

Fayetteville Gastroenterology Associates
2041 Valleygate Dr.
Fayetteville, NC 28304
(910) 323-5203

Split Dose Colonoscopy Prep with PEG Solution **(Nulytely, Trilyte, Colyte, Golytely)**

*This is the most important part of your colonoscopy.
A clean colon provides optimal evaluation.
If your colon is not clean, polyps and cancers may be missed.*

The Day Before Your Procedure _____

**You will be on a clear liquid diet the entire day.
See the back of this page for specific instructions.**

- ! Early in the day, mix the prescription solution according to the package directions and refrigerate
- ! At _____ take 4 Dulcolax pills with 8oz. of water
- ! At _____ begin drinking the prescription solution. Drink an 8oz glass every 20-25 minutes until 2/3 of the container is gone
 - o Initially you may feel bloated, but you will feel better once you begin to have bowel movements
 - o Put the remaining solution back in the refrigerator

The Day of Your Procedure

- ! At _____ begin drinking the remainder of the solution, an 8 oz glass every 20-25 minutes, until the container is empty
- ! You may continue clear liquids until 2 hours prior to your appointment time. You should have nothing by mouth after _____. This includes water, gum, hard candy, cough drops, and medications.

If you have anything by mouth within 2 hours of your appointment, your procedure may be cancelled.

If you have any questions during normal business hours,

please call _____ at _____.

If you need assistance after normal business hours
(after 4:30pm Monday-Thursday, 1pm on Friday, or on the weekend)
Please call (910) 323-5203 and press option 8 for the answering service.