

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# July 2020

## Casa de Flores

### Assisted Living Community

**1**  
9:30 Chair Yoga \*AR  
10:15 Coffee & News \*AR  
**New Resident Welcome**  
11:00 (last names A-L) \*AR  
11:30 (last names M-Z) \*AR  
2:00 Project Pen Pal \*AR  
3:00 Frannie's Fountain  
6:30 Casino BINGO! \*AR  
Canada Day

**2**  
9:30 Sit-N-B-Fit \*AR  
10:15 Coffee & News \*AR  
11:15 BINGO! \*AR  
2:00 Face Time/Zoom \*AR  
3:00 Frannie's Fountain  
6:30 Evening Movie \*MT  
**History of Fireworks & Firework Displays (2 videos)**

**3**  
9:30 Morning Stretch \*AR  
10:15 Coffee & News \*AR  
11:15 Morning Walk \*FPR  
2:00 Bible Study w/Earl \*AR  
3:30 Happy Hour Fun

**4**  
Wear your **Red, White & Blue**  
9:30 Patriotic Workout \*AR  
11:00 Independence Day Parade (outside front patio)  
1:30 Patriotic March \*FPR  
2:00 Afternoon Matinee \*MT  
**History of Fireworks & Firework Displays**  
Independence Day (US)

**5**  
9:30 Chair Yoga \*AR  
10:15 Coffee & News \*AR  
11:15 Patriotic Puzzles \*AR  
2:00 Afternoon Walk \*FPR  
2:30 Church Service \*LIB  
3:00 Frannie's Fountain

**6**  
9:30 Morning Exercise \*AR  
10:15 Coffee & News \*AR  
11:15 Manicures \*AR  
1:45 BINGO! \*AR  
3:00 Frannie's Fountain

**7**  
9:30 Sit-N-B-Fit \*AR  
10:15 Coffee & News \*AR  
11:15 If I Live to be 100, the Wisdom of Centenarians \*AR  
2:00 Faces & Places \*MT  
**America The Story of Us**  
3:00 Frannie's Fountain  
6:30 Virtual Tour \*MR

**8**  
9:30 Chair Yoga \*AR  
10:15 Coffee & News \*AR  
11:15 Room Visits  
2:00 Creative Creations \*AR  
3:00 Frannie's Fountain  
6:30 Casino BINGO! \*AR

**9**  
9:30 Sit-N-B-Fit \*AR  
10:15 Coffee & News \*AR  
11:15 BINGO! \*AR  
2:00 Face Time/Zoom \*AR  
3:00 Frannie's Fountain  
3:30 Music Appreciation \*AR  
6:30 Evening Movie \*MT  
**At War with the Army**

**10**  
9:30 Morning Stretch \*AR  
10:15 Coffee & News \*AR  
11:15 Morning Walk \*FPR  
2:00 Bible Study w/Earl \*AR  
3:30 Happy Hour Fun

**11**  
9:30 Morning Exercise \*AR  
10:30 BINGO! \*AR  
1:30 Afternoon Walk \*FPR  
2:00 Afternoon Matinee \*MT  
**At War with the Army**

**12**  
9:30 Chair Yoga \*AR  
10:15 Coffee & News \*AR  
11:15 Crossword Puzzle \*AR  
2:00 Afternoon Walk \*FPR  
2:30 Church Service \*LIB  
3:00 Frannie's Fountain

**13**  
9:30 Morning Exercise \*AR  
10:15 Coffee & News \*AR  
11:15 Manicures \*AR  
1:45 BINGO! \*AR  
3:00 Frannie's Fountain

**14**  
9:30 Sit-N-B-Fit \*AR  
10:15 Coffee & News \*AR  
11:15 If I Live to be 100, the Wisdom of Centenarians \*AR  
2:00 Faces & Places \*MT  
**America The Story of Us**  
3:00 Frannie's Fountain  
6:30 Corn Hole \*AR

**15**  
9:30 Chair Yoga \*AR  
10:15 Coffee & News \*AR  
11:15 Food for Thought \*AR  
11:15 Room Visits  
2:00 Project Pen Pal \*AR  
3:00 Frannie's Fountain  
6:30 Casino BINGO! \*AR

**16**  
9:30 Sit-N-B-Fit \*AR  
10:15 Coffee & News \*AR  
11:15 BINGO! \*AR  
2:00 Face Time/Zoom \*AR  
3:00 Frannie's Fountain  
6:30 Evening Movie \*MT  
**If I Had Wings**

**17**  
9:30 Morning Stretch \*AR  
10:15 Coffee & News \*AR  
11:15 Morning Walk \*FPR  
2:00 Bible Study w/Earl \*AR  
3:30 Happy Hour Fun

**18**  
9:30 Morning Exercise \*AR  
10:30 BINGO! \*AR  
1:30 Afternoon Walk \*FPR  
2:00 Afternoon Matinee \*MT  
**If I Had Wings**

**19**  
9:30 Chair Yoga \*AR  
10:15 Coffee & News \*AR  
11:15 Big Word/little words \*AR  
2:00 Afternoon Walk \*FPR  
2:30 Church Service \*LIB  
3:00 Frannie's Fountain

**20**  
9:30 Morning Exercise \*AR  
10:15 Coffee & News \*AR  
11:15 Manicures \*AR  
1:45 BINGO! \*AR  
3:00 Frannie's Fountain

**21**  
9:30 Sit-N-B-Fit \*AR  
10:15 Coffee & News \*AR  
11:15 If I Live to be 100, the Wisdom of Centenarians \*AR  
2:00 Faces & Places \*MT  
**America The Story of Us**  
3:00 Frannie's Fountain  
6:30 Virtual Tour \*MR

**22**  
9:30 Chair Yoga \*AR  
10:15 Coffee & News \*AR  
11:00 Town Hall Meeting \*AR  
11:15 Room Visits  
2:00 Creative Creations \*AR  
3:00 Frannie's Fountain  
6:30 Casino BINGO! \*AR

**23**  
9:30 Sit-N-B-Fit \*AR  
10:15 Coffee & News \*AR  
11:15 BINGO! \*AR  
2:00 Face Time/Zoom \*AR  
3:00 Frannie's Fountain  
3:30 Music Appreciation \*AR  
6:30 Evening Movie \*MT  
**Angel and Badman**

**24**  
9:30 Morning Stretch \*AR  
10:15 Coffee & News \*AR  
11:15 Morning Walk \*FPR  
2:00 Bible Study w/Earl \*AR  
3:30 Happy Hour Fun

**25**  
9:30 Morning Exercise \*AR  
10:30 BINGO! \*AR  
1:30 Afternoon Walk \*FPR  
2:00 Afternoon Matinee \*MT  
**Angel and Badman**

**26**  
9:30 Chair Yoga \*AR  
10:15 Coffee & News \*AR  
11:15 Hangman \*AR  
2:00 Afternoon Walk \*FPR  
2:30 Church Service \*LIB  
3:00 Frannie's Fountain

**27**  
9:30 Morning Exercise \*AR  
10:15 Coffee & News \*AR  
11:15 Manicures \*AR  
1:45 BINGO! \*AR  
3:00 Frannie's Fountain

**28**  
9:30 Sit-N-B-Fit \*AR  
10:15 Coffee & News \*AR  
11:15 If I Live to be 100, the Wisdom of Centenarians \*AR  
2:00 Faces & Places \*MT  
**America The Story of Us**  
3:00 Frannie's Fountain  
6:30 Charades \*AR

**29**  
9:30 Chair Yoga \*AR  
10:15 Coffee & News \*AR  
11:15 Room Visits  
2:00 Veterans Social \*AR  
3:00 Frannie's Fountain  
6:30 Casino BINGO! \*AR

**30**  
9:30 Sit-N-B-Fit \*AR  
10:15 Coffee & News \*AR  
11:15 BINGO! \*AR  
2:00 Face Time/Zoom \*AR  
3:00 Frannie's Fountain  
6:30 Evening Movie \*MT  
**Disney - Pixar UP**

**31**  
9:30 Morning Stretch \*AR  
10:15 Coffee & News \*AR  
11:15 Morning Walk \*FPR  
2:00 Bible Study w/Earl \*AR  
3:30 Happy Hour Fun

**Location Key**  
\*AR = activity room  
\*FPR = fireplace room  
\*MT = movie theater  
\*LIB = library  
\*MR = media room  
Calendar may be subject to change