

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2020

Casa de Flores ~ Assisted Living Community

2	3	4	5	6	7	8	1
<p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 11:15 Big Words/little words *AR 2:00 Afternoon Walk *FPR 2:30 Church Service *LIB 3:30 Super Bowl Party!! *MR Chiefs vs. 49'ers</p> <p style="text-align: right;"><small>Groundhog Day</small></p>	<p>9:30 Morning Exercise *AR 10:15 Coffee & News *AR 10:15 Catholic Mass *BCC 11:15 Musical Memory Lane *AR 1:45 BINGO! *AR 3:00 Frannie's Fountain 3:30 Bible Study *LIB</p>	<p>9:30 Sit-N-B-Fit *AR 10:15 Coffee & News *AR 11:15 Casa's Caring Angels *AR 2:00 Faces and Places: George Washington: The Man Who Wouldn't Be King 3:00 Frannie's Fountain 3:15 Knitting with <i>Wanda</i> *AR 6:30 Game Night *AR</p>	<p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 11:15 New Resident Welcome with Coffee & Donuts *AR 2:00 & 2:30 Outing: Rite Aid 3:00 Frannie's Fountain (may open late) 6:30 Poker Dice *AR</p>	<p>9:30 Stretch Band Exercises*AR 10:15 BINGO! *AR 11:15 Art with <i>Tonya</i> *AR 2:00 Outing: Elephant Seals 3:00 Frannie's Fountain 6:30 Evening Movie *MT Groundhog Day</p>	<p>9:30 Morning Stretch *AR 10:15 Coffee & News *AR 11:00 Outing: Brown Bag Lunch & Concert in SLO 2:00 Bible Study with <i>Earl</i> *AR 3:30 Happy Hour Featuring: Tim Pacheco *FPR</p>	<p>9:30 Music-N-Motion *AR 10:30 BINGO! *AR 2:00 Afternoon Matinee *MT Groundhog Day 4:30 Evening Walk *FPR</p>	
9	10	11	12	13	14	15	
<p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 11:15 Poker Dice *AR 2:00 Afternoon Walk *FPR 2:30 Church Service *LIB 3:00 Frannie's Fountain</p>	<p>9:30 Morning Exercise *AR 10:15 Coffee & News *AR 10:15 Catholic Mass *BCC 11:15 Manicures *AR 1:45 BINGO! *AR 3:00 Frannie's Fountain 3:30 Bible Study *LIB</p>	<p>9:30 Sit-N-B-Fit *AR 10:15 Coffee & News *AR 11:15 If I Live to be 100, the Wisdom of Centenarians *AR 2:00 Scenic Drive: Orcutt Rd. 3:00 Frannie's Fountain 3:15 Knitting with <i>Wanda</i> *AR 6:30 Game Night *AR</p>	<p>9:30 Chair Yoga *AR 10:45 & 11:15 Outing: Cayucos Potluck 2:00 Casa Crafts *AR 3:00 Frannie's Fountain 3:30 Afternoon Concert with Roger & Ralph *FPR 6:30 Evening Concert with Trevor Baker *FPR</p>	<p>9:30 Stretch Band Exercise *AR 10:15 Coffee & News *AR 11:15 BINGO! *AR 2:00 Outing: SLO Museum of Art: The Art of Slow Looking/Selections from the Permanent Collection 3:00 Frannie's Fountain 6:30 Evening Movie *MT Definitely, Maybe</p>	<p>9:30 Morning Stretch *AR 10:15 Coffee & News *AR 11:00 Silver Strings Ukulele Concert *FPR 2:00 Bible Study with <i>Earl</i> *AR 3:30 Valentine's Day Cotillion Sweetheart Dance with The Alita Jazz Trio *FPR</p> <p style="text-align: right;"><small>Valentine's Day</small></p>	<p>9:30 Music-N-Motion *AR 10:30 BINGO! *AR 2:00 Afternoon Matinee *MT Definitely, Maybe 4:30 Evening Walk *FPR</p>	
16	17	18	19	20	21	22	
<p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 11:15 Poker Dice *AR 2:00 Afternoon Walk *FPR 2:30 Church Service *LIB 3:00 Frannie's Fountain</p>	<p>9:30 Morning Exercise *AR 10:15 Coffee & News *AR 10:15 Catholic Mass *BCC 11:15 Musical Memory Lane *AR 1:45 BINGO! *AR 3:00 Frannie's Fountain 3:30 Bible Study *LIB</p> <p style="text-align: right;"><small>Presidents' Day (US)</small></p>	<p>9:30 Better Balance Class *AR 10:15 Coffee & News *AR 11:15 Food for Thought *AR 2:00 Faces and Places *MT Thomas Jefferson 3:00 Frannie's Fountain 3:15 Knitting with <i>Wanda</i> *AR 6:30 Game Night *AR</p>	<p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 11:15 Poetry Play *AR 2:00 Art Show & Reception *FPR 3:00 Frannie's Fountain 4:00 Veteran's Social *AR 6:30 Evening Concert w/Les Beck and Celebrating Bill Olson turning 100 years young</p>	<p>9:30 Stretch Band Exercises *AR 10:15 BINGO! *AR 11:15 Art with Tonya *AR 2:00 Outing: Trader Joe's 3:00 Frannie's Fountain 6:30 Evening Movie *MT Kindness is Contagious</p>	<p>9:30 Morning Stretch *AR 10:15 Coffee & News *AR 11:15 Health Benefits of Chair Massage w/ Lynsey Hansen *AR 2:00 Bible Study with <i>Earl</i> *AR 3:30 Mardi Gras Celebration: Del Gomes *FPR</p>	<p>9:30 Music-N-Motion *AR 10:30 BINGO! *AR 2:00 Afternoon Matinee *MT Kindness is Contagious 3:30 Traveling the World with John Guy LaPlante *AR 4:30 Evening Walk *FPR</p>	
23	24	25	26	27	28	29	
<p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 11:15 Poker Dice *AR 2:00 Afternoon Walk *FPR 2:30 Church Service *LIB 3:00 Frannie's Fountain 3:00 Simple Harmonic Motion Barbershop Quartet *FPR</p>	<p>9:30 Morning Exercise *AR 10:15 Coffee & News *AR 10:15 Catholic Mass *BCC 11:15 Manicures *AR 1:45 Mardi Gras BINGO Bash *AR 3:00 Frannie's Fountain 3:30 Bible Study *LIB</p>	<p>9:30 Sit-N-B-Fit *AR 10:15 Coffee & News *AR 11:15 If I Live to be 100, the Wisdom of Centenarians *AR 2:00 Scenic Drive: Pismo Pier 3:00 Frannie's Fountain 3:15 Knitting with <i>Wanda</i> *AR 6:30 Game Night *AR</p> <p style="text-align: right;"><small>Mardi Gras</small></p>	<p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 11:15 Target Toss *AR 2:00 "Let's Dance" *AR Bright Hawk Productions 3:00 Frannie's Fountain 6:30 Evening Concert Featuring: Rick Tennock *FPR</p> <p style="text-align: right;"><small>Ash Wednesday</small></p>	<p>9:30 Stretch Band Exercises *AR 10:15 Coffee & News *AR 11:15 BINGO! *AR 2:00 Outing: Family Dollar in MB 3:00 Frannie's Fountain 6:30 Evening Movie *MT Algiers</p>	<p>9:30 Morning Stretch *AR 10:15 Coffee & News *AR 2:00 Bible Study with <i>Earl</i> *AR 3:30 Happy Hour Featuring: Laura Ruth *FPR</p>	<p>9:30 Music-N-Motion *AR 10:30 BINGO! *AR 2:00 Performance by Award- Winning Dance Team Join us in the large dining room 3:00 Afternoon Matinee *MT Algiers</p> <p style="text-align: right;"><small>Leap Day</small></p>	

Calendar may be subject to change. Sign up for outings, scenic drives & movies. *AR=activity room *FPR=fireplace room *MT=movie theater *LIB=library *MR=media room *BCC=bayside care center