

# Second annual Club des retraités (Senior's) lunch event in Potton

By Mable Hastings

For a second year in a row, on Thursday, March 27 the Club des retraités senior's group in Potton held its annual spring lunch in the basement of the Catholic Church. The lunch celebrates the end of the senior's activities for the summer. Assisted by the Misisquoi North Volunteer Centre (CABMN) senior's coordinator, Angelle Laplume, group organizer, Christine Caron enjoyed collaborating in offering this event for a second year. Following the lunch, the group that normally meets every Tuesday closes its activities for the summer to get ready for their annual Marché aux puces/Flea Market that is held in the basement of the Catholic Church throughout the summer on weekends.

Following the meal prepared by Robert and Lucie Renaud (who used to run the Soleil Rouge Restaurant), the 42 in attendance were invited to stay to play cards and shuffleboard which

many did. Guests for the lunch included staff from the CLSC (CIUSSE) and others from the community who happily attended.

The flea market held in the basement of the Catholic Church operates every weekend throughout the summer months and is located across from the local Farmer's Market making bargains available in adjacent locations a short walking distance from one and other. The basement sale offers everything from furniture to clothing including knick knacks, books, jewellery and more. Run by the seniors, this is a great fundraising opportunity for the group. Donations are always welcome.

Senior's activities organized by the Club des retraités senior's group from fall through to spring include: shuffleboard, card parties, visiting and fun. This well attended activity is one that Potton seniors have long enjoyed. Like many small communities, having local groups and activities as well as special events are vital and making it easy for

seniors to get to an activity is important.

For more information about senior's services in Potton, contact the volunteer

centre (CABMN) senior's coordinator, Angelle Laplume at 450-292-3114.



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