

Facelift FAQ

Q: How long will my stitches stay in?

A: 5-7 days

Q: When can I shower?

A: After your initial dressing is removed, usually the following day.

Q: How long will the swelling last?

A: For 6-8 weeks, some residual swelling will last for up to 6 months.

Q: How long will my bruising last?

A: This varies from person to person, but generally lasts for 1-2 weeks.

Q: How long should I take off of work?

A: 10-14 days, depending on how physically demanding your job is.

Q: How long should I go without exercise?

A: Approximately 4-6 weeks, depending on your comfort level.

Q: How long should I sleep with my head elevated?

A: 5-7 days generally, depending on your level of swelling.

Q: How soon will the sensation come back?

A: It will take 6-8 months for sensation to normalize.