



*"The essence of belief
is the establishment
of a habit"*

-- Charles Pearce

NEI Events

December 2018

- 9 NEI Monthly Mtg @ 5pm*
- 14-16 12-Step Retreat (Co-ed)
Chester, VT

January 2019

- 13 NEI Monthly Mtg @ 5pm*
SPECIAL ELECTION of
Service Positions listed below
(sobriety requirement)
- Corresponding Sec'y (1 year)
 - Treasurer (1 year)
 - Newsletter Editor (none)
 - Web Site Coordinator
(6 months)
 - Literature Secretary (none)
 - Activities Chairperson (none)

26 Meeting & A Movie

Grace Episcopal Church
76 Eldredge Street, Newton
2:45pm Getting Current Meeting
4pm Yes *Man*, comedy
Free. Popcorn provided.
More info: activities@slaanei.org

February 2019

- 9 **We are Not Alone**
Meeting & Game Night
6-10pm, Grace Episcopal Church
76 Eldredge Street, Newton
- 10 NEI Monthly Mtg @ 5pm*

Openings for NEI Service Positions to be filled at Special Election Jan. 13

Many terms for NEI service positions run for two years, so not all positions turn over every year. And thank goodness! It's helpful to have continuity while simultaneously welcoming and training new volunteers.

Noted in the left-hand column are the open positions that will be voted on in a special election at the NEI meeting Sunday, January 9, at 5pm at Newton-Wellesley Hospital. (Also see left hand column for upcoming NEI meeting dates, address and how to attend via phone.)

While service in any position is important and rewarding, there is an especially strong need to have a volunteer step into the role of Treasurer. *There is a one-year sobriety requirement, but no previous experience in finance or accounting is necessary.* The heavy-lifting accounting work is done by the magic of software, according to outgoing Treasurer Michael T. who has served in the position for the past three years. Michael said the key responsibilities are to deposit checks, pay bills, and make entries in the accounting software file.

"It's just like managing your own checkbook. If you can do that, you can do this job," he said, adding that most people can pick it up in less than an hour of training. NEI's financials are fully transparent to its members. Feel free to view the budget and other fiscal information on the NEI website at slaanei.org. If you meet the sobriety requirement and want to help in a big way, please come forward either to your meeting's NEI Group Rep (see article on page two) or by emailing info@slaanei.org.

Another critically important role is that of Corresponding Secretary who helps coordinate the monthly mailings and maintain the mailing list. This person can draw on the help of other NEI members as well as individual groups. Some have gotten creative and brought mailings to their meetings to help with collating and stuffing envelopes or folding meeting lists. It can be a nice way to get others involved.

A full description of the duties of all the different positions that are up for election can be found on the NEI website at slaanei.org and searching for bylaws. Please consider stepping up – service really does feed sobriety.

STEP OF THE MONTH, STEP 12: Having had a spiritual awakening as the result of these steps, we tried to carry this message to sex and love addicts, and to practice these principles in all areas of our lives.

NEI Events, cont.

March 2019

10 NEI Monthly Mtg @ 5pm*

22-24 12-Step Retreat (Co-ed)
Chester, VT

* Newton-Wellesley Hospital
Allen-Riddle Bldg, Rm 100
Or participate by phone

**Dial (712) 432-6100 and enter
Passcode: 74128638#**

www.slaanei.org
(617) 625-7961

**Need a speaker for
your meeting?**

The speaker initiative started last year has been matching volunteer speakers to meetings throughout the NEI area. If you need a speaker, or want to be a speaker, email Joe G. at jmgn2@yahoo.com for more info.

Does your meeting have a Group Rep or Group Contact?

Every S.L.A.A. meeting has to opportunity to have two members represent the group at NEI's monthly meetings. They are called Group Reps and they are elected during a business meeting. Why is this role important? Group Reps vote on NEI policies, budget decisions, and other activities that affect the functioning of the organization as a whole. There is a sobriety requirement of three months to vote at meetings, but those who do not meet the requirement can participate in discussions and give voice to the opinions of their group.

Each S.L.A.A. meeting also has a Group Contact. This person receives NEI mailings (in hard copy and/or electronic form) and distributes this information to meeting members. Some Group Contacts make copies of the newsletter and other flyers, but at minimum, the hope is these items are mentioned during the announcement portion of the meeting.

Group Contacts are also responsible for completing an updated Meeting Registration Form and filing it with NEI whenever there is a change to a meeting time, date, address changes as well as meeting name changes and contact changes such as what's listed below. Consider representing your meeting!

Meeting Updates

SUNDAYS

Meeting is now a closed meeting rather than open. Women with six months continuous sobriety are particularly encouraged to be a speaker. BROOKLINE, MA, 7pm (CL12DNF) Women's meeting. Literature, step study, and speakers, 4th Sunday of the month focuses on sexual anorexia. All women suffering from sex and love addiction are encouraged to attend. Please contact Pat (603) 505-5319 or Tiffany (207) 699-6170 for more info and location.

TUESDAYS

New Meeting: JAMAICA PLAIN, "Tuesday Hope Meeting" meets Tuesdays from 6:30-8pm. Closed meeting, Step format. Location: Keltie Chapel, 85 Seaverns Ave, Jamaica Plain. Newcomer info, contact: Rich C. at (617) 901-5028.

Group Contacts are required to submit updates online at slaanei.org/meetings/register-or-update-meeting/ as that meeting listings are accurate in both printed and electronic form.

TRADITION OF THE MONTH, TRADITION 12: Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.