

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>9:30 Chair Yoga *AR 1</p> <p>10:15 Coffee & News *AR</p> <p>11:15 New Resident Welcome with Coffee & Donuts *AR</p> <p>2:00 & 2:30 Rite Aid in MB</p> <p>3:00 Frannie's Fountain (may open late)</p> <p>6:30 Poker Dice *AR</p> <p><small>New Year's Day</small></p>	<p>9:30 Stretch Band Exercise *AR 2</p> <p>10:15 Coffee & News *AR</p> <p>11:15 BINGO! *AR</p> <p>2:00 Outing: The Annual Winter Faire & Juried Craft Show</p> <p>3:00 Frannie's Fountain</p> <p>6:30 Evening Movie *MT Pay It Forward</p>	<p>9:30 Morning Stretch *AR 3</p> <p>10:15 Coffee & News *AR</p> <p>11:00 Outing: Brown Bag Lunch & Concert in SLO</p> <p>2:00 Bible Study with Earl *AR</p> <p>3:30 Happy Hour Featuring: Tim Pacheco *FPR</p>	<p>9:30 Music-N-Motion *AR 4</p> <p>10:30 BINGO! *AR</p> <p>2:00 Afternoon Matinee *MT Pay It Forward</p> <p>4:30 Evening Walk *FPR</p>
<p>9:30 Chair Yoga *AR 5</p> <p>10:15 Coffee & News *AR</p> <p>11:15 Big Words/little words *AR</p> <p>2:00 Afternoon Walk *FPR</p> <p>2:30 Church Service *LIB</p>	<p>9:30 Morning Exercise *AR 6</p> <p>10:15 Coffee & News *AR</p> <p>10:15 Catholic Mass *BCC</p> <p>11:15 Musical Memory Lane *AR</p> <p>1:45 BINGO! *AR</p> <p>3:00 Frannie's Fountain</p> <p>3:30 Bible Study *LIB</p>	<p>9:30 Sit-N-B-Fit *AR 7</p> <p>10:15 Coffee & News *AR</p> <p>11:15 Target Toss *AR</p> <p>2:00 Faces and Places *MT The Kennedy Mystique: Creating Camelot</p> <p>3:00 Frannie's Fountain</p> <p>3:15 Knitting with Wanda *AR</p> <p>6:30 Game Night *AR</p>	<p>9:30 Chair Yoga *AR 8</p> <p>10:45 & 11:15 Cayucos Potluck</p> <p>2:00 Casa's Caring Angels *AR</p> <p>3:00 Frannie's Fountain</p> <p>6:30 Poker Dice *AR</p>	<p>9:30 Stretch Band Exercises*AR 9</p> <p>10:15 BINGO! *AR</p> <p>11:15 Art with Tonya *AR</p> <p>2:00 Outing: Kohl's in SLO</p> <p>3:00 Frannie's Fountain</p> <p>6:30 Evening Movie *MT Grumpy Old Men</p>	<p>9:30 Morning Stretch *AR 10</p> <p>10:15 Coffee & News *AR</p> <p>11:15 Morning Walk *FPR</p> <p>2:00 Bible Study with Earl *AR</p> <p>3:30 Happy Hour Featuring: Old Creek Road *FPR</p>	<p>9:30 Music-N-Motion *AR 11</p> <p>10:30 BINGO! *AR</p> <p>2:00 Afternoon Matinee *MT Grumpy Old Men</p> <p>4:30 Evening Walk *FPR</p>
<p>9:30 Chair Yoga *AR 12</p> <p>10:15 Coffee & News *AR</p> <p>11:15 Crossword Puzzle *AR</p> <p>2:00 Afternoon Walk *FPR</p> <p>2:30 Church Service *LIB</p> <p>3:30 Afternoon Concert Featuring: David Yarnell *AR</p>	<p>9:30 Morning Exercise *AR 13</p> <p>9:45 Mindwalk at the Inn at Morro Bay: Promoting the Morro from 1769-1925 Presented by Dan Krieger</p> <p>10:15 Coffee & News *AR</p> <p>10:15 Catholic Mass *BCC</p> <p>11:15 Manicures *AR</p> <p>1:45 BINGO! *AR</p> <p>3:00 Frannie's Fountain</p> <p>3:30 Bible Study *LIB</p>	<p>9:30 Sit-N-B-Fit *AR 14</p> <p>10:15 Coffee & News *AR</p> <p>11:15 Short Stories</p> <p>2:00 Scenic Drive: The Search for Kites in Cayucos and MB</p> <p>3:00 Frannie's Fountain</p> <p>3:15 Knitting with Wanda *AR</p> <p>6:30 Game Night *AR</p>	<p>9:30 Chair Yoga *AR 15</p> <p>10:15 Coffee & News *AR</p> <p>11:15 Town Hall Meeting *AR Guess Speaker: Angela Hopkins</p> <p>2:00 Fall Prevention Class *AR</p> <p>3:00 Frannie's Fountain</p> <p>4:00 Veteran's Social *AR</p> <p>6:30 Poker Dice *AR</p>	<p>9:30 Stretch Band Exercises *AR 16</p> <p>10:15 Coffee & News *AR</p> <p>11:15 BINGO! *AR</p> <p>2:00 Outing: MB Library</p> <p>3:00 Frannie's Fountain</p> <p>6:30 Evening Movie *MT Grumpier Old Men</p>	<p>9:30 Morning Stretch *AR 17</p> <p>10:15 Coffee & News *AR</p> <p>11:15 Morning Walk *FPR</p> <p>2:00 Bible Study with Earl *AR</p> <p>3:30 Happy Hour Featuring: Julie Beaver *FPR</p>	<p>9:30 Music-N-Motion *AR 18</p> <p>10:30 BINGO! *AR</p> <p>2:00 Afternoon Matinee *MT Grumpier Old Men</p> <p>4:30 Evening Walk *FPR</p>
<p>9:30 Chair Yoga *AR 19</p> <p>10:15 Coffee & News *AR</p> <p>11:15 Jumbled Words *AR</p> <p>2:00 Afternoon Walk *FPR</p> <p>2:30 Church Service *LIB</p> <p><small>Activity Professionals Week</small></p>	<p>9:30 Morning Exercise *AR 20</p> <p>10:15 Coffee & News *AR</p> <p>10:15 Catholic Mass *BCC</p> <p>11:15 Musical Memory Lane *AR</p> <p>1:45 BINGO! *AR</p> <p>3:00 Frannie's Fountain</p> <p>3:30 Bible Study *LIB</p> <p><small>Martin Luther King Day</small></p>	<p>9:30 Sit-N-B-Fit *AR 21</p> <p>10:15 Coffee & News *AR</p> <p>11:15 Food for Thought with Dietary Director, Treavor</p> <p>2:00 Faces and Places *MT Born to Royalty</p> <p>3:00 Frannie's Fountain</p> <p>3:15 Knitting with Wanda *AR</p> <p>6:30 Game Night *AR</p>	<p>9:30 Chair Yoga *AR 22</p> <p>10:15 Coffee & News *AR</p> <p>11:15 Resident Art Show and Reception Planning Meeting *AR</p> <p>12:15 Lunch Outing: Hong Kong Restaurant in Los Osos</p> <p>2:00 Casa Crafts*AR</p> <p>3:00 Frannie's Fountain</p> <p>6:30 Evening Concert Featuring: Rick Tennock *FPR</p>	<p>9:30 Stretch Band Exercises *AR 23</p> <p>10:15 BINGO! *AR</p> <p>11:15 Art with Tonya *AR</p> <p>2:00 Outing: Walk the Pier in Cayucos</p> <p>3:00 Frannie's Fountain</p> <p>6:30 Evening Movie *MT Notting Hill</p>	<p>9:30 Morning Stretch *AR 24</p> <p>10:15 Coffee & News *AR</p> <p>11:15 Morning Walk *FPR</p> <p>2:00 Bible Study with Earl *AR</p> <p>3:30 Happy Hour Featuring: Rachel Santa Cruz *FPR</p>	<p>9:30 Music-N-Motion *AR 25</p> <p>10:30 BINGO! *AR</p> <p>2:00 Afternoon Matinee *MT Notting Hill</p> <p>4:30 Evening Walk *FPR</p> <p><small>Chinese New Year</small></p>
<p>9:30 Chair Yoga *AR 26</p> <p>10:15 Coffee & News *AR</p> <p>11:15 Hang Man *AR</p> <p>2:00 Afternoon Walk *FPR</p> <p>2:30 Church Service *LIB</p>	<p>9:30 Morning Exercise *AR 27</p> <p>10:15 Coffee & News *AR</p> <p>10:15 Catholic Mass *BCC</p> <p>11:15 Manicures *AR</p> <p>1:45 BINGO! *AR</p> <p>3:00 Frannie's Fountain</p> <p>3:30 Bible Study *LIB</p> <p><small>Australia Day (observed)</small></p>	<p>9:30 Sit-N-B-Fit *AR 28</p> <p>10:15 Coffee & News *AR</p> <p>11:15 Poetry Play *AR</p> <p>2:00 Scenic Drive: Perfumo Canyon Road</p> <p>3:00 Frannie's Fountain</p> <p>3:15 Knitting with Wanda *AR</p> <p>6:30 Game Night *AR</p>	<p>9:30 Chair Yoga *AR 29</p> <p>10:15 Coffee & News *AR</p> <p>11:15 Price is Right *AR</p> <p>2:00 Sudoku *AR</p> <p>3:00 Frannie's Fountain</p> <p>6:30 Poker Dice *AR</p>	<p>9:30 Stretch Band Exercises *AR 30</p> <p>10:15 Coffee & News *AR</p> <p>11:15 BINGO! *AR</p> <p>2:00 Outing: Target in SLO</p> <p>3:00 Frannie's Fountain</p> <p>6:30 Evening Movie *MT Sleepless in Seattle</p>	<p>9:30 Morning Stretch *AR 31</p> <p>10:15 Coffee & News *AR</p> <p>11:15 Morning Walk *FPR</p> <p>2:00 Bible Study with Earl *AR</p> <p>3:30 Happy Hour Featuring: Les Beck *FPR</p>	

Calendar may be subject to change. Sign up for outings, scenic drives & movies. *AR=activity room *FPR=fireplace room *MT=movie theater *LIB=library *MR=media room *BCC=bayside care center