



### MANDATORY WAIVER

**ALL ATHLETES MUST HAVE A SIGNED WAIVER TURNED IN AT REGISTRATION IN ORDER TO COMPETE**  
**WAIVER:** I certify that I am a YES-Athletics member. I understand that competing in a cross country meet can be a potentially dangerous activity. I verify that my athlete is physically fit and has trained for this competition. I assume all risks associated with running this event including, but not limited to falls, contact with other participants, and all risks that normally occur in cross country meets. Having read this waiver, and knowing these facts and in consideration of your accepting my entry, I, for myself, and anyone entitled to act in my behalf waive and release YES-Athletics, CCCNYC, KTCCCA, Blue River Memorial Park, the city of Shelbyville, Indiana, and all sponsors, officials and volunteers from all claims of any kind arising out of my participation in the Cross Country Coaches National Youth Championships on November 23, 2019.

		Date
<b>Printed Name (Athlete)</b>	<b>Signature</b>	

		Date
<b>Printed Name (Parent, if athlete is under 18)</b>	<b>Signature (Parent, if athlete is under 18)</b>	

**MUST BE SIGNED BY PARENT OR GUARDIAN IF ATHLETE IS UNDER 18 YEARS OF AGE**

**Please note any medical conditions that CCCNYC should be aware of:**