



Welcome to Meridian Senior Center 208-888-5555

* La Boutique - Open Mon.-Thurs. 10:30 - 1:00

JULY ACTIVITIES

Center at the Park Available for Rentals

Call Lisa @ 208-908-7540 / events@meridianseniorcenter.org

				THURSDAY - JULY 1	FRIDAY - JULY 2
 <p>FOOT CLINIC STONEBRIDGE HOME CARE SOLUTIONS 208-866-3907 TEXT FOR APPT.</p>		<p>BILLIARDS: MON. & WED. 12 - 3; FRI. 11-3 (NO 2ND FRI.) TUES. & THURS. 11 - 3</p> <p>DON'T FORGET 2021 MEMBERSHIP DUES - \$15.00</p>		<p>10:00 FIT & FALL 11:45 SENIOR GOLDMINE 12:00 LUNCH 1:00 HAND & FOOT</p>	<p>12:00 LUNCH 1:00 PINOCHLE</p> <p>BINGO DOORS OPEN 4:30</p>
* MEMBERSHIP REQUIRED					
MONDAY - JULY 5	TUESDAY - JULY 6	WEDNESDAY - JULY 7	THURSDAY - JULY 8	FRIDAY - JULY 9	
 <p>CENTER CLOSED</p>	<p>10:00 FIT & FALL <u>11:00 MOM & DOUBLE IMAGE</u> 12:00 LUNCH 1:00 ART CLASS</p>	<p>10:45 TAI CHI 12:00 LUNCH 1:00 PINOCHLE</p>	<p>10:00 FIT & FALL 12:00 LUNCH 1:00 HAND & FOOT 1:00 WOMEN'S WRITING WORKSHOP</p>	<p>9:30 - 1:00 <i>FOOT CLINIC</i> 12:00 LUNCH 1:00 PINOCHLE</p> <p>BINGO DOORS OPEN 4:30</p>	
MONDAY - JULY 12	TUESDAY - JULY 13	WEDNESDAY - JULY 14	THURSDAY - JULY 15	FRIDAY - JULY 16	
<p>12:00 LUNCH 1:00 DOMINOES 1:00 PINOCHLE</p>	<p>11:00 ALZHEIMERS SUPPORT GROUP 10:00 FIT & FALL <u>11:00 MUSIC BY ALI</u> 12:00 LUNCH 1:00 ART CLASS</p>	<p>10:00 KNIT & LOOM 10:45 TAI CHI 12:00 LUNCH 1:00 PINOCHLE</p>	<p>10:00 FIT & FALL 12:00 LUNCH <u>12:30 - 1:30 ATTORNEY *</u> 1:00 HAND & FOOT 1:00 WOMEN'S WRITING WORKSHOP</p>	<p>12:00 LUNCH 1:00 PINOCHLE</p> <p>BINGO DOORS OPEN 4:30</p>	
MONDAY - JULY 19	TUESDAY - JULY 20	WEDNESDAY - JULY 21	THURSDAY - JULY 22	FRIDAY - JULY 23	
<p>12:00 LUNCH 1:00 DOMINOES 1:00 PINOCHLE</p>	<p>10:00 FIT & FALL <u>10:30 - 11:45 BLOOD SUGAR TESTING *</u> 12:00 LUNCH 1:00 ART CLASS</p>	<p>10:45 TAI CHI <u>11:00 HEARTFELT COUNTRY</u> 12:00 LUNCH 1:00 PINOCHLE</p>	<p>10:00 FIT & FALL 12:00 LUNCH 1:00 HAND & FOOT 1:00 WOMEN'S WRITING WORKSHOP</p>	<p><u>10:15 - 11:30 HEARING AID CLINIC</u> 12:00 LUNCH 1:00 PINOCHLE</p> <p>BINGO DOORS OPEN 4:30</p>	
MONDAY - JULY 26	TUESDAY - JULY 27	WEDNESDAY - JULY 28	THURSDAY - JULY 29	FRIDAY - JULY 30	
<p>12:00 LUNCH 1:00 DOMINOES 1:00 PINOCHLE</p>	<p>10:00 FIT & FALL 12:00 LUNCH 1:00 ART CLASS</p>	<p>10:00 KNIT & LOOM 10:45 TAI CHI 11:00 BLOOD PRESSURE 12:00 LUNCH 1:00 PINOCHLE</p>	<p>10:00 FIT & FALL 12:00 LUNCH 1:00 HAND & FOOT 1:00 WOMEN'S WRITING WORKSHOP</p>	<p>12:00 LUNCH 1:00 PINOCHLE</p> <p>BINGO DOORS OPEN 4:30</p>	
<p>VISIT OUR WEBSITE AT: www.meridianseniorscenter.com</p>					