

OUR STORY

We approach wellness from a whole-being perspective, providing a space for our Members to enjoy a variety of exercise experiences. We also offer in-house and virtual programming including educational talks, wine tastings, meditations, and networking events. Enjoy our Serenity Lounge and Workspace for a place to decompress or catch up on work. Finally, pamper yourself with our full-service luxurious spa with rejuvenating experiences and therapeutic healing services.

At Opti-Life we provide a path for our Members' highest potential within a like-minded community. We have created a space where people come to take care of themselves, feel good, and thrive. Our space is the perfect location for people to discover more about themselves.



Vision

Our Vision is to awaken our community Members to their highest potential.

Mission

Our Mission is to provide a path to vibrant health and vitality through inspiration and empowerment.

Core Values

We are KIND

We are GRATEFUL

We CONTRIBUTE

Pillars

Food as Medicine

Elimination

Movement

Rejuvenation

Purpose

Community

Mindfulness



OPTI-LIFE

VITALITY CLUB + SPA

MEMBERSHIP

\$99 + \$70 Opti-Dollars* = \$169
+ \$99 Onboarding Fee

COUPLE MEMBERSHIP

\$169 + \$100 Opti-Dollars* = \$269
+ \$99 Onboarding Fee

OTHER MEMBERSHIP

Family Add-On - \$29 for ages 14-17

College Student Plan - \$39 for ages 18-22

Senior Rate - \$79 for ages 62+

*Opti-Dollars are our in-house credits that refresh every month and can be used for Spa Services, Personal Training, Nutrition Programs, Pilates, and Private Yoga.



ALL-INCLUSIVE AMENITIES

- Unlimited Access to Group Exercise Classes Featuring Les Mills
- Unlimited Access to Live-Stream and 250+ OnDemand Classes
- Kid's Club Included
- 4 Guest Passes per Month
- Serenity Lounge + Workspace
- Private Full-Service Luxurious Spa
- Unlimited Full Spectrum Infrared Sauna
- Unlimited Massage Chairs
- Unlimited HydroMassage Sessions
- Unlimited InBody 770 Scans
- Unlimited Styku 3D Scans
- Unlimited Nutrition Check-Ins
- Unlimited Supplement Check-Ins
- Unlimited Fitness Check-Ins with Workout Demos
- Unlimited Wellness Check-Ins
- Himalayan Salt Sauna
- Men + Women Lounges with Private Lockers
- Premium Towel Service
- State-of-the-Art Technogym Equipment
- Access to DoTERRA Essential Oils

CONCIERGE SERVICES

- "Green" Dry Cleaning*
- Onsite Car Detail*

**Concierge services are an additional cost*

