# Physician – Hospital Integration James T. Caillouette, MD

Chairman

Newport Orthopedic Institute





# Overriding Principle

Efficiency Wins!
Greatest Value Wins!





## Overriding Principle

- Healthcare delivery is changing-whether you like or not
- Doctors won't thrive alone
- Hospitals cannot exist without MDs





#### Old vs New

- Old model for MDs- based on volume of visits/procedures/ancillary procedures, etc
- Old model for hospitals-based on procedures and discharges

New Model-based on the coordination of care-MDs have the opportunity to lead this change





## In Healthcare:

Value =

Outcome Cost





# The greatest opportunity for both is a <u>frictionless</u> combination that harnesses the <u>deep knowledge</u> of both entities.





## Hospital's Strengths

- Resources \$\$
- Depth of Human Resources
- Depth of Facilities Management
- Market Presence/Name Recognition
- Contracting Clout





## Physician Strengths

- Physician Patient Relationship
- Apex Care Provider
- Deep Specialty Expertise
- Cost Sensitive It's my money!
- Hospital purchasing vs MD driven





## Physician Strengths

- OR Equipment and Implant price negotiations-
- -Suction devices->75% savings
- Sterilization equipment-Initial savings \$200K,
   3 years free service, 75% savings on disposables
- -Power equipment->\$500K savings
- Trauma implants->20% savings;>\$250K





# Physician Deep Knowledge

- Is a new technology worth the price?
- Outpatient vs Inpatient setting?
- Complication prevention
  - Ex: DVT/PE prophylaxis- Orthopods are not thoracic surgeons

Does cost reduction increase risk?





## Market Driven Changes

- Continued consolidation among payers
- In order to improve the balance of negotiating power hospitals and MDs should align
- McCarran-Ferguson Act antitrust exemption for health insurance companies repealed





## The Key to Integration:

## **TRUST**







## Create a true win/win

Both Sides must deliver on promises made in a timely fashion.

-Both sides benefit-





## Our Experience

Newport Orthopedic Institute

Founders & majority MD owners of an ASC for 12 years





## Strategic Decision at Founding

Offer the hospital 50% equity

Why?





## Strategic Decision at Founding

- Why "give up" 50%?
- Resources
- Politics
- Initial movement toward integration-create a sense of partnership between MDs and hospital





#### 2006:

- Practice locations were consolidated into a single location
- Increased size of ASC to 4 rooms (from 2)
- Increased MD equity stake to 8o/2o

#### 2007:

Discussions began regarding a Joint Venture Orthopedic Hospital

#### 2009:

- Hoag acquires long-term lease/purchase for 170 bed hospital
  - 70-bed Orthopedic Hospital within a hospital

#### September 2010:

- Hoag Orthopedic Institute Joint Venture 51/49%
  - 2 ASCs-9 operating rooms
  - MRI scanner70-bed Orthopedic Hospital within a hospital





## Governance

Approximately 40 initial MD owners
49% equity
50/50 Physician & Hospital Governance

### Why?

Integrated enterprise creates greater value for patients and providers



## Accountable Care Organizations

- More to come from Jack Bert
- Coordination of the continuum of care
- Sharing of revenue between those who provide care
- New World!!





#### Must Read:

- The Innovator's Prescription
  - Clayton M Christensen





