



January 2021

Dear BCPS Parents (and Prospective Parents),

The NYC Health Department has changed their quarantine requirements to be in alignment with the Centers for Disease Control and Prevention's updated recommendations announced in December 2020.

If a classroom must close due to children and staff in that classroom being in close contact with a Covid-19 case, the **quarantine period has been reduced from 14 to 10 days** if no symptoms have been reported during daily monitoring. If symptoms should appear during quarantine:

- Your child must remain home at least ten days since the symptoms started, there has been no fever for the last 24 hours without the use of fever-reducing medication and overall illness has improved.
- OR/ if the child has received a negative Covid-19 diagnostic test and has been fever-free for 24 hours without the use of fever-reducing medication and overall illness has improved.

The NYC Health Department recommends that if your child has been in close contact with a Covid-19 case, you should take him/her for a COVID-19 test. Testing is important even if your child does not feel sick because some people with the infection have no symptoms but can still spread the virus to others. If a negative test result for COVID-19 is received, your child must still stay home for the full 10 days.

It is important that your child stays home, even if they do not feel sick, to help prevent the spread of Covid-19. He/she should leave home only to visit a health care provider, to get a Covid-19 test or in an emergency.

Continue to monitor your child for symptoms the full 14 days after exposure (four days after the quarantine period of ten days has ended). And strictly follow Covid-19 prevention practices of wearing a face covering, practicing physical distancing and good hand hygiene.

For information about testing, call your child's provider or 311, or visit <https://www1.nyc.gov/site/coronavirus/get-tested/covid-19-testing.page>.

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