



"It is not yours to finish the task, but neither are you free to take no part in it."
-- Anonymous

NEI Events

November 2018

3 Fall Gathering, 12:30-6pm
Grace Episcopal Church
76 Eldredge Street
Newton, MA

18 NEI Monthly Mtg @ 5pm*

December

9 NEI Monthly Mtg @ 5pm*

14-16 12-Step Retreat (Co-ed)
Chester, VT

January 2019

13 NEI Monthly Mtg @ 5pm*
Agenda includes **ELECTION**
of Service Positions. See
adjacent article.

* Newton-Wellesley Hospital
Allen-Riddle Bldg, Rm 100
Or participate by phone
**Dial (712) 432-6100 and enter
Passcode: 74128638#**

www.slaanei.org
(617) 625-7961

There's a Service Position Just Right for You at January's NEI Election

Our Twelve Traditions put the common welfare of S.L.A.A. first and ensures that our leaders are but trusted servants; they do not govern. In keeping with this, NEI's bylaws require the periodic election of new officers to allow as many people to get involved in the spirit, and heavy-lifting, of service.

Being elected to a service position is also a great way to learn about Intergroup and how it is part of the larger Fellowship-Wide Service (FWS) organization that seeks to provide support to the still sick and suffering addict anywhere in the world.

A full description of the duties of the different positions that are up for election can be found on the NEI website at slaanei.org and searching for bylaws. The open positions in the January elections are listed below. The sobriety requirement is in parentheses.

- Chairperson (1 year)
- Vice Chairperson (1 year)
- Recording Secretary (no sobriety requirement)
- Corresponding Secretary (1 year)
- Treasurer (1 year)
- Outreach Chairperson (no sobriety requirement)
- Newsletter Editor (no sobriety requirement)
- Web Site Coordinator (6 months)
- Literature Secretary (no sobriety requirement)
- Telephone Coordinator (6 months)
- Activities Chairperson (no sobriety requirement)

Interested? As always, you and every member of S.L.A.A. is encouraged to attend the monthly NEI meetings, held at 5 pm on the second Sunday of the month (except when there is a holiday). Location and how to participate by phone are detailed in the calendar of events at left. Please consider serving in a position.

We'd love to have you!

STEP OF THE MONTH, STEP 11: Sought through prayer and meditation to improve our conscious contact with a Power greater than ourselves, praying only for the knowledge of God's will for us and the power to carry that out.

TRADITION OF THE MONTH, TRADITION 11: Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, TV, film, and other public media. We need guard with special care the anonymity of all fellow S.L.A.A. members.

Change in 12-Step Retreat Format?

by Jenny R, Activities Committee Chair

NEI has been sponsoring 12-Step Retreats since Spring 1996. We started with two retreats a year and it has grown to five per year. Four of these retreats are based Basic Text of S.L.A.A and go through each of the 12 Steps. Four years ago, an Anorexia-focused weekend was added as well that uses publications specific to that aspect of sex and love addiction.

It would be hard to put an exact number to all those who have participated in retreats over the years, but based on four retreats a year with 16 participants on average for 12.5 years now, the best guesstimate is some 800 people. The NEI retreat has inspired other intergroups in the country to do the same thing, some even adopting our format.

The format for the weekend has evolved over the years, based on input from participants, group conscience, and the development of new literature approved by Fellowship-Wide Services (FWS). The most recent Conference-Approved booklet from FWS is *"A Guide to the Steps: Companion to Chapter Four of the Basic Text."* Those of us who have reviewed this booklet think it would be an awesome addition to the retreat format to use the booklet as part of the reading and writing done throughout the weekend. We hope to integrate the materials into the format by March 2019, if not sooner.

If you are a regular participant, haven't attended in a while, or if you have never joined us, we hope you will take the opportunity to check out the new booklet and join us at an upcoming weekend. We would love your input and feedback so that we can expand our understanding of the steps and how they make our life better.

Meeting Updates

SUNDAYS

Meeting needs support, both women with six months continuous sobriety to speak and others with no sobriety requirement to attend and participate. BROOKLINE, MA, 7pm (OL12DNF) Women's meeting. Literature, step study, and speakers, 4th Sunday of the month focuses on sexual anorexia. All women suffering from sex and love addiction are encouraged to attend. Please contact Pat (603) 505-5319 or Tiffany (207) 699-6170 for more info and location.

TUESDAYS

New Meeting: JAMAICA PLAIN, "Tuesday Hope Meeting" meets Tuesdays from 6:30-8pm. Closed meeting, Step format. Location: Keltie Chapel, 85 Seaverns Ave, Jamaica Plain. Newcomer info, contact: Rich C. at (617) 901-5028.

THURSDAYS

Change of location: HAVERHILL, 7:30 PM (CSD12NFH) Gentle Path Group now meets at the All Saints Parish Church, 120 Bellevue Avenue, still in Haverhill.

SATURDAYS

Time change: NORTH QUINCY, (CS12, 60 min) Men's Step Meeting, Atlantic Evangelical Church, 65 Newbury Avenue, corner of Sagamore & Newbury Street **now meets at 9am rather than 10am.**

NOTE: All changes to the meeting list require an NEI Meeting Registration Form to be completed. This applies to any time, date, room or address changes as well as meeting name changes and contact changes. Again, submits updates online at slaanei.org/meetings/register-or-update-meeting/