

2021

# METROPOLITAN SUMMER CAMPS

## Dates and Themes

**July 5th-9th**

### ***Flip N' Twist Camp***

Are you just starting gymnastics? Learn body awareness and air sense. This is the time to learn how to flip and twist with drills and skills.

**July 12th-16th**

### ***Big Bounce camp***

Get ready for jumping, bouncing, spinning, rolling, and flying all week long. Learn basic as well as advanced trampoline skills spatial awareness. Field trip: TBD

**July 19th-23rd**

### ***Ninja Warrior Camp***

This is open to both boys & girls and combines obstacle course training with gymnastics and parkour skills.

**July 26th-30th**

### ***Splish N' Splash Camp***

Cool off at Metropolitan! Guaranteed fun with water balloon games, water slides, and much more.

\*Must be able to swim\*

Field Trip: Kenndale Beach Park (TBD)

**Aug. 2nd-6th**

### ***Disney Camp***

Let's big a kid together while we dress up and find the Disney magic. You might even spot a couple of characters tumbling on the Trak.

**Aug. 9th-13th**

### ***Mad Skills Camp***

Learning gymnastics can be a little crazy! Let's have fun with it. If you're looking to further your gymnastics skills, look no further. This is the camp for you!

**Aug. 16th-20th**

### ***Olympic Trials Camp***

That's right-- We're going for the gold! Come enjoy games, gymnastics activities and all sorts of "Olympic" fun! Field Trip: TBD

#### **Lunch & Snacks:**

Campers need to bring their own nutritious lunch and a mid-morning or mid-afternoon snack.

#### **TRAVEL:**

Campers will travel by van driven by Metropolitan employees with excellent driving records.

#### **What to Bring:**

- Walking shoes for nature walks
- A water bottle with your name
- Swim wear, towel, and sunscreen

#### **What to Wear:**

Campers can wear a leotard with shorts and the camp t-shirt that's provided. Hair should be pulled back and no jewelry, buckles, or zippers.

#### **Camp Fees**

- Half Day(8:00am-12:00pm)-- \$280/week
- Half Day(1:00pm-5:00pm)-- \$280/week
- Full Day(8:00am-5:00pm--\$380/week

**\$75 NON-REFUNDABLE DEPOSIT**

***All campers must be 5 yrs or older and fully potty trained.***

*Pay in full by June 4th and receive 20% off  
10% Sibling Discount*