



MANITOBA
NEUROFIBROMATOSIS
SUPPORT GROUP
"New Friends Make The Difference"
mbnf.ca

What is MBNF?

The Manitoba Neurofibromatosis Support Group was formed in 2005. It is a registered non-profit organization. MBNF provides an opportunity for families and individuals affected by NF to connect and develop friendships, while sharing resources on this largely unheard of, yet common disorder.

What We Do

- Provide support and information about NF to members.
- Develop and distribute information to schools, healthcare facilities and other community organizations.
- Publish an annual newsletter.
- Hold support group meetings and group get togethers.
- Maintain a website and Facebook page providing resources and contact opportunity.
- Host a variety of annual fundraising events that support NF programs and research.
- Provide opportunities for members to participate in NF Symposiums and send children/adults to attend NF Summer Camps.
- Continually find ways to promote our group and increase awareness of Neurofibromatosis.



*Taking the steps to better the lives
of our friends living with NF.*



What is Neurofibromatosis

Neurofibromatosis, often referred to as NF, is the term for three distinct genetic disorders; NF1, NF2 and Schwannomatosis. All three types create tumour growth in tissues that surround nerves. NF affects 1 in 3000 births.

Signs of Neurofibromatosis

Physical challenges, headaches, seizures, brain tumours, enlarged head, loss of hearing and/or vision.

- Optic Glioma (tumour of the visual nerve)
- Lisch Nodules (benign freckles in the iris)
- High blood pressure
- Scoliosis of the spine (abnormal curvature)
- "Freckling" in areas not exposed to sunlight
- Bone deformities
- Cosmetic disfigurement from skin neurofibromas (nodules) may occur anywhere
- Café-au-lait marks (more than 5 birthmarks)



While it is unlikely that any one person diagnosed with NF will experience all of these

Educational Challenges

- learning difficulties
- speech difficulties

Psychological Challenges

- Emotional adjustment
- Impact on family
- Uncertainty

To learn more about NF or MBNF contact:
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