

USMS Long Course National Championships by Michigan Masters Swimmers				
	NAME	EVENT	AGE	TIME
	Kathleen Milliken	50 Breast	35 - 39	:37.97
	Kathleen Milliken	100 Breast	35 - 39	1:20.78
	Kathleen Milliken	200 Breast	35 - 39	2:53.88
	Lindsay Richardson	400 IM	35 - 39	5:50.59
	Lou Ann Dixon	800 Free	45 - 49	10:52.78
	Lou Ann Dixon	50 Breast	45 - 49	:39.41
	Lou Ann Dixon	100 Breast	45 - 49	1:26.19
	Lou Ann Dixon	200 Breast	45 - 49	3:03.16
	Susan Dombkowski	100 Fly	45 - 49	1:21.24
	Susan Dombkowski	200 Fly	45 - 49	2:53.31
	Corrin Convis Buck	50 Breast	50 - 54	:38.73
	Corrin Convis Buck	100 Breast	50 - 54	1:24.20
	Sally Guthrie	200 Fly	65 - 69	3:47.08
	Sally Guthrie	400 IM	65 - 69	7:30.64
	Laura Gogola	200 Free	75 - 79	4:26.58
	Laura Gogola	200 IM	75 - 79	5:49.95
	Christian Vanderkaay	50 Fly	30 - 34	:26.02
	Christian Vanderkaay	100 Fly	30 - 34	:58.42
	Christian Vanderkaay	200 Fly	30 - 34	2:17.29
	Ryan Papa	200 Free	35 - 39	2:03.76
	Ryan Papa	50 Back	35 - 39	:28.85
	Ryan Papa	100 Back	35 - 39	1:01.64
	Ryan Papa	200 Back	35 - 39	2:17.30
	Matt West	1500 Free	40 - 44	19:13.47
	Tony Anderson	100 Free	50 - 54	:57.94
	Tony Anderson	200 Free	50 - 54	2:07.77
	Tony Anderson	400 Free	50 - 54	4:36.16
	Erik Lokensgard	200 Fly	70 - 74	3:46.06
	Erik Lokensgard	400 IM	70 - 74	7:14.61
	Allan Charlton	50 Back	75 - 79	:39.29
	Ray Martin	100 Back	75 - 79	1:37.21
	Ray Martin	200 Back	75 - 79	3:30.09
Relay USMS Long Course National Championships by Michigan Masters				
	RELAY EVENT	EVENT	AGE	TIME
	Men's 200 Free Relay	200 FR Relay	100-119	1:44.66
	Women's 200 Free Relay	200 FR Relay	200-239	1:59.73
	Women's 200 Medley Relay	200 MD Relay	200-239	2:19.26
	Mixed 200 Medley Relay	200 MD Relay	200-239	2:09.82
MICHIGAN LMSC STATE RECORDS SET AT THE LONG COURSE NATIONALS				
	NAME	EVENT	AGE	TIME
	Lindsay Richardson	400 IM	35 - 39	5:50.59
	Lindsay Richardson	1500 Free	35 - 39	20:02.29
	Kathleen Milliken	200 Breast	35 - 39	2:53.88
	Sarah Lindley	50 Fly	40 - 44	:32.65
	Sarah Lindley	100 Fly	40 - 44	1:18.08
	Mary Mueting	50 Free	45 - 49	:30.17
	Susan Harris	100 Free	45 - 49	1:06.78

MICHIGAN LMSC STATE RECORDS SET AT THE LONG COURSE NATIONALS				
	NAME	EVENT	AGE	TIME
	Susan Harris	50 Back	50 - 54	:37.17
	Susan Harris	100 Back	50 - 54	1:19.07
	Susan Harris	200 Back	50 - 54	2:52.12
	Denise Brown	200 Back	55 - 59	3:02.49
	Denise Brown	100 Fly	55 - 59	1:29.02
	Denise Brown	200 Fly	55 - 59	3:12.31
	Denise Brown	400 IM	55 - 59	6:34.13
	Sally Guthrie	100 Free	65 - 69	1:19.53
	Sally Guthrie	400 Free	65 - 69	6:11.98
	Sally Guthrie	200 Back	65 - 69	3:37.38
	Sally Guthrie	200 Fly	65 - 69	3:47.08
	Sally Guthrie	400 IM	65 - 69	7:30.64
	Fares Ksebati	50 Breast	18 - 24	:32.55
	Tyler Rutkowski	100 Breast	18 - 24	1:12.57
	Tyler Rutkowski	200 Breast	18 - 24	2:42.03
	Christian Vanderkaay	200 Breast	30 - 34	2:29.70
	Christian Vanderkaay	200 Fly	30 - 34	2:17.29
	Chad Steed	50 Breast	40 - 44	:33.51
	Jim Pogue	50 Free	55 - 59	:27.19
	Jim Pogue	100 Free	55 - 59	1:01.84
	Jim Pogue	50 Back	55 - 59	:33.39
	Jim Pogue	100 Back	55 - 59	1:12.92
	Dennis Toth	50 Free	60 - 64	:28.51
	Randy Parker	50 Breast	60 - 64	:34.17
	Randy Parker	100 Breast	60 - 64	1:17.21
	Chuck Olson	50 Free	65 - 69	:28.95
	Chuck Olson	100 Free	65 - 69	1:04.47
	Chuck Olson	200 Free	65 - 69	2:24.97
	Chuck Olson	400 Free	65 - 69	5:19.11
	Allan Charlton	50 Back	75 - 79	:39.29
	Ray Martin	200 Free	75 - 79	3:10.43
	Ray Martin	400 Free	75 - 79	6:29.54
	Ray Martin	50 Breast	75 - 79	:47.97
	Ray Martin	100 Breast	75 - 79	1:50.83
RELAY LMSC STATE RECORDS SET AT THE LONG COURSE NATIONALS				
	RELAY EVENT	EVENT	AGE	TIME
	Women's 200 Free Relay	200 FR Relay	200-239	1:59.73
	Women's 200 Free Relay	200 FR Relay	240-279	2:25.81
	Women's 200 Medley Relay	200 MD Relay	160-199	2:29.46
	Women's 200 Medley Relay	200 MD Relay	200-239	2:19.26
	Women's 200 Medley Relay	200 MD Relay	240-279	3:01.02
	Men's 200 Free Relay	200 FR Relay	200-239	1:46.52
	Men's 200 Free Relay	200 FR Relay	240-279	1:55.48
	Men's 200 Free Relay	200 FR Relay	280-319	2:17.04
	Men's 200 Medley Relay	200 MD Relay	200-239	2:03.81
	Men's 200 Medley Relay	200 MD Relay	240-279	2:11.54
	Men's 200 Medley Relay	200 MD Relay	280-319	2:48.01
	Mixed 200 Free Relay	200 FR Relay	200-239	1:52.67
	Mixed 200 Free Relay	200 FR Relay	240-279	2:05.93
	Mixed 200 Medley Relay	200 MD Relay	200-239	2:09.82