

The Record e-edition

There for you
24-hours-a-day
7-days-a-week.
Wherever you are.

Access the full edition of the *Sherbrooke Record* as well as special editions and 30 days of archives.

Renew or order a new 12-month print subscription and get a 12-month online subscription for an additional \$5 or purchase the online edition only for \$82.21.

Record subscription rates (includes Quebec taxes)

- 1 year print: \$155.91
- 6 month print: \$81.85
- 3 month print: \$41.57
- 12 month web only: \$82.21
- 1 month web only: \$7.46

Web subscribers have access to the daily *Record* as well as archives and special editions.

Subscribing is as easy as 1,2,3:

1. Visit the *Record* website: www.sherbrookerecord.com
2. Click e-edition.
3. Complete the form and wait for an email activating your online subscription.

Weather



TODAY:
60% CHANCE
OF SHOWERS

HIGH OF -8
LOW OF -16



TUESDAY:
MIX OF SUN
AND CLOUDS

HIGH OF -6
LOW OF -15



WEDNESDAY:
PERIODS OF
SNOW

HIGH OF -7
LOW OF -12



THURSDAY:
CLOUDY

HIGH OF -7
LOW OF -20



FRIDAY:
60% CHANCE
OF FLURRIES

HIGH OF -14
LOW OF -23

Young leaders introduce community to “Fabulous Girl”



THE SCOOP

MABLE HASTINGS

Stand back Superman and Wonder Woman, there’s a new superhero in town and her name is “Fabulous Girl!”

The Missisquoi North Youth Centre (CAB) young leadership group made up of girls ages 6-12 is funded by a grant received from the Canada Post Foundation and the Scowen Family Foundation. The group is just one of the leadership programs that meet weekly on Saturdays at the Youth Centre in Mansonville. The message is simple, “I’m FABULOUS and so are YOU!”

The group has been meeting since September and a variety of topics are discussed and solutions come from the girls themselves. For the past while the young leaders have been focusing on the issue of bullying and intimidation. The girls decided to create a new superhero and they had t-shirts made that they hope will inspire other kids to stop bullying. The message also serves as a reminder to the girls themselves to remain conscious of their own behavior and to try and catch themselves before participating when others are being targeted.

“We’re fabulous,” said Kate Eldridge, a member of the group. “But, the person who might be bullying others is also fabulous, we just have to make them aware



MABLE HASTINGS

of that and encourage positive behavior.”

This week, the girls went home with homework of sorts. Each girl was asked to create an “all about me kit,” to bring the following Saturday to share with the group. The container for each kit was provided by Windmill Plastics in Knowlton and each girl will decorate the kit to represent her. The kit will contain photos, artistic creations, favorite things and facts about themselves to share with the others.

The aim of the program is to help the girls feel good about who they are and emphasizing a positive self-esteem. This enables each girl to then contribute to the group and support others in it and eventually, this may extend to schoolmates, family, friends and the community at large.

The girls admit that they are not perfect and that they often find themselves

in situations where it would be easier to bully than to stand up against it. The discussion is always a lively one and opinions are shared eagerly and without hesitation. Advice, compassion, understanding and the occasional words of disappointment are shared in a variety of discussions and the sharing of experiences. There is a circle check each week and with girls from three different schools attending, there is usually a lot to discuss.

“Fabulous Girl” will likely be appearing in future projects by the leadership group and while her superhero abilities are something one has to learn and practice, this may just make for a very real model for young girls to emulate. There will no doubt be setbacks but there are many triumphs too and as these girls change, blossom and grow, their fabulousness flourishes.

Two seriously injured in Ste-Catherine-de-Hatley collision

Record Staff
SHERBROOKE

Two people were injured Friday in a collision between a car and a pick-up truck Friday morning in Sainte-Catherine-de-Hatley, on the overpass

spanning Highway 55.

According to reports, the truck crashed into the passenger side of the other vehicle and the two occupants of the car were trapped inside for several minutes.

First responders worked for about 45 minutes with the Jaws of Life to rescue the two, who suffered serious, but not life-threatening, injuries.

The accident occurred a little before 11 am.

Ben by Daniel Shelton

