



TUESDAY, MARCH 31, 2020

Daniel Bondaruk
Propriétaire / Owner

24/7

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51 Mountain Sight, Bolton Est. Qc, JOE 1G0

Coronavirus COVID-19
Don't forget about mental health!
stress • anxiety • depression

Information and advice inside.

Québec

Mable Hastings honoured

Submitted by Murielle Parkes



COURTESY

On behalf of the Missisquoi North Volunteer Centre (CABMN), four representatives of the Board of Directors met at the CAB office to honour their Executive

CONT'D ON PAGE 2

The Rainbow Project – “It will be okay”



LOUISE SMITH

The rainbows are a sign that “It Will Be Okay”. Someday this will be just a memory.

By Louise Smith

Rainbows are appearing in windows across the Townships and elsewhere. There is a movement afoot to create rainbows and to put them up, with or without the mes-

sage, “Ca Va Bien Aller” or “It will be okay”. If you harken back to the Bible story of Noah, after the 40 days and 40 nights of rain, God sent Noah a rainbow as a sign that the great flood would not happen again. It was a covenant, a promise, that

the bad times were over.

Every day new rainbows are going up. Some of the creations are being made by children, stuck at home, and some are made by adults. It seems we are heading to a possible lockdown to stem the spread of Covid-19, as the

Townships and Montreal are the hot spots in the province. If ever there was a need for rainbows, it is now. No matter what your level of artistic talent, you can be part of the messaging for hope.



– BOUTIQUE –

Brome Lake Ducks is part of the essential services
The Knowlton store is therefore open

NEW

Order preparation service, in addition to the usual services
Delivery service within a radius of 5 km

Contact us

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