

ELITE SURGERY CENTER
PRE-ADMISSION INSTRUCTIONS

- *DO NOT EAT OR DRINK for 8 hours before surgery (this includes chewing gum, mints or tobacco/snuff products). Your surgery will be postponed if you ignore this precaution.*
- *Take medications the day of surgery as directed by the pre op nurse or your surgeon with a **SIP** of water. If you are on insulin, please bring it with you. If you are taking inhaler(s), please bring them with you.*
- *LAB, EKG, X-RAY if done, where and when:_____*
- *Brush teeth on the morning of surgery, but **DO NOT SWALLOW ANY WATER.***
- *It is recommended showering with antibacterial soap the night before and morning of surgery. **DO NOT** shave surgery area.*
- ***DO NOT** consume alcohol 24 hours prior to your surgery. Refrain from smoking 12 hours before your surgery. These substances can cause you to have adverse reactions to anesthesia and medication.*
- *Wear loose comfortable clothing and low-heeled shoes. If you are having surgery involving you upper body you may want to wear a shirt that buttons up.*
- *Leave jewelry and valuables at home.*
- *Do not apply lotions or creams to body.*
- *Report any health changes to your surgeon immediately even if the changes seem minor, such as fever, cough, rash, or a cold.*
- *Notify your physician if there is a possibility that your are pregnant*
- *Bring insurance cards, driver's license and medication list.*
- *Glasses/Contacts - Bring case.*
- *Dentures or partials may be worn, but will be required to be removed prior to surgery. A denture cup will be provided.*

- *Must make arrangements for a responsible adult to drive you home and stay with you for the first 24 hours following surgery. The effects of anesthesia and sedation will make you drowsy for this period of time.*
- *Bring your paperwork. Did you receive your Patient's Rights, including our Advance Directive Statement? Do you have an Advance Directive? If yes, please bring a copy with you for our records.*
- *DO NOT TAKE ASPIRIN OR ASPIRIN PRODUCTS for one week before surgery unless otherwise instructed by your surgeon/physician.*
- *You will receive a phone call the day before your surgery after 1pm by a RN. Your medications and health history will be reviewed. You will be given your time of arrival and instructions. Please provide a phone number where you can be reached the day before surgery. If you have not heard from our center by 4 pm please call us at 724-550-4211.*