



*"Only by caring and loving
ourselves can we feel safe.
Many fears are borne
of self-loathing."
-- Anonymous*

2019 NEI Events

April

- 6 Spring Gathering** 8:30a-5:30p
Grace Episcopal Church
76 Eldredge St., Newton
\$18 in advance; \$20 at door
- 14** NEI Monthly Mtg @ 5-7pm
Newton-Wellesley Hospital*

May

- 4** Sponsorship Workshop
12:15-1:30pm, lunch provided
St. Paul's Church
166 High St., Newburyport, MA
Info: jmgn2@yahoo.com
- 5** NEI Monthly Mtg @ 5-7pm
Newton-Wellesley Hospital*

June

- 1** Cycling for Serenity Bike Ride
11a-4pm; Meet in parking lot
next to Minuteman Bike Path
within Thorndike Park
99 Margaret St., Arlington
Start: 11:15pm sharp!
617-625-7961 and leave
message for Peter or Lisa;
email activities@slaanei.org

- 9** NEI Monthly Mtg @ 5-7pm
Newton-Wellesley Hospital*

July

- 14** NEI Monthly Mtg @ 5-7pm
Newton-Wellesley Hospital*
- 19-21** 12-Step Retreat (Co-ed)
Chester, VT

You Are Not Alone

A "First Saturday" Sampling of
Monthly Sober Fellowship Activities

April 6 – Spring Gathering

Twice a year, New England Intergroup (NEI) hosts recovery gatherings open to all in S.L.A.A. In the fall, the event is half-day, but in the spring, it's a full day of workshops and speakers who share their experience, strength, and hope under the umbrella of a unifying theme. This spring's theme is Sobriety Delivers Everything Our Sex & Love Addiction Promised – *Honesty. Integrity. Wholeness. True Intimacy.* Details at left, for this and all the following events, or see full flyer on the NEI website slaanei.org.

May 4 – Sponsorship Info

S.L.A.A. fellows in Newburyport are hosting a Sponsorship workshop following the regular Changing Tides Meeting that begins at 9am. Topics will include how sponsorship works, why it's important, how to become a sponsor or get a sponsor.

June 1 – Bike Ride

Riders will meet 0.3 miles from the Alewife MBTA station on the Cambridge/Arlington line at 11am. We'll ride at a leisurely pace along the Minuteman Bikeway for 4.4 miles to a grassy outdoor spot in Lexington. We'll stop for lunch and a 12 Step "getting current" meeting. Return time approximately 3:45pm. Be sure to bring water and snacks, though purchases can be made in Arlington or Lexington Center if you prefer. See flyer on website.

On the "Second Sunday" of every month from 5-7pm, all S.L.A.A. members, but especially Group Representatives, are encouraged to attend NEI meetings either in person or by phone. Note, when the second Sunday involves a holiday (such as Mothers Day) it's rescheduled to either the Sunday before or after. Please join us!

***Newton-Wellesley Hospital, 2014 Washington St, Newton
Bowles Conference Room #6, main hospital building**

Conference call: (605) 313-4446 and enter Passcode: 774308#

Does your Meeting have a Group Rep or Group Contact?

Every S.L.A.A. meeting has an opportunity to have two members represent the group at NEI's monthly meetings. They are called Group Reps and they are elected during a business meeting of the group they represent. Why is this role important? Group Reps vote on NEI policies, budget decisions, and other activities that affect the functioning of the organization as a whole. There is a sobriety requirement of three months to vote at meetings, but those who do not meet the requirement can participate in discussions and give voice to the opinions of their group.

Each S.L.A.A. meeting also has a Group Contact. This person receives NEI mailings (in hard copy and/or electronic form) and distributes this information to meeting members. Some Group Contacts make copies of the newsletter and other flyers, but at minimum, the hope is these items are mentioned during the announcement portion of the meeting.

Group Contacts are also responsible for completing an updated Meeting Registration Form and filing it with NEI whenever there is a change to a meeting time, date, address changes as well as meeting name changes and contact changes such as what's listed below. Consider representing your meeting!

Meeting Updates

MONDAYS

New Meeting: CLAREMONT, NH. 6pm. Claremont Monday Night S.L.A.A. (C12D, 60 min) Center for Recovery Resources. 109 Pleasant St., Claremont, NH. Newcomer info, contact: Chris (603) 865-7148 or email claremonthslaa@gmail.com.

THURSDAYS

Change of location: HAVERHILL, MA 7:30pm (CSD12) Gentle Path Group. All Saints Parish Church, corner of 120 Bellevue Ave and 57 Bouchard Ave. Side Rear, downstairs, St. Rita Room. Newcomer contact: Joe B. at 978-758-2064 or jayeffbee41@gmail.com.

SATURDAYS

Discontinued Meeting: BOSTON, MA. 8pm. (OSDT, 60 min.) 74 Kilmarnock St.

STEP OF THE MONTH, STEP 4:

Made a searching and fearless moral inventory of ourselves.

TRADITION OF THE MONTH, TRADITION 4:

Each group should be autonomous except in matters affecting other groups or S.L.A.A. as a whole.