

“TRUST GOD” “Changing the Channel”

I. Trust in God

John 16:33 (Message) ... **trusting me, you will be unshakable and assured, deeply at peace.** In this godless world you will continue to experience difficulties. But take heart! I've conquered the world.”

DEFINE: Trust - secure confident dependence upon God.

Proverbs 3:5–6 (NKJV) ⁵ **Trust in the LORD** with all your heart, And lean not on your own understanding; ⁶ In all your ways acknowledge Him, And He shall direct your paths.

II. HOW DO WE DEAL WITH FEAR

A. There is No Fear in God

1 John 4:18 (NKJV) **There is no fear in love; but perfect love casts out fear,** because **fear involves torment...**

Fear - creates thoughts that promote nervousness, anxiety and distress.

PRINCIPLE 1: If You don't Deal with Fear, Fear will Deal with You!

B. God is with Us

Psalm 23:4 (NKJV) Yea, *though I walk through the valley of the shadow of death,* **I will fear no evil; For You are with me;** Your rod and Your staff, they comfort me.

DEFINE: The Shadow of Death - severe darkness and uncertainty.

Hebrews 13:5–6 (NKJV) ⁵ Jesus Himself has said, ***“I will never leave you nor forsake you.”*** ⁶ So we may boldly say: ***“The LORD is my helper; I will not fear.”***

C. Freed Us from the Power of Fear

Colossians 1:13 (NIV) **For he has rescued (freed / unshackled) us from the dominion of darkness** and brought us into the kingdom of (Light) the Son he loves,

II. HOW DOES FEAR WORK

PRINCIPLE 2: Fear has a Voice and a Picture

A. Renewing Our Minds

Romans 12:2 (NKJV) **Do not be conformed to this world, but be transformed by the renewing of your mind...**

PRINCIPLE 3: The Truth of God's Word has the Power to Change the Pictures that Fear is Creating.

B. Tune into a New Picture

PRINCIPLE 4: The Truth of God's Word has the Power to Silence Fear's Voice and Create Pictures of Life in Our Minds.

James 1:25 (NKJV) **They who look into the perfect law of liberty and continues in it,** and is not a forgetful hearer but a doer of the work, **they will be blessed in what they do.**

DEFINE: Blessed - discovering and applying God's Truth to Your Life.