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Weather



TODAY:
60% CHANCE OF SHOWERS

HIGH OF 23
LOW OF 17



TUESDAY:
70% CHANCE OF SHOWERS

HIGH OF 23
LOW OF 8



WEDNESDAY:
MIX OF SUN AND CLOUD

HIGH OF 17
LOW OF 8



THURSDAY:
SUNNY

HIGH OF 21
LOW OF 8



FRIDAY:
MIX OF SUN AND CLOUDS

HIGH OF 20
LOW OF 10

Potton offers a range of leisure and fitness activities for this fall



THE SCOOP

MABLE HASTINGS

The Municipality of the Township of Potton is pleased to offer citizens a range of leisure and fitness activities for this fall. To ensure that all the health measures defined by the government are properly applied and that the classes are as safe as possible for participants, leaders of programs recently attended a training workshop on health and safety instructions, given by Potton's new preventionist James Bouthillier.

As communities strive to return to a new kind of normal, fall programs are being adjusted, modified and redefined due to the COVID-19 Pandemic and Government safety protocols. While the following activities are being offered with modifications through the Municipality of Potton, programs of the Missisquoi North Volunteer Centre (CABMN) are on hold until further notice and will be posted on their website at www.cabmn.org when program start up dates have been determined.

The Municipality of Potton will offer



PHOTO COURTESY

the following programs and dates, times and details on costs and group capacity can be found on www.potton.ca and include: a new craft evening with librarian Ann Colgan at the Potton library with a new project created every month. Programming will also include: Saturday Karate with Alain Veilleux from September to November. Beginners and Intermediate Pilates with Monique Gilbert, M.Sc.Kinesiologist will take place from September to December as well as X-fit on Thursdays in the Park Andre Gagnon.

Other activities include Petanque through fall until October with Carole Delaitre at the Park Andre Gagnon. Afternoons from October 29 to April at the Catholic Church basement the Club des Retraites will offer cards, Wii, pool and darts. Michael McCusker will host Bridge on-line and Marie Gagnon will lead Thursday Yoga at the Town Hall.

Activities continue with Badminton

and Pickelball at the Mansonville Elementary School Gymnasium. Action Sante will offer Tai Ki Gong on-line and the Choir Le Choeur des Chouettes will also meet.

As everyone strives to get back to some kind of a routine these activities provide options with the safety measures necessary in place to assure the well-being of all participants. All details are easily accessible on the Potton website and due to the fact that group capacity may be reduced, you are encouraged to sign up early. While some activities are free of charge, the costs for those with a fee are listed on the site.

Physical activity and thoughtful tasks can only help all to get through the fall and winter months in a healthier mind frame. The Municipality of Potton wants to do all it can to aid citizens in attaining good health.

Waterworks maintenance in Lennoxville this week

Record Staff

Work to install a new fire hydrant and close off the water access point for the former site of L'ami Denis on the south end of Lennoxville will restrict traffic to one lane on Queen street for part of this coming week and result in interruptions to water service in the surrounding area. Starting Tuesday,

Aug. 25, a 7:30 a.m. and continuing until 6 p.m. Wednesday, drivers heading into town should expect to detour onto highway 410, as the northbound lane will be closed at the J.D.L.Laguë John Deere dealership site. southbound drivers should still be able to proceed out of town as normal, but signalers will be on site to help guide traffic.

On Tuesday only, water service will be cut off to residents at 9, 11, 15, 16, 20,

and 30 Queen Street between 8 a.m. and 6 p.m. After water is restored, a 48-hour preventative boil water advisory will be in effect for those same addresses.

On Monday city work crews will also be in place to carry out repairs to the waterworks network on Speid Street near the corner of Deacon in Lennoxville. That work is expected to be completed before noon.

Ben by Daniel Shelton

