



2020 Game Day Instructions

Game time slots will be 9AM, 11:30AM, 2PM, 4:30PM.

Players will take their temperature before they leave their house for the game. If they are above normal in any way, they should sit. Please see the guide on page 2. Temperatures will not be taken at the field because the temperature differential on a 90 degree day will result in many false readings.

Players and coaches arrive at the complex and wear masks while on the team bench.

8:30AM Teams walk onto the field, put on jerseys, and put up nets. Players are not required to wear masks during the game.

8:45AM Coaches will (while wearing masks) give the referees the team roster and also their signed copy of the rules and policies with waiver (REQUIRED for every game). Players report to the edge of the center circle for player check in. Each team will stay on their own half. No player may enter the center circle. Referees will check each player in while social distancing. Players who are late to this check in will need to wait until half time to check in.

8:55AM Coin Toss – Captains at the outside of the midfield circle.

9AM Kickoff

9:45AM-9:50AM Halftime. Late players must come to the edge of the center circle to check in.

10AM 2nd half begins

10:45AM-10:50AM Game concludes. Referees will keep the rosters and signed forms for 21 days.

11:00AM All teams and players must have left the field, wearing masks. The teams for the next game arrive. Teams may not arrive early and watch. You **MUST** wait until the teams clear the field to enter.

Encroaching on the referee's social distance is an unsportsmanlike conduct yellow. No players may at any time intentionally break the 6 foot social distance boundary.

Spitting at any time is an automatic Red card. This includes the benches. The player is removed for the duration of the game and must sit out the next game. There is no fine. Spitting on another player is a 3 game ban. \$50 fine.

Spitting on a referee is assault and could result in a 364 day suspension.

No handshakes before or after games.

NO FANS ALLOWED. The game will be stopped until the fans leave the area. Distance minimum of 20 yards at referee's discretion. A parent of a minor may escort their player to and from the field.

Team benches will be located on opposite sides of the field and caddy corner so that each linesman does not run in front of a bench. This will also allow linesmen to help communicate the no fan policy. See example above.



We're All In This Together

We're relying upon the good faith and honesty of each player to take care of and understand their personal health before participating with their team in practices or games. If you do not feel well, do not show up. Go get a test or self-isolate for 14 days until you know you are clear. According to the CDC, the most obvious signs of infection are fever, sore throat, and diarrhea. However, any cold or flu like symptom may be associated with COVID-19. Please keep everyone around you healthy. Keep yourself informed here: <https://covid19.colorado.gov/covid-19-data>

COVID-19 symptoms may include:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

*This list is not all-inclusive. Please consult your medical provider for any other symptoms that are severe or concerning.

COVID-19 testing is free. Please go to <https://www.denvergov.org/content/denvergov/en/covid-19/recovery-guidance/testing.html>

Any player that has potentially been exposed to COVID-19 must inform their coach and self-isolate for 10 days or until cleared by a medical professional.

Any team that has potentially been exposed to COVID-19 must inform the league and self-isolate for 10 days or until players are cleared by a medical professional. Your games will be rescheduled. There will be no forfeits or fines associated with a team not being able to play due to COVID-19. Coaches must do the work to be aware of the health of their team and give the league at least 12 hours notice.

If team finds that a player in a game has tested positive for COVID-19, the coach will inform the league. Contact tracing will be done and the players that are at risk informed. The players on both teams will need to self-isolate for 10 days or cleared by a medical professional. Games will be rescheduled.