

“TRUSTING GOD”

God Cares About What We Are Going Through!

I. Trust in God

John 16:33 (Message) ... **trusting me, you will be unshakable and assured, deeply at peace.** In this godless world you will continue to experience difficulties. But take heart! I've conquered the world.”

DEFINE: Trust - Secure Confident Dependence Upon God.

Proverbs 3:5-6 (NKJV) ⁵ **Trust in the LORD** with all your heart, And lean not on your own understanding; ⁶ In all your ways acknowledge Him, And He shall direct your paths.

II. God Is on Our Side

Psalm 46:1 (TPT) **God, you're such a safe and powerful place to find refuge! You're a proven help in time of trouble — more than enough** and always available whenever I need you.

A. Stress and Anxiety is Something Everyone is Facing

PRINCIPLE 1: Stress and Anxiety Raises Because of Uncertainty.

Proverbs 12:25 (NKJV) **Anxiety in the heart of man causes depression, But a good word makes it glad.**

B. Our Relationship with God

1 Peter 5:7 (NKJV) **casting all your care** upon Him, for He cares (*is concern*) for you.

DEFINE: Your Care - Circumstances that are Promoting Concerns, Worries and Anxiety.

Psalm 55:22 (TPT) So here's what I've learned through it all: **(Cast and) Leave all your cares and anxieties at the feet of the Lord, and measureless grace will strengthen you.**

C. God Cares

Mark 4:35-38 (NIV) That day when evening came, he said to his disciples, “Let us go over to the other side.” Leaving the crowd behind, they took him along, just as he was, in the boat. There were also other boats with him. A furious squall came up, and the waves broke over the boat, so that it was nearly swamped. **Jesus was in the stern, sleeping on a cushion. The disciples woke him and said to him, “Teacher, don't you care if we drown?”**

PRINCIPLE 2: During Storms We Learn Who Jesus is and How Much He Loves Us.

III. WHO IS JESUS TO YOU?

Matthew 8:26-27 (NIV) He replied, “You of little faith, why are you so afraid?” Then **he got up and rebuked the winds and the waves, and it was completely calm. The men were amazed and asked, “What kind of man is this? (Who is this Man) Even the winds and the waves obey him!”**

PRINCIPLE 3: Storms Reveal Who Jesus Really is to Us, Personally.

A. Jesus is Our Anchor in the of the Storms of Life

Hebrews 6:19 (NIV) **We have this hope as an anchor for the soul...**

DEFINE: Anchor - helps provide strength and stability.

1. Time in God's Presence

Psalm 91:1-4 (NIV) **Whoever dwells in the shelter of the Most High will rest in the shadow of the Almighty. I will say of the LORD, "He is my refuge and my fortress, my God, in whom I trust."** *Surely he will save you from the fowler's snare and from the deadly pestilence. He will cover you with his feathers, and under his wings you will find refuge; his faithfulness will be your shield and rampart.*

PRINCIPLE 4: Peace isn't the Absence of Trouble, Peace is the Presence of God.

2. Meditate on God's Promise

Psalm 119:81 (NIV) My soul faints with longing for your salvation, but **I have put my hope in your word.**

PRINCIPLE 5: Don't Let the Circumstances Speak Louder than God's Word.

3. Understand God's Process

Romans 5:2-4 ... **we rejoice in our sufferings (troubles), because we know that suffering (troubles) produces perseverance; perseverance, character; and character, hope.**

PRINCIPLE 6: Trouble doesn't Build Character, Trouble Reveals Character.