

Bear Creek
**CUBS – CORE
VALUES**

MENTAL TOUGHNESS–
A measure of
individual resilience
and confidence

GRIT - perseverance
and passion for
long term goals



POSITIVITY– The
practice of staying
positive and
optimistic

DEDICATION– the
quality of being
dedicated to a task
or purpose

GRATITUDE– the
quality of being
thankful; readiness
to show appreciation