



*"Every forward step we
take we leave some
phantom of ourselves
behind."*

-- John Spaulding

2019 NEI Events

March

10 NEI Monthly Mtg @ 5-7pm
Newton-Wellesley Hospital*

22-24 12-Step Retreat (Co-ed)
Chester, VT

April

6 **Spring Gathering** 8:30a-5:30p
Grace Episcopal Church
76 Eldredge St., Newton
See description at right

14 NEI Monthly Mtg @ 5-7pm
Newton-Wellesley Hospital*

May

5 NEI Monthly Mtg @ 5-7pm
Newton-Wellesley Hospital*

June

9 NEI Monthly Mtg @ 5-7pm
Newton-Wellesley Hospital*

*New room location

Bowles Conference Room #6
Main N-W Hospital Building

Or attend by phone:

Dial (605) 313-4446 and enter
Passcode: 774308#

www.slaanei.org
(617) 625-7961

Spring Gathering is April 6

Theme: Sobriety Delivers Everything Our Sex & Love Addiction Promised – *Honesty. Integrity. Wholeness. True Intimacy.*

by Betsy L.

I'm very grateful my sponsor encouraged me to attend NEI's annual **Spring Gathering** when I was just a few months into S.L.A.A. recovery. It was a chance to attend workshops on different aspects of the Program – like the Steps, sponsorship, and setting bottom lines. I also saw people doing service. They were selling raffle tickets, leading workshops, staffing the bake sale table, and welcoming newcomers.

There were also a whole lot of new faces that I hadn't seen at the one regular meeting I'd been going to. My sponsor made a point to introduce me to other women in attendance and encouraged us to exchange phone numbers. She stressed the importance of making a program call when the urge to act out came on. It's now four years later and I still have those numbers in my phone and quite a few have become close friends. Over the years, we've helped each other in times of need as well as sharing the joys of recovery.

I was very shy about attending that first Spring Gathering, but it was a way to start feeling more a part of. Since that first event, I've made an effort to attend NEI's two annual gatherings – the half day in the Fall, and full day in the Spring – and I add more numbers to my phone each time.

So I would encourage you to consider attending some, or all, of the day-long event. The cost is \$18 paid in advance; \$20 at the door. Pre-registration forms are available on the NEI website. The philosophy of NEI S.L.A.A. events is that everyone is welcome and no one is turned away due to the inability to pay. The policy is to pay more if you can (to help others), and less if you can't.

Volunteers to lead workshops or help behind the scenes are encouraged to get in touch with the Activities Committee who is organizing the event. **Email at activities@slaanei.org.**

STEP OF THE MONTH, STEP 2

Came to believe that a Power greater than
ourselves could restore us to sanity.

Two Nights of Sober Fun and Fellowship

Our thanks go out to NEI's Activity Committee for hosting two recent events open to all members of S.L.A.A. In January, there was **Meeting and a Movie**. The format of the meeting was in the spirit of the evening, famous quotes from movies were used as a springboard for sharing: "Go ahead, make my day." "You had me at hello." "Frankly, my dear, I don't give a damn!" And then, laughter ensued watching Jim Carrey's character take an affirmative turn in the 2008 comedy "Yes Man."

There was much merriment, too, at February's **We Are Not Alone Meeting & Game Night**. The meeting portion featured sharing based on inspirational quotes as well as time to get current. Attendees brought a variety of foods and games to share. *Exploding Kittens*, a favorite card game from the previous year, was introduced to a whole new set of players. Google it and you'll see it described as "a highly-strategic, kitty-powered version of Russian Roulette." Other player favorites included Texas Hold'em, Uno, and Hearts.

Have thoughts on other fun, sober activities you'd like to share with your fellows in S.L.A.A.? Please consider joining the Activities Committee. Planning meetings take place by phone. Newcomers are always welcome. For more information, please contact activities@slaanei.org.

NEI Service positions still available

At the January NEI meeting, elections were held to fill a number of open service positions. Jenny R resigned as Activities Chair to take on the role of Treasurer. Geri C, already a member of the Activities Committee, stepped up to be its new Chair. Thank you both!

Still open and in need of being filled are the positions of Corresponding Secretary and Literature Coordinator. Job descriptions for each position can be found on the NEI website in the section on the bylaws. The Corresponding Secretary position has a sobriety requirement of 1 year; the Literature Secretary had no sobriety requirement – just the desire to get involved in service. Interested? Please consider attending NEI meetings held the second Sunday of the month at Newton-Wellesley Hospital, dates and directions on the website. Or contact NEI directly at info@slaanei.org.

Meeting Updates

DISCONTINUED: Barnstable, Sunday night. 7pm, Unitarian Church.

Group Contacts are responsible for submitting updates, like the discontinued meeting in Barnstable on Sunday nights listed above, via the form posted at slaanei.org/meetings/register-or-update-meeting/ Keeping the online meeting list updated is a priority. It is the most visited page on the website. Those answering the 24-hour S.L.A.A. Hotline refer to this list to find meetings for those who may be seeking help for their sex and love addiction for the first time.

A reminder: NEI doesn't know when someone new has assumed the role of Group Contact for your meeting unless you notify us. All contact information is kept confidential. Not sure if your Group Contact information is accurate? Send NEI an email and we'll check it for you.

We'd love to hear from your group, email: mailinglist@slaanei.org.

TRADITION OF THE MONTH, TRADITION 2:

For our group purpose, there is but one ultimate authority – a loving God as this Power may be expressed through our group conscience. Our leaders are but trusted servants; they do not govern.