	8:46.35	9:35.34
	10:25.38	11:15.20	12:05.10	12:55.07
	13:45.48	14:35.85	15:26.77	16:17.39
	17:07.61	17:57.78	18:47.99	19:38.22
	20:28.34	21:18.15	22:08.60	22:57.99
	23:46.52	24:32.10		

Men 60-64 50 SC Meter Breaststroke

1	Buys, Joe	64	MICH--MI	45.13
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Men 60-64 50 SC Meter Butterfly

1	Buys, Joe	64	MICH--MI	36.54
2	Fortune, Richard	61	MICH--MI	40.77

Men 60-64 100 SC Meter IM

1	Fortune, Richard	61	MICH--MI	1:37.22
	45.16	1:37.22		

Men 65-69 50 SC Meter Backstroke

1	Lokensgard, Erik	66	MICH--MI	37.82
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Men 65-69 100 SC Meter Backstroke

1	Lokensgard, Erik	66	MICH--MI	1:20.54
	39.35	1:20.54		

Men 65-69 200 SC Meter Breaststroke

1	Cody, Frank	68	MICH--MI	3:35.80
	51.30	1:47.84	2:43.14	3:35.80

Men 65-69 200 SC Meter Butterfly

1	Cody, Frank	68	MICH--MI	3:38.61
	51.52	1:48.18	2:45.15	3:38.61

Men 65-69 200 SC Meter IM

1	Cody, Frank	68	MICH--MI	3:35.24
	49.08	1:42.99	2:38.70	3:35.24

Men 70-74 50 SC Meter Freestyle

1	Charlton, Allan	71	MICH--MI	35.09
2	Fruth, Larry	71	OHIO-OH	45.16

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Men 70-74 1500 SC Meter Freestyle

1	Martin, Ray	71	MICH--MI	26:30.37
	43.44	1:32.04	2:21.46	3:12.14
	4:02.90	4:54.44	5:46.50	6:38.97
	7:31.90	8:25.21	9:18.67	10:13.23
	11:06.56	11:59.82	12:53.05	13:48.21
	14:42.40	15:36.35	16:31.55	17:25.89
	18:21.42	19:15.63	20:10.25	21:05.66
	22:01.28	22:55.85	23:50.32	24:43.67
	25:38.39	26:30.37		

Men 70-74 50 SC Meter Backstroke

1	Charlton, Allan	71	MICH--MI	38.87
2	Fruth, Larry	71	OHIO-OH	58.39

Men 70-74 100 SC Meter Backstroke

1	Charlton, Allan	71	MICH--MI	1:30.56
	42.38	1:30.56		
2	Fruth, Larry	71	OHIO-OH	2:08.94
	1:03.61	2:08.94		

Men 70-74 50 SC Meter Breaststroke

1	Fruth, Larry	71	OHIO-OH	58.53
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Men 80-84 200 SC Meter Breaststroke

---	Korten, Don	82	MICH--MI	DQ
	57.35	1:40.88	2:29.76	

Men 85-89 400 SC Meter Freestyle

1	Doud, Bob	85	MICH--MI	11:30.63
	1:07.12	2:31.63	4:01.98	5:34.53
	7:04.04	8:37.65	10:11.60	11:30.63

Men 85-89 50 SC Meter Butterfly

1	Doud, Bob	85	MICH--MI	1:13.68
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Men 85-89 100 SC Meter Butterfly

1	Doud, Bob	85	MICH--MI	2:45.10
	1:21.46	2:45.10		

Women 160-199 200 SC Meter Freestyle Relay

1	MICH--MI	D	2:28.45
	1) Thiry, Clara W42	2) Adkins, Cherie W40	
	3) Bartnicki, Shelly W37	4) Frame, Kerry W42	
	43.69	1:22.75	1:56.21
2	MICH--MI	K	2:47.04
	1) Mohan, Julie W48	2) Michalski, Katy W37	
	3) Gutowski, Susan W48	4) Tischler, Yoshiko W42	
	41.42	1:28.11	2:07.95

Women 160-199 200 SC Meter Medley Relay

1	MICH--MI	E	2:57.20
	1) Diedo, Maddie W50	2) Rosinski, Karen W46	
	3) Phillips, Anne M W47	4) Machovec, Cheryl W33	

Women 200-239 200 SC Meter Freestyle Relay

1	MICH--MI	J	3:13.37
	1) Dehn, Mary W63	2) Machovec, Cheryl W33	
	3) Brzys, Cecilia W59	4) Rosinski, Karen W46	
	44.03	1:01.27	1:33.69

Women 200-239 200 SC Meter Medley Relay

1	MICH--MI	D	3:28.40
	1) Brzys, Cecilia W59	2) Michalski, Katy W37	
	3) Mohan, Julie W48	4) Dehn, Mary W63	

Women 320-359 200 SC Meter Freestyle Relay

1	MICH--MI	C	4:56.76
	1) Glusac, Edith W90	2) Gogola, Laura W72	
	3) Early, Clara W85	4) Nochman, Lois K W84	
	1:34.98	2:28.18	3:25.89

Women 320-359 200 SC Meter Medley Relay

1	MICH--MI	L	5:11.32
	1) Glusac, Edith W90	2) Gogola, Laura W72	
	3) Early, Clara W85	4) Nochman, Lois K W84	
	2:34.97	3:38.89	5:11.32

Men 120-159 200 SC Meter Medley Relay

1	MICH--MI	B	2:20.65
	1) Colwell, Jason M32	2) Gutowski, Kenneth M50	
	3) Wallin, Charles M54	4) Mallory, Jason M28	

Men 160-199 200 SC Meter Medley Relay

1	MICH--MI	C	3:13.86
	1) Gatto, Douglas M33	2) Zaitchik, Dave M52	
	3) Specht, Dick M55	4) Kurtz, David M57	

Men 200-239 200 SC Meter Freestyle Relay

1	MICH--MI	A	1:43.98
	1) Tyler, Scott M47	2) Bice, Gary M51	
	3) Dale, Dave M52	4) Schmitz, Mike M50	
	25.46	51.34	1:18.05
2	MICH--MI	I	2:30.19
	1) Zaitchik, Dave M52	2) Specht, Dick M55	
	3) Kurtz, David M57	4) Gutowski, Kenneth M50	
	39.17	1:21.21	1:56.20

Men 200-239 200 SC Meter Medley Relay

1	MICH--MI	A	2:00.60
	1) Bice, Gary M51	2) Schmitz, Mike M50	
	3) Leonard, Jeff M48	4) Tyler, Scott M47	

Mixed 120-159 200 SC Meter Freestyle Relay

1	MICH--MI	L	2:14.40
	1) Shuler, Brandy W27	2) Martensen, Julie W32	
	3) Krimmel, Gary M40	4) Colwell, Jason M32	
	34.39	1:16.43	1:47.48

Mixed 120-159 200 SC Meter Medley Relay

1	MICH--MI	K	2:21.51
	1) Frame, Aaron M39	2) Frame, Kerry W42	
	3) Griswold, Don M35	4) Bartnicki, Shelly W37	
	38.04	1:15.81	1:48.19
2	MICH--MI	H	2:43.09
	1) Johnson, Jaret C M41	2) Whitbeck, Rod M59	
	3) Shuler, Brandy W27	4) Tischler, Yoshiko W42	
	40.91	1:29.72	2:06.87

Mixed 160-199 200 SC Meter Freestyle Relay

1	MICH--MI	E	2:11.75
	1) Ruch, Steve M46	2) Strachan, Steve M47	
	3) Akemann, Alexandra W45	4) Sposita, Maria W39	
	30.05	1:07.52	1:38.56

FAST Valentine's Weekend Meet - 2/10/2008

Results

(Mixed 160-199 200 SC Meter Freestyle Relay)

2	MICH--MI	G		2:16.90
	1) Farrell, Glenn M52	2) Grebe, Suzanne W47		
	3) Parker, Teresa W38	4) Tyl, Craig M49		
	58.76	1:16.46	1:45.75	2:16.90
3	MICH--MI	B		2:27.56
	1) Palma, Rodolfo M31	2) D'Amour, James C M47		
	3) Kendall, Tara W33	4) Guthrie, Sally W58		
	39.19	1:11.56	1:53.36	2:27.56
4	MICH--MI	H		2:30.50
	1) Johnson, Jaret C M41	2) Diedo, Maddie W50		
	3) Raupp, Gloria W57	4) Cahill, Jim M36		
	35.83	1:26.67	2:00.57	2:30.50
5	MICH--MI	F		3:07.10
	1) Strachan, Maureen W46	2) Wallin, Charles M54		
	3) Kennedy, Irene W41	4) Chase, Brice M30		
	44.91	1:26.70	2:07.76	3:07.10

Mixed 160-199 200 SC Meter Medley Relay

1	MICH--MI	I		2:28.62
	1) Tyl, Craig M49	2) Grebe, Suzanne W47		
	3) Farrell, Glenn M52	4) Akemann, Alexandra W45		
	38.75	1:22.94	1:38.35	2:28.62
2	MICH--MI	F		2:44.17
	1) Ruch, Steve M46	2) Parker, Teresa W38		
	3) Krimmel, Gary M40	4) Sposita, Maria W39		
3	MICH--MI	J		3:32.45
	1) Strachan, Maureen W46	2) Cahill, Jim M36		
	3) Gutowski, Susan W48	4) Morgan, Gary M48		
	55.93	1:37.52	2:37.22	3:32.45
4	MICH--MI	G		3:36.13
	1) Kennedy, Irene W41	2) Raupp, Gloria W57		
	3) Strachan, Steve M47	4) Chase, Brice M30		
	1:00.57	1:20.36	1:56.94	3:36.13